

2023 Volume 1 - Winter Tours and Cruises

U.S.A. • Victoria, BC • Mexico • Caribbean • Central & South America

• Europe (Tours and Sun Holidays) • Middle East • Asia • South Africa • Cruises



PEACE OF MIND

At Senior Discovery Tours, we take care of all the travel details, so all you have to do is sit back and enjoy every minute of your trip. As Canada's largest and most trusted group tour operator for over 45 years, our tours are designed to provide peace of mind and a carefree experience for the mature traveller. We offer over 100 different tour programs which deliver outstanding service, value and discovery, so get ready to fill your minds and cameras with beautiful images, striking landscapes and special moments.

EXCEEDING YOUR EXPECTATIONS

Our Tour Planners travel the globe seeking new destinations, vetting every element of the tour - from perfectly planned itineraries, to personally inspected hotels, and even the menu choices. We don't just try to meet your expectations, we aim to exceed them. We include more meals at local restaurants for authentic dining, not-to-be-missed iconic sights, cultural immersion and off-the-beaten-track experiences, and a number of surprises along the way!



TRAVEL MADE EASY

Our travellers love our tours because, unlike most other tour operators, we include everything: flights, carefully selected hotels, most meals, all tips, all taxes, insurance for cancellation and health while outside Canada, and even transportation between your home and the airport (from most Canadian cities). All prices are guaranteed in Canadian dollars, and there are never any surprise costs or hidden surcharges.

TOUR MANAGERS GO ABOVE AND BEYOND

Our Tour Managers are the best in the business. They go above and beyond to ensure your trip runs smoothly, and that everything is delivered at a superior level of service. Their experience enables them to expertly handle unexpected situations, and their enthusiasm for travel enlivens every tour.

HEALTH, SAFETY AND PEACE OF MIND

TRAVEL SAFETY IS OUR FIRST PRIORITY

The world of travel has changed, but what hasn't changed is our commitment to the health and safety of our guests. As a company that has been specializing in tours for those 55+ for over 45 years, we remain committed to being the best-in-class for your health and safety. Our team consults with health and security experts worldwide to ensure that your health, well being and enjoyment remain our top priority.

Enhanced Health & Safety Highlights:

- Those travelling outside Canada will be covered by our Manulife Out-of-Country Health Insurance Plan (unless you choose to decline it), which covers all Covid related expenses (except for testing if this becomes necessary again).
 - * Manulife terms and conditions apply.
- At the present time we require that all passengers wear a mask while on our motorcoaches.
- In order to create the safest group environment on our tours, and to ensure peace of mind for all of our guests, we require that all of our travellers be vaccinated for Covid 19 (at least 2 shots).
- If there are any health protocols necessary for your tour we will keep you informed well in advance of the trip.
- Should any specific requirements be imposed by airlines and/or authorities in the destinations visited, our guests must fully comply.

SPECIAL CANCELLATION TERMS THROUGH THE END OF MARCH, 2023

Please rest assured that you can book your Senior Discovery Tours holiday with complete peace of mind. We will continue to be the travel industry leader by offering a refund policy far more flexible and generous than other tour operators, and have introduced temporary cancellation policies that will be effective for all tours departing before the end of March, 2023.

Special Cancellation Highlights:

- Up to 60 days prior to the departure of your tour (90 days prior to the departure for cruises and train tours) you may decide, at your sole discretion, whether or not you want to proceed on the trip. If you inform us by that time that you choose not to go, we will send you a full refund of your deposit / payment (less the \$75 administration fee).
- If you proceed with the tour, you will be covered by our usual Cancellation Policy, which provides coverage in case of emergency illness (including Covid) or injury, right up to your date of departure.
- If you cancel your tour less than 60 days prior to your trip (or 90 days prior for cruises), for a reason not covered in our Cancellation Policy, we have negotiated with our travel partners to significantly reduce our cancellation penalties. More details can be found under our "Terms and Conditions" on the back page of our brochure.

#SAFETRAVELS





We're delighted to announce that we've been awarded the *Safe Travels Stamp* by the World Travel and Tourism Council, recognized globally for adopting safety and hygiene standards issued by government and health authorities around the world, designed specifically to address outbreaks such as COVID 19.





BENEFITS THE MOMENT YOU JOIN

Enjoying unforgettable travel experiences with Senior Discovery Tours is now even more exciting as we launch our Discovery Rewards program. From exclusive travel items to discounts on future Senior Discovery tours, Discovery Rewards offer exciting ways to get more out of every trip. The more you travel, the higher your Discovery Rewards status and level of benefits.

- Rewards begin upon enrollment
- Great travel-related gift items like clothing and baggage
- Discounts on future tours
- Easy tier thresholds mean quick status upgrades



SHARING THE JOY OF TRAVEL

Senior Discovery Tours enjoys some of the best reviews in the travel industry, and we want to reward your loyalty by introducing our Blue Sky Referral Program. If you're a member of our new Discovery Rewards Program, and the person you refer books a trip with us, you both are rewarded with tour discounts and Discovery Rewards bonuses. For over 45 years. Senior Discovery Tours has sent more satisfied senior travellers on more tours than any other Canadian tour operator, and we will continue to measure our success through your positive reviews.



THE CLUB THAT TAKES YOU FURTHER

Senior Discovery Tours has always welcomed the opportunity to offer clubs and associations an exclusive reward for their lovalty when their members travel with us. We offer a 4% commission that will be paid directly to the club/association AND there is no minimum number of bookings required to receive the commission.

If you have any questions or would like to book a virtual presentation for your club/association, please contact us at info@stc.ca or call 1-800-268-3492.

SHARE YOUR PHOTOS AND FEEDBACK

Thank you to all of our loyal customers who have posted such positive reviews on social media over the past year. We would love to continue to hear about your past travels and memories with Senior Discovery Tours - it's an integral part of helping us plan future tours so we can continue to provide you with superior travel experiences.

Please feel free to leave us Google and Facebook reviews. and share your travel photos with us on our website or social media using #SeniorDiscoveryTours. Be sure to LIKE, SHARE, and SUBSCRIBE to our YouTube channel! You can always check our website and social media for updates.

For Full Program Details and Easy Enrollment visit SeniorDiscoveryTours.ca

SENIOR DISCOVERY TOURS

TORONTO

225 Eglinton Avenue West Toronto, ON M4R 1A9 (416) 322-1500

OTTAWA

392 Richmond Road Ottawa, ON K2A 0E8 (613) 722-9400

LONDON

New Address

649 Colborne St. Suite 201 London, ON N6A 3Z2 (519) 433-2300

VANCOUVER

6450 Roberts St. Suite 110 Burnaby, BC V5G 4E1 (604) 647-0100

CALGARY

11012 Macleod Trail SE Suite 215 Calgary, AB T2J 6A5 (403) 225-2900

Toll-Free 1-800-268-3492

SeniorDiscoveryTours.ca

Special Notes

Please see Page 1 for our special cancellation terms for Winter 2023.

All travellers must be fully vaccinated (2 shots) for Covid 19.

ALWAYS INCLUDED IN OUR EXPERTLY PLANNED TOURS

- Round-trip transportation between your home and the airport (from many Canadian cities)
- All airfare, airport taxes and fuel surcharges. (Airline baggage fees are *not* included)
- Carefully selected accommodations, including hotel taxes, gratuities and luggage handling (where available)
- All gratuities for hotels, drivers, guides and cruise staff
- Most meals, highlighting local flavour
- Comprehensive insurance plan (health while outside Canada, cancellation, trip interruption, loss of luggage, etc.)
- Plenty of unparalleled sightseeing, and entrance fees
- Expert local guides
- Experienced, professional and engaging Tour Managers
- Prices include all taxes and are guaranteed in Canadian funds!
- Should any kind of Covid testing be required, either before or during your tour, the cost of the testing is *not* included.

You have the option to arrange your own flights - air rebate will be applied. If you choose this option, home pick-up and airport transfers not included.

TO BOOK

- Phone one of our offices, with credit card info, to reserve your space.
- A deposit of \$300 per person for regular tours, or \$700 per person for tours including a cruise, is due upon booking.
- \$75 of your deposit is a non-refundable administration fee.
- For those paying by cheque please send your deposit (see above) to one of our offices within 7 days of making your booking.
- Balance of payment is due 60 days prior to departure for regular tours. or 90 days prior for tours including a cruise, train or entry visa.

OUR TOURS AND CRUISES

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British Columbia's capital, Victoria, boasts Canada's mildest winter and thus has the country's fastest growing retirement community.

It lies in a beautiful natural setting on Vancouver Island, surrounded by hills and overlooking the snow-clad Olympic mountains. This charming city has managed to retain the atmosphere of a seaside resort, and is most appreciated by those who love to walk. Active seniors will find a vast array of delightful side trips at their disposal (in addition to the many included in our program. So this winter don't bother with your passport, exchange rates or bottled water and come with us to the jewel on the North Pacific — Victoria!

Our hotel is the *Royal Scot Hotel and Suites* - a 4-star, 3-Diamond hotel, located one block from the Inner Harbour and within easy walking distance to the Legislative buildings and downtown. The hotel has an indoor pool, whirlpool, sauna and exercise room. There is also a restaurant and lounge, gift shop, billiards/game room, guest laundry facilities, free Wi-Fi and a free shuttle service that runs from the hotel to the downtown core. The hotel also offers an extensive activity programme for long-stay guests. You're invited to enjoy movie nights,

18 DAYS • 3 DATES IN 2023

FEBRUARY 28 - MARCH 17 MARCH 21 - APRIL 7 APRIL 11 - 28

afternoon tea, evening bingo and even a wine and cheese social. All rooms have flat screen TVs, quality robes, safe, iron and ironing boards and complimentary newspaper.

Three types of rooms are offered:

- * The *Standard Room* (1 or 2 Queen Beds) has a microwave, small fridge, coffee maker, kettle, dishes and utensils.
- * The *Studio Suite,* ideal for couples or singles, has a comfortable seating area, fully equipped kitchen, dining table and chairs. The bedroom with a Queen Bed is set apart with a partition wall.
- * The *One Bedroom Suite* has a separate bedroom (2 Twins or 1 King Bed), living room and a full kitchen / dining room.
- * This tour is suitable only for the active traveller who enjoys walking.

Included Excursions in Victoria

- 1. A tour of the **highlights of Victoria** including a visit of Craigdarroch Castle.
- 2. A walking tour of Victoria's fabled downtown area with an entertaining local guide.
- 3. A tour to famous **Butchart Gardens**, a 50-acre showplace comprising various incredible gardens. Lunch is included (afternoon tea menu). We also visit the **Victoria Butterfly Gardens**, with tropical fish, birds and an orchid display.
- 4. Our full-day island tour begins at the Malahat Skywalk a 600m tree walk through a beautiful arbutus forest leading to a spectacular lookout with views of the surrounding waterways and mountains. We continue to **Chemainus**, where we'll explore the town's beautiful murals. We'll also visit **Duncan**, famous for its Totem Poles.
- 5. We enjoy an **Emily Carr themed walking tour** which will take us through the famed painter's Victoria neighbourhood.
- 6. Afternoon Tea at the Pendray Tea House. A magnificent Victorian manor house with old-world charm.
- 7. A guided tour of **The Bateman Gallery** an exhibit of original works by the world's greatest wildlife artist.
- 8. A full-day tour to the charming seaside community of Sidney, including a visit to the BC Aviation Museum. After our included lunch we will enjoy some time to explore the shops in Sidney.
- **9. Victoria Harbour Ferry** Choose between 2 narrated routes an Inner Harbour Cruise, (stopping at Fishermen's Wharf) or a cruise up the historic Gorge Waterway. You may join your choice of cruise any time during your stay.
- **10.** Chinatown by Night After a presentation on Chinatown's history, we'll enjoy a guided walk through Fan Tan Alley, and a traditional Chinese Dinner.
- 11. Miniature World features over 80 exciting miniature displays, including the World's Largest Doll Houses circa 1880, the Great Canadian Railway, one of the World's Largest Model Railways and Olde London Towne of 1670.

DEPART FEBRUARY 28 Or March 21	Standard Room - \$4597 Studio Suite - \$4797 One Bedroom Suite - \$4997
DEPART APRIL 11	Standard Room - \$4397 Studio Suite - \$4597 One Bedroom Suite - \$4797
SINGLE SUPPLEMENTS	Standard Room - \$1190 Studio Suite - \$1390 One Bedroom Suite - \$1590
• Montreal -	



Escape the winter with us on this sun-filled holiday to Indian Rocks Beach, on Florida's beautiful Gulf Coast.

This leisurely tour provides the perfect combination of touring the popular nearby attractions, fun get togethers with your fellow travellers and time to relax and enjoy the abundant sunshine and white sand that the Gulf Coast of Florida is so famous for. Our special *Holiday Season Tour* also includes special meals and festivities for Christmas and New Years.

Indian Rocks Beach is conveniently situated on the inter-coastal waterway between Clearwater Beach and St. Petersburg, with easy access to the many activities available in the area. There is a local trolley which stops a few steps from our hotel, and goes to great shopping areas, restaurants and downtown St. Petersburg (a one-day trolley pass is included during your stay).

We will stay at the charming moderate First Class Holiday *Inn Harbourside* during our stay at Indian Rocks Beach. This laid-back property features a distinct Key West influence and is located just a short stroll from the beach.

15 DAYS • 2 DATES IN WINTER 2023 JANUARY 30 - FEBRUARY 13 FEBRUARY 14 - FEBRUARY 28

Hotel amenities include 2 swimming pools, hot tubs. patios and sundecks, a fitness centre, two restaurants, a games room and a miniature golf course.

You may select from 3 types of suites:

"Key West Studio Rooms" have a courtyard view, king or two queen-size beds, mini-fridge, microwave, stove top burners and coffee maker.

"Sunset View Suites" have all the amenities of the Key West Studio Rooms plus a fully-equipped kitchen, full-size fridge, stove, dishwasher and a separate bedroom.

"Marina View Suites" have all the amenities of the Sunset View Suites, with a waterfront view.

Holiday Inclusions for Florida

- Flights with Air Canada Rouge
- Moderate First Class hotel
- Full breakfast daily, 2 dinners and 1 lunch
- A 1-day trolley pass
- Tour of St. Petersburg, including a visit to the Salvador Dali Museum
- **Tour of Tampa**, including the Latin Quarter, Ybor City and a visit of the Florida Aquarium which features over 10,000 aquatic animals and plants
- The picturesque old Greek village of Tarpon Springs and a scenic boat ride
- A visit to **Sunken Gardens**, a 4-acre paradise of plants, flowers and exotic birds
- A scenic luncheon cruise on the Intercoastal Waterways aboard the StarLite Majesty
- An excursion to charming Sarasota and a visit to the Ringling Circus Museum
- All Tour Inclusions listed on Page 3

COST (per person, double occupancy, from Toronto)

In a *Key West Studio Room* January tour - \$3997 February tour - \$4097 In a *Sunset View Suite* January tour - \$4097 February tour - \$4197 In a *Marina View Suite* January tour - \$4297 February tour - \$4397

Single Supplements

Key West Studio Room) - \$1290 Sunset View Suite - \$1490 Marina View Suite - \$1690 Triples - deduct \$150 per person (cots are not available)

Gateway Add-ons

Montreal - add \$90

Ottawa, Halifax or Winnipeg - add \$190

Calgary, Edmonton or Vancouver - add \$590 (includes an overnight in Toronto enroute to Florida)



The combination of endless sunshine, a warm and dry climate, and unrivalled natural beauty makes Arizona one of America's most popular vacation destinations.

This 2-Centre Holiday includes 7 nights in each of Tucson and Phoenix. Both cities are located in the stunning and unique Sonoran Desert, and are rich with history, culture, arts and entertainment. A wonderful diversity of food and culinary delights, galleries and shopping are available wherever you turn in these charming "Old West" towns.

Tucson (the "City of Sunshine") is a fascinating mix of Wild Western, Spanish, Mexican and Indian cultures. Nearby is the famous Wild West town of Tombstone - home to the legendary Wyatt Earp and the OK Corral.

Phoenix is located in the "Valley of The Sun" - so called because there are more than 300 days of sunshine every year. In addition to the desert, lush with Saguaro and Prickly Pear cactus, the nearby Superstition Mountains offer an incredible diversity of wildlife.

In both locations we will stay at the *Embassy Suites by* Hilton. (Tucson East and the Biltmore in Phoenix). The spacious suites are tastefully decorated and contain a separate bedroom with either two Queen beds or one King. The living/dining area in the suites have a wet bar with microwave, coffee-maker, fridge and sink.

15 DAYS • FEBRUARY 9 - 23

Both hotels have a restaurant, heated outdoor pool. complimentary Wi-Fi, beautifully landscaped courtyards, a fitness centre, made-to-order breakfasts and complimentary Evening Receptions. Our Phoenix hotel is within a mile of Camelback Mountain (a great place to walk and experience the local flora and fauna), golf courses, the Biltmore Fashion Park, and Old Town Scottsdale.

Tour Highlights:

- "Taste of Tucson" a culinary and cultural tour of the historic sights and local eateries of Downtown Tucson
- Sabino Canyon tram tour through the desert oasis
- Sonoran Desert Museum & Desert Botanical Garden
- Tombstone "The Town Too Tough to Die"
- Desert Botanical Garden
- Heard Museum internationally acclaimed museum of Native heritage
- Canyon Lake stunning shorelines and red rock cliffs
- Musical Instrument Museum

 the largest and most extraordinary musical museum in the world

Day 1: Tucson. We depart for Phoenix, and upon arrival transfer to our all-suite hotel in Tucson (about a 2-hour drive). This evening is our Welcome Dinner.

Day 2: Tucson. This full-day tour in and around Tucson begins with a tram ride in the Sabino Canvon - a desert oasis in the foothills of the mountains. Our guided tour will take us to the "Old Main", Presidio San Agustin del Tucson (an 18th century Spanish fort), the Railroad Station (where Wyatt Earp and "Doc" Holliday gunned down Frank Stilwell), Hotel Congress (where gangster John Dillinger was captured), Sentinel Peak (where Tucson was born) and more. Our day ends with a visit to the beautiful baroque Mission San Xavier del Bac - the "White Dove of the Desert" - built by Spanish Jesuits in the 18th century, today it is used by the Tohono Indians as a spiritual center.

Day 3: Taste of Tucson. Today we concentrate on the cultural, historic and culinary aspects of the downtown area. The "Taste of Tucson" - a guided culinary walking tour, offers pre-selected tastings at downtown eateries with up front personal conversations with chefs and restaurant owners! What better way to enjoy the history of this area with food tastings along the way!

Days 4 & 5: Tucson at Leisure. On your free days you may soak up the sun, swim, shop or explore Tucson on your own. Perhaps visit the Old Tucson Studios (where many westerns were filmed), the Pima Air and Space Museum (one of the world's largest aerospace museums), the Biosphere (a unique research facility on the future of our planet) or Kitt Peak National Observatory (site of the first telescope).

Day 6: Tombstone / Tucson. An excursion to Tombstone - a frontier silver mining boomtown. After a walking tour with a local guide, we'll watch a "shoot-out" with Wyatt Earp and the gang at the OK Corral, or visit the historic landmark of the area, the Bird Cage Theatre - a former theater, saloon, gambling parlor and a brothel! We finish at the Boot Hill Graveyard known for its witty epitaphs!

Day 7: Sonoran Desert Museum / Tucson. We visit the Sonora Desert Museum - both a world-renowned zoo and botanical garden. The museum re-creates the natural landscape of the Sonoran Desert with more than 300 animal species and 1200 kinds of plants along 2 miles of

paths. Dinner will be at Pinnacle Peak - a western-themed steakhouse with a vintage cowboy atmosphere!

Day 8: Casa Grande National Monument / Phoenix. En route to Phoenix we will stop to explore the mystique of the Ancestral Sonoran Desert People's farming community and the "Great House" (known as the Casa Grande Ruins), whose origin and purpose remains unknown. We continue to our all-suite hotel in Phoenix.

Day 9: Phoenix City Tour. Our City Tour will include both a coach tour of Phoenix and a Walking Tour of historic Old Town Scottsdale - a great place to revisit on a free day! Highlights include the Arizona State Capitol (with artifacts of the USS Arizona - flagship of the fleet that was sunk during the attack on Pearl Harbor), the beautiful campus of Arizona State University, Camelback Mountain and more. Dinner tonight will include live entertainment!

Day 10: Desert Botanical Garden / Heard Museum. We begin the day with a visit to the Desert Botanical Garden, which showcases the diversity of plants of the US southwest. Then we visit the internationally acclaimed Heard Museum, which features the vibrant arts and cultures of the local indigenous people. Lunch is included at the famous "Organ Grinder" with its might Wurlitzer!

Day 11: Canyon Lake / Phoenix. Morning at leisure. This afternoon we will enjoy spectacular scenery as we take a boat ride on Canyon Lake, known for its interesting rock formations that resemble people and animals, and listen to tales and legends of the area. Later, we'll stop in Goldfield - an old gold mining Ghost Town located along the historic Apache Trail!

Days 12 & 13. Phoenix at leisure. Your Tour Manager will be on hand to assist you today!

Day 14: Musical Instrument Museum / Phoenix. A visit to this unique state-of-the-art museum that allows one to hear and feel the sounds of more than 10.000 instruments from all over the world! This evening we enjoy a fun farewell at the legendary Rustler's Rooste, complete with a spectacular panoramic view of the valley lights, a BBQ feast, live country and western music and a guided session of line dancing!

Day 15: Home. We transfer to the airport and fly home.



- Flights with Air Canada Rouge
- Mainly First Class hotels
- Full breakfast daily
- 8 dinners and 1 lunch
- The spectacular Las Vegas Extravaganza
- All Tour Inclusions listed on Page 3

COST:

 per person, double occupancy, from Toronto or Winnipeg

February tour - \$6597

March tour - \$6797

- Single Supplement \$1790
- Montreal add \$90
- Ottawa add \$190
- Halifax add \$390
- Calgary, Edmonton or Vancouver - deduct \$200

• Tucson • Phoenix

Grand Canyon Las Vegas

Spectacular scenery, arid desert lands, a clear sunny climate with very low humidity, fascinating Spanish and Indian cultures, the romantic allure of the Old West and an easy-going lifestyle are just a few of the reasons why Arizona has become such a popular resort area.

We begin with 4 days in Tucson - the "City of Sunshine" with a fascinating mix of Wild Western, Spanish, Mexican and Indian cultures. Tucson is known for the flourishing beauty of the surrounding Sonoran Desert.

Next is Phoenix in the "Valley of The Sun", which boasts more than 300 days of sunshine every year. The city is rich in arts, culture and a wide array of culinary delights. The surrounding desert and the nearby Superstition Mountains offer an incredible diversity of wildlife.

After Phoenix we explore Northern Arizona (see Highlights). and finish in the desert playground of Las Vegas - a lively way to end our tour!

15 DAYS • 2 DATES IN WINTER 2023

FEBRUARY 16 - MARCH 2 MARCH 9 - 23

Tour Highlights:

- Tombstone "The Town Too Tough too Die" home to the legendary Wyatt Earp, Doc Holiday and the OK Corral
- Sonora Desert Museum world-renowned zoo, natural history museum and botanical garden, all in one
- Musical Instrument Museum a world of music focusing on cultures all over the world.
- Canyon Lake wonderful scenery along the red rock cliffs with various wildlife sightings
- Sedona stunning "Red Rock" monoliths
- Grand Canyon one of the World's Natural Wonders
- Antelope Canyon most-photographed canyon in the Southwest. One of the world's most beautiful canyons.
- Las Vegas Extravaganza

Day 1: Tucson. We depart for Phoenix. Upon arrival we transfer to our hotel in Tucson (about a 2 hour drive). This evening is our Welcome Dinner.

Day 2: Tucson. We have a full day of sightseeing in and around Tucson. We see the city sights first and then on to Sabino Canyon, a desert oasis in the foothills of the Santa Catalina Mountains. The highlight here will be a tram tour through the stunning canyon.

Day 3: Tombstone / Tucson. Today we visit Tombstone - "The Town Too Tough to Die". As one of the most famous of all the old Arizona Mining towns, many treasure hunters came here to strike it rich. The town had a reputation for lawlessness. culminating with the infamous Gunfight at the O.K. Corral. An entertaining guide in period costume will bring the town to life with fascinating stories of the Old West, and the likes of "Big Nose Kate", the Wyatt Brothers, The Bird Cage Theatre and more. We'll have a chance to walk among the tombstones and read the unusual and clever epitaphs.

Day 4: Sonora Desert / Tucson. We travel through beautiful Saguaro National Park to the Sonora Desert Museum - a world-renowned zoo and botanical garden. The museum recreates the natural landscape of the Sonoran Desert with more than 300 animal species and 1,200 kinds of plants along almost 2 miles of paths traversing 21 acres of beautiful desert. A light lunch is included onsite.

Day 5: Phoenix. We transfer to Phoenix, but before we checkin at our hotel we will visit the Musical Instrument Museum. With state-of-the-art technology this unique museum allows one to hear and feel the sounds of more than 10,000 instruments from all over the world.

Day 6: Phoenix. This area is known as the Valley of the Sun. as it receives more than 4,000 hours of sunshine annually. Our city tour includes the beautiful campus of Arizona State University, the Capital Building and Camelback Mountain. We also enjoy a walking tour of Old Town Scottsdale - a great place to revisit on a free day. This evening we enjoy a dinner and show at the Arizona Opry Theatre.

Day 7: Canyon Lake / Phoenix. Morning at leisure. This afternoon we will enjoy some spectacular scenery as we take a boat ride on Canyon Lake, known for its interesting rock formations that resemble people and animals. Listen to the tales and legends of the area told by the captain.

Days 8 & 9: Phoenix. Two days of leisure in which to soak up some sun, swim, shop or just explore more of the Valley of the Sun. Your Tour Manager will offer suggestions. A wonderful western BBQ, with live country and western music is included one of these evenings.

Day 10: Sedona / Flagstaff. A very scenic day as we first visit Oak Creek Canyon, enjoying views of the marvellous strands of red rocks, and beautiful streams and valleys. Then we stop in Sedona - a quaint artist colony town known for its magnificent red rock formations. We will enjoy a trolley ride to the most fantastic sights, and learn about the Western movies filmed here as well as Native American history. Later we proceed to Flagstaff.

Day 11: Grand Canyon / Flagstaff. Today we visit the Grand Canyon - one of the Natural Wonders of the World. The canyon is 15 miles wide, a mile deep and formed over millions of years. The most wondrous aspect of the canyon is that the walls change hue with every change of light fthroughout the day. There are many scenic lookouts, so bring those cameras. We return to Flagstaff and overnight.

Day 12: Antelope Canyon / Page. On this marvellous day of sightseeing we pass two Indian reservations and the vibrant Painted Desert. We enter the spectacular Antelope Canyon and enjoy a Navajo guided jeep tour through the Canyon's petrified sand dunes - a natural marvel created by wind, water and sand! We overnight in Page.

Day 13: Las Vegas. We travel to Las Vegas and our First Class hotel right on The Strip. The rest of the day is free.

Day 14: Las Vegas. Our city tour begins at *The Strip* with its theme hotels. Look out for erupting volcanoes, dancing fountains, pyramids, the Eiffel Tower and the Statue of Liberty! A visit to the historic downtown ("Glitter Gulch") includes a stop at the legendary Golden Nugget Hotel (one of the few hotels remaining from the Rat Pack era), displaying "The Hand of Faith" - at 61 pounds the largest gold nugget in the world! We'll also visit the Mob Museum and the amazing Freemont Street Lght Show, which stretches 5 blocks with the world's largest video screen! After our Farewell Dinner, we'll attend the spectacular Las Vegas Extravaganza on Bally's iconic stage, featuring dancers, skaters, comedians and ventriloquists from across the globe.

Day 15: Home. We fly home from Las Vegas.



- Flights with Air Canada Rouge
- Mainly First Class hotels
- Breakfast daily (12 full breakfasts and 3 continental breakfasts)
- 8 dinners
- All Tour Inclusions listed on Page 3

COST:

- per person, double occupancy, from Toronto, Montreal, Calgary or Edmonton 1-Bedroom Suite in Palm Springs - \$5997 2-Bedroom Suite in Palm Springs - \$6197
- Single Supplement \$1990
- Ottawa, Halifax or Winnipeg add \$90
- Vancouver deduct \$100

- Phoenix Las Vegas Palm Springs
 - Southern California
 San Diego

On this holiday we enjoy the dry, warm climate of the U.S. Southwest and the area's spectacular scenery and attractions. We will stay in:

Las Vegas (2 nights) - "Entertainment Capital of the World". Our hotel is Bally's Resort & Casino, located right in the heart of the action on "The Strip". The hotel has a Spa area, an outdoor swimming pool surrounded by lush palm trees, a range of restaurant and bars and a stylistic "Old Vegas" feel. We will be accommodated in upgraded deluxe rooms.

Phoenix, Arizona (4 nights) - The "Valley of the Sun" is one of America's most popular vacation areas with spectacular desert scenery, canyons and mountains. Our hotel, *The Embassy* Suites Biltmore has spacious suites and offers a daily Evening Reception. It is within a mile of Camelback Mountain - a great place to walk and experience the local flora and fauna: golf courses: the Biltmore Fashion Park, and Old Town Scottsdale with its great boutiques and art galleries.

Palm Springs (4 nights) - Surrounded by lush canyons and splendid mountains, this resort area lures the rich and famous, the nature lover and sunshine seeker. The town's ideal location ensures warm sunny weather year round. Our hotel, the moderate *Homewood Suites by Hilton Cathedral City*

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is located 5 miles from the renowned downtown Palm Springs district (regular shuttles provided) where one can find great boutiques, restaurants, galleries and casinos. The hotel has an outdoor heated swimming pool. Choose between a 1-Bedroom Suite (one king size bed and a pull-out couch) or a 2-Bedroom Suite (a king size bed in each room).

Dana Point (3 nights) - Located seaside along the California Riviera (between Los Angeles and San Diego), Dana Point is set between dramatic cliffs and the Pacific Ocean - ideal for strolling in the parks along the shoreline to enjoy the ocean. The large marina is docked with yachts and small pleasure boats (some offering whale watching, sunset cruises) as well as 2-tropical-style shopping villages. The charming and informal *Marina Inn* offers a relaxed atmosphere close to the ocean, shops and restaurants. The spacious rooms offer either a balcony or patio with Harborview rooms.

San Diego (2 nights) - We finish at the Best Western Plus Hacienda Old Town Hotel., which features a classic Spanish and Southwestern setting with colourful courtyards, patios and lush landscaping. It is located in the heart of Old Town San Diego rich with restaurants, shops and old adobe structures, and close to the Old Town Trolley, enabling further exploration!

Day 1: Departure to Las Vegas. We depart for Las Vegas (a direct flight from Toronto). Upon arrival we transfer to our hotel right on The Strip. Tonight is our Welcome Dinner.

Day 2: Las Vegas Tour. Our tour begins with a visit to the scenic Red Rock Canyon, with its dramatic sandstone rock formations. Then we return to the city and Glitter Gulch - the old downtown section, and also "The Strip" with all its theme hotels featuring volcanoes, a spectacular water fountain show, and reproductions of the Colosseum, the Eiffel Tower. the Statue of Liberty and the Pyramids. Afternoon at leisure.

Day 3: Phoenix, Arizona. We drive across the Mojave Desert to Phoenix, located in the Valley of the Sun - so called due to its 4,000 hours of sunshine annually. A Western style BBQ dinner awaits us this evening, including live country and western music and a chance to do some fancy line dancing.

Day 4: Phoenix / Scottsdale Tour. On our full-day tour of Phoenix and Scottsdale we see the beautiful campus of Arizona State University, the man-made lake at Tempe, the Country Club Estates, Camelback Mountain and more. We finish in Old Town Scottsdale for a stroll through the pedestrian streets with their many art galleries, boutiques, cafes, restaurants and bars. This evening we enjoy an entertaining dinner-show.

Day 5: Heard Museum / Canyon Lake. We first visit the internationally acclaimed Heard Museum, to discover the rich Native heritage of the Southwest. You will enjoy the extensive collection of native artifacts. In the afternoon spectacular scenery awaits as we enjoy a cruise on an old fashioned boat on Canyon Lake. We see interesting rock formations that resemble people and animals while being entertained by the tales told by the ship's Captain. Dinner will be at the famous Organ Stop with its' mighty Wurlitzer!

Day 6: Phoenix / Scottsdale at Leisure. A full day of leisure to enjoy Phoenix & Scottsdale. Perhaps visit the Musical Instrument Museum (one of the largest such museum in the world with a collection of over 15,000 musical instruments from 200 countries), or Taliesen West (A Historic Landmark of Architect Frank Lloyd Wright). There is so much to see and do, and your Tour Manager will be on hand with suggestions.

Day 7: Palm Springs. A drive through the desert brings us to the Palm Springs area for a 4-night stay.

Day 8: Palm Springs Tour. Morning at leisure, followed by an afternoon guided tour of Palm Springs, including the homes of some of the movie stars, past and present. We will also see

some of the beautiful desert scenery, including a gentle walk in Indian Canyon. Dinner will be at a local restaurant.

Day 9: Joshua Tree National Park / Palm Springs. Today we visit Joshua Tree National Park, a veritable treasury of wildlife and plants. The wildflowers, palm groves, colourful canyons, surreal geological features and breathtaking vistas make this one of the world's richest living museums. Tonight, enjoy "Villagefest" - the lively Street Fair of Palm Springs!

Day 10: Palm Springs at Leisure. A day of leisure to just relax by the pool or enjoy the many things to do in Palm Springs. Your Tour Manager will offer suggestions.

Day 11: Los Angeles / Dana Point. We head to Los Angeles for a guided city tour. We'll see many famous landmarks of the "City of Angels" including architectural icons of the downtown area, Beverly Hills, Farmer's Market and Rodeo Drive. We'll also walk the star-lined streets of Hollywood. After our tour we proceed to Dana Point for a 3-night stay.

Day 12: Coastal Tour. We tour the California Riviera - Dana Point, Laguna and Newport Beach, where we'll enjoy a leisurely cruise in the harbour. Later we visit the beautiful Sherman Gardens, and Mission San Juan - one of the most important of the 18th century Franciscan missions.

Day 13: Dana Point Harbour Tour. We learn about the beauty and history of Dana Point Harbour (the dolphin & whale watching capital of the world) exploring historical ruins and spotting local marine animals along the way. After, enjoy the festivities of the "Festival of the Whales - an annual seaside event that began 50 years ago in honor of the gray whales and other marine life species.

Day 14: San Diego Tour. We proceed to San Diego for our final 2 nights. On our guided city tour of both the Old and New Towns we see Point Loma, Cabrillo National Monument (spectacular views of San Diego), Balboa Park (1,200-acre urban cultural park & home to the world-famous San Diego Zoo), Mission Bay and finish with a walk through Old Town!

Day 15: San Diego / Harbour Cruise. This morning we'll hop on the trolley in Old Town, ride to the waterfront and embark on a narrated cruise - an opportunity to see this beautiful city from different vantage points such as Point Loma, the North Island Naval Station, the Submarine Base and the Coronado Bridge. Later you may want to take the trolley to different areas of the city - Gas Lamp Quarter, Seaport Village, Mission San Diego, or even to the border of Tijuana! Tonight is our Farewell Dinner.

Day 16: Home. We fly home from San Diego.



Southern California - so much to do and see, an excellent climate year-round and the spectacular scenery of coastline and desert.

Warm ocean breezes, oceanfront promenades, countless attractions, world class wines and a laid-back lifestyle are just some of the features that make California the most visited destination in North America. This relaxing and delightful tour takes in the best of Southern California, while still allowing time to do your own thing!

Upon arrival we will have an overnight and tour in Los Angeles, and then proceed to the quaint seaside town of Dana Point for a 13-night stay. Located between Los Angeles and San Diego on the California Riviera, the town is set in a natural cove between dramatic cliffs and the clear waters of the Pacific. It is a perfect place to stroll in the parks along the shoreline and enjoy the beauty of the ocean. Dana Point hosts a large marina with yachts and other small pleasure boats, and nearby are 2 tropicalstyle shopping villages and many restaurants.

We will stay at the *Marina Inn* - a charming informal hotel with a relaxed atmosphere, perfectly situated near the marina and shopping villages. All of our harbour view rooms are spacious with a balcony. On-site is a heated swimming pool and a fitness room.

Our stay in Dana Point will coincide with the Festival of Whales, celebrating the annual migration of thousands of

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these giant mammals. Various whale watching cruises are available at the marina for those who want to watch the whales frolicking in the warm coastal waters.

Tour Highlights:

- Tour of Los Angeles and Hollywood, with a visit to see the art, architecture and gardens of the Getty Center
- The Ocean Institute
- Coastal Tour Laguna, Newport Beach and the horticultural oasis of Sherman Gardens
- Nixon Presidential Library
- Wine Tasting Cruise with breathtaking coastal views
- Carlsbad Flower Fields and Village
- Mission San Juan Capistrano
- Palm Springs Indian Canyon, a Date Ranch and a matinee theatre show.
- San Diego, including the world famous zoo

Included Excursions and Events in Southern California

- 1. A full day guided tour of Los Angeles. We will visit the Farmer's Market, and see Rodeo Drive, celebrity homes in Beverly Hills, Hollywood and much more. Included will be a visit to the J. Paul Getty Museum - a spectacular synergy of art (including works by Van Gogh and Renoir), architecture, landscaping and wonderful views.
- 2. Our **Tour of Dana Point** includes a visit to the **Ocean Institute**, to observe ocean animals in their natural habitat.
- 3. A full-day tour of the California Riviera including Laguna Beach and Newport Beach. In Newport we'll enjoy a leisurely **cruise** in the harbour. We also visit **Sherman's Gardens** - a museum devoted to the local flora.
- **4.** A lovely **Wine Tasting Cruise** awaits us with breathtaking views of Dana Point.
- 5. A full day in **Palm Springs** the desert town surrounded by splendid mountains, canyons and countless palm trees. The town has drawn Hollywood stars for decades, so it is known as a playground for the rich and famous. We'll enjoy a casual hike through the famous Indian Canyon - a lush oasis surrounded by desert scenery), a visit to a Date Garden, a matinee theatre performance, and early dinner before heading back to the coast.
- 6. We visit the Mission San Juan Capistrano, one of the most important of the 18th century Franciscan missions.
- 7. A visit to the Nixon Presidential Library and Museum. The birthplace of President Nixon houses a museum, library, galleries and rotating exhibitions. See the replica of the Lincoln Sitting Room, the phone that was used to call Neil Armstrong on the Moon, the limousine used by Presidents Johnson, Nixon and Ford and so much more.
- 8. We spend the day in Carlsbad, beginning with a walking tour of the historical sites in this charming town, followed by a visit to the Museum of Making Music, and finally a wagon tour of **The Flower Fields at Carlsbad Ranch** - 50 acres of colourful Giant Tecolote Ranunculus flowers that cascade down the hillside overlooking the ocean.
- 9. A full day guided tour of the Old and New in San Diego. We will see Point Loma, Cabrillo National Monument and Mission Bay, and we will visit the world-famous **San Diego Zoo**.

HOLIDAY INCLUSIONS

- Flights with Air Canada
- Accommodation as described
- California Continental Breakfast daily while in Dana Point. Full American breakfast in Los Angeles
- 10 dinners

U.S.A.

- All excursions and events as described above
- All Tour Inclusions listed on Page 3

COST per person, double occupancy, from Toronto. *Depart February 23* - \$5797. *Depart March 2* - \$5897.

Single Supplement - \$1790

Calgary or Edmonton - deduct \$100. Vancouver - deduct \$200. Ottawa, Montreal or Halifax - add \$190. Winnipeg - add \$90 (includes a Toronto overnight en route to Los Angeles)



- Flights with Air Canada Rouge (direct flights) between Toronto / Vancouver and Palm Springs)
- Hotel accommodation as described
- Full hot breakfast daily
- 8 dinners and 4 lunches
- All Tour Inclusions listed on Page 3

COST:

 per person, double occupancy, from Toronto or Montreal

1-Bedroom Suite - \$5397

2-Bedroom Suite - \$5797

- Single Supplement (1-Bedroom Suite) \$1490
- Ottawa or Halifax add \$190
- Vancouver, Edmonton or Calgary deduct \$100
- Winnipeg add \$290 (including a Vancouver overnight on the way home)

From the early days, Palm Springs has lured the rich, the famous, the nature lover and those of us who crave winter sunshine.

The Cahuilla Indians named this area Agua Caliente (Hot Water) due to the healing waters of its warm mineral springs. Years later, Hollywood stars created a retreat here. The desert's stunning natural beauty, a unique location that remains warm, dry and balmy all year round (the area boasts 350 days of sunshine annually), and the pure clean air, are major reasons for the area's popularity. In and around Palm Springs there are splendid mountains, lush canyons and thousands of palm trees. Despite all the changes over the years, the town of Palm Springs continues to preserve its intimate village feeling.

Our moderate hotel, the Homewood Suites by Hilton Cathedral City is in Greater Palm Springs, (on the border of Palm Springs and Cathedral City), nestled up against the San Jacinto Mountain Range with magical sunsets as a colourful backdrop. The hotel is located just 5 miles from the renowned downtown Palm Springs district, with its many options for shopping and dining, and our coach will be with us at the hotel throughout our stay in order to

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provide shuttles into town during all of our days at leisure. The hotel offers fine amenities and services. nearby golf courses and diverse recreational facilities.

Our suites will include a kitchen with a breakfast bar and living room, and separate bedroom(s). Choose between a 1-Bedroom Suite (king-sized bed in the bedroom, and a pullout couch in the living room) or a 2-Bedroom Suite (king-size bed in each room). Other hotel features include:

- Weekly Evening Socials offering beer, wine and snacks
- Backyard BBQ Pavilion and an outdoor fire pit
- Outdoor heated swimming pool
- An onsite 24-hour convenience store as well as a 24-hour Fitness Room
- Complimentary Wi-Fi
- Self-service laundry room

Day 1: Departure. We depart for Palm Springs. Upon arrival we'll transfer to our hotel. This evening we enjoy a Welcome Reception and Welcome Dinner.

Day 2: "Rich and Famous Tour". Since the 1930's Palm Springs has been the playground of the rich and famous. Today we enjoy a guided "Rich and Famous" tour, and visit famous neighbourhoods of star-studded homes such as the Las Palmas area, comprised of custom built homes with a vast collection of fascinating architecture. You'll hear stories and secrets of the stars that frequented here like Bing Crosby, Hedy Lamarr, Elvis Presley, the Rat Pack, Marilyn Monroe, Liz Taylor, Zsa Zsa Gabor and more!

Day 3: Indian Canyon / Date Farm / Evening Street Fair. We begin the day with a casual nature hike into the famous Indian Canyon, one of the many beautiful natural highlights of this area. Along the way our guide will give us information about the plants, animals, native lore and history of the area. Later, since the Coachella Valley is known as the Date Capital, we will visit a Date Garden.

of Palm Springs, featuring craft vendors and food stands. Day 4: At Leisure / Street Fair. A free day to enjoy Palm Springs and area. There is a wide array of attractions and activities to enjoy. Your Tour Manager will be happy to

This evening, we enjoy the weekly "Village Fest" Street Fair

offer suggestions. Our coach will be on hand to provide shuttles to and from Palm Springs' renowned downtown district with its restaurants, boutiques, galleries and casinos.

Day 5: Mount San Jacinto. A morning departure for Mount San Jacinto, where we will take the tramway to the summit and enjoy the glorious views of Palm Springs and its desert setting. Lunch to follow.

Day 6: Coastal Tour / Harbour Cruise / Mission San Juan Capistrano. Our full day guided tour of California's picturesque coast begins with a casual harbour cruise at Newport Beach. Then we stop in the artistic resort town of Laguna, and finish with a visit to the historic landmark of San Juan Capistrano Mission - legendary for the cliff swallows that migrate 6,000 miles from Argentina to San Juan Capistrano in large groups each year.

Day 7: At Leisure. A day at leisure. This evening along with our dinner we will enjoy some live jazz music.

Day 8: Living Desert Museum. A visit to the Living Desert Museum, including a Tram Tour of this unique wildlife and botanical park. Lunch is included.

Day 9: At Leisure.

Day 10: Sunnyland Center and Gardens / Street Fair . A visit to the Sunnylands Center and Gardens. Many political leaders and celebrities of the 20th century enjoyed (and continue to enjoy) relaxing as guests at Sunnylands. The list includes the British Royal family and Hollywood icons like Bob Hope, Frank Sinatra, Jimmy Stewart, Ginger Rogers and many others. Seven U.S. presidents have used the estate to host world leaders, sometimes using this escape for reflection and to advance important international agreements. The gardens and setting are spectacular, with the imposing San Jacinto Mountains as a backdrop. Our visit includes a guided tour (exterior) of this architecturally significant mid-century modern home and its gardens. Enjoy the Street Fair again this evening.

Day 11: Joshua Tree National Park. Today we visit the stunning Joshua Tree National Park, a veritable treasury of wildlife and plants. The wildflowers, palm groves, colourful canyons, surreal geological features and breathtaking vistas make this one of the world's richest living museums. Lunch is included.

Day 12: At Leisure / Theatre Production. This evening we enjoy an entertaining show at one of the local theatres.

Day 13: Los Angeles, Hollywood and Santa Monica. We head to Los Angeles for a day of touring in the "City of Angels". We begin in Santa Monica with a visit to the iconic Getty Center - a spectacular synergy of art, architecture, landscaping and wonderful views, followed by a stroll along the famous Santa Monica Pier. Then we tour LA's downtown area featuring Olvera Street (birthplace of the city), the Walt Disney Concert Hall and more before heading over to Beverly Hills and Hollywood. As we stroll along Hollywood Boulevard we'll see the TCL Chinese Theatre displays of celebrities' hand and footprints; the Hollywood Walk of Fame and an epic view of the legendary Hollywood sign!

Day 14: At Leisure / Farewell Dinner. Our final day in the Palm Springs area, followed by our Farewell Dinner.

Day 15: Home. We transfer to the airport and fly home.



- Flights with Air Canada Rouge
- First Class and moderate hotels
- Full breakfast daily, 10 dinners and 3 lunches
- Theatre performance in Palm Springs
- All Tour Inclusions listed on Page 3

COST:

- per person, double occupancy, from Toronto
 1-Bedroom Suite in Palm Springs \$5997
 2-Bedroom Suite in Palm Springs \$6197
- Single Supplement \$1790
- Montreal, Ottawa or Halifax add \$290
 Add-ons below include an overnight in Toronto or Vancouver en route to San Diego
- Calgary or Edmonton add \$290
- Winnipeg add \$590

California is one of North America's most popular holiday destinations for obvious reasons ... pleasant weather, beautiful scenery and so many things to do.

San Diego. The sparkling oceanside city has a wonderful climate year-round and is great for sightseeing with its lovely parks, numerous bays and beaches, museums and art galleries, superb restaurants, excellent shopping and close proximity to Mexico. Our hotel (7 nights) will be the *Hacienda Hotel Old Town* - in a classic Spanish and Southwestern setting surrounded by colourful courtyards, patios and lush landscaping. The hotel is located in the heart of Old Town - an historic part of the city with many restored buildings, old adobe structures, restaurants, cafes and shops — a wonderful place in which to stroll.

Highlights in San Diego:

- San Diego Zoo a world renowned icon for 100 years, considered one of the finest in the world
- Harbour Cruise perfect way to see the sights, from historic landmarks to marine wildlife
- Temecula historic town surrounded by vineyards

Palm Springs. The desert resort town is surrounded by splendid mountains, canyons and countless palm trees. The desert's natural beauty, warm dry climate and clean

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air make this the perfect winter getaway. Our hotel (6 nights) is the moderate *Homewood Suites by Hilton Cathedral City,* located 5 miles from downtown Palm Springs (regular shuttles provided) where one can find boutiques, restaurants and casinos. Choose between a *1-Bedroom Suite* (one king size bed and a pull-out couch) or a *2-Bedroom Suite* (a king size bed in each room).

Highlights in Palm Springs:

- Natural wonders of Indian Canyon and Joshua Tree National Park
- Living Desert Museum a desert botanical garden and zoo located in Palm Desert
- Theatre professional produced Broadway musical

Our last overnight will be in Los Angeles, including a tour of the city and Hollywood.

* All hotels have heated swimming pools, whirlpool and fitness rooms, or Health Club privileges nearby.

Day 1: Departure - San Diego. We depart for San Diego. Upon arrival we'll transfer to our hotel right in Old Town.

Day 2: San Diego Tour. A full day tour of San Diego and the surrounding area, which will take in Point Loma. Cabrillo National Monument, Mission Bay, Balboa Park and the Old Town. Dinner is at a local restaurant.

Day 3: San Diego Zoo. This morning we visit the world famous San Diego Zoo, with its renowned 100-acre botanical gardens which is home to more than 777 species of 3,200 animals. A guided bus tour covers most of the zoo grounds and aerial trams allow you to view the animals from a higher altitude. The zoo is classified as a must-see, and one of the world's finest.

Day 4: At Leisure. There is much to see and do, especially since your hotel is located in Old Town. You may want to return to Balboa Park's art galleries, museums and restaurants, or to Seaport Village - a charming area with a boardwalk, horse-drawn carriages and an 1890 carousel.

Day 5: Harbour Cruise. This morning we hop on the trolley in Old Town and ride to the waterfront, where we board a narrated cruise/tour of San Diego Harbour and Shelter Island. On the cruise we will see Point Loma, North Island Naval Station, the Submarine Base, as well as the Coronado Bridge and much more.

Day 6: Mission San Diego. As the Mexican border is just a tram ride away, today our guide will touch on the rich history, traditions, and culture of Mexico, and how it has influenced San Diego and Southern California. Then we'll take the trolley to the Mission San Diego de Alcala (known as the "Plymouth Rock of the West Coast") - the first mission founded by the Franciscans in "Upper California". The road connecting the missions was known as the El Camino Real, or "The Royal Highway"!

Day 7: At Leisure. Another day at leisure in San Diego.

Day 8: Temecula / Palm Springs. We leave San Diego, and make our first stop and visit in the quaint historic town of Temecula. The town is in an area known as "Southern California's Citrus and Wine Country", as there have been hundreds of award-winning wines produced by the 35 wineries in the area. After some free time in town we'll visit a winery for a Tour and Tasting, as well as a picnic lunch. After our visit we proceed to Palm Springs.

Day 9: Tour Palm Springs. On our morning guided tour we experience the world of the 'rich and famous'. Relive Hollywood's golden era as you pass by the former homes of such stars as Marilyn Monroe, Elvis Presley, Clark Gable, Bob Hope, Liberace and Frank Sinatra, to name a few. We'll also enjoy a casual nature hike into the famous Indian Canyon - a lush oasis located within desert scenery. Since the Coachella Valley here is known as the Date Capital, later we will visit a Date Garden!

Day 10: Joshua Tree National Park / "Villagefest".

Today we visit the stunning Joshua Tree National Park - a veritable treasury of wildlife and plants. The wildflowers, palm groves, colourful canyons, surreal geological features and breathtaking vistas make this one of the world's richest living museums. Lunch is included. This evening is Palm Springs "Villagefest - a weekly colourful street fair with craft stalls and food stands

Day 11: At Leisure / Theatre Show. A morning at leisure. Our coach will be on hand to provide shuttles to and from Palm Springs' renowned downtown district. Or, relax at the hotel, take a swim in the heated pools or use the fitness room. In the afternoon we'll enjoy an entertaining performance at one of the local theatres.

Day 12: Living Desert Museum. We visit the Living Desert Museum, where we will enjoy a guided tram tour through this unique wildlife and botanical park. Lunch is included.

Day 13: Aerial Tramway. The Palm Springs Aerial Tramway - the world's largest rotating tram car, travels over 2 miles along the cliffs of Chino Canyon into the pristine wilderness of Mt. San Jacinto State Park. The tram rotates slowly, offering spectacular vistas of the valley below as it elevates to almost 9000 ft.! Stunning viewpoints, trails and hikes can be found at the top.

Day 14: Los Angeles. We proceed to Los Angeles, where we'll first have some free time at the Farmer's Market. Then on our city tour we'll pass by famous sights such as Rodeo Drive, Sunset Strip, Beverly Hills, Hollywood and more. A walking tour will take us into the heart of Hollywood to see the famous celebrity hand and foot prints on the Walk of Fame, and also Awards Walk - home to the Academy Awards. Tonight is our Farewell Dinner!

Day 15: Home. We transfer to the LA airport and fly home.



A string of lush islands scattered in a cobalt blue ocean, Hawaii is a tropical paradise where you can experience Polynesian culture, swim in waterfalls, enjoy a wide diversity of scenic wonders and soak up the sun on golden-sand beaches.

Perhaps Hawaii's most special feature is the "Aloha Spirit" you will find in the Hawaiians. Each of the islands have their own distinct personality and unique attractions.

We begin with a 5-night stay in Waikiki (Honolulu) on the island of Oahu. Waikiki is brimming with cultural activities, entertainment, shopping and culinary delights. Our hotel is the *Courtyard by Marriott*, located in the heart of Waikiki a short walk from famous Waikiki Beach. The hotel has a restaurant, spa, pool area and gardens, and all our rooms have a balcony and kitchenette facilities.

Our next stop is the Island of Hawaii (also known as the "Big Island") - home to a wide array of scenic wonders, including Volcanoes National Park, the snow-capped peaks of Hawaii's highest mountains, green rainforests and the jet-black sands of Punaluu Beach. It is also home to sacred Hawaiian historical sites, such as Hawaii's first missionary church. Our hotel, the *Royal Kona Resort*, has a dramatic oceanfront setting overlooking picturesque Kailua Bay. It is conveniently located within walking distance of the town of Kona with its great assortment of restaurants, shops, historic sites and activities. The hotel

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has a restaurant, bar, oceanfront swimming pool, lush gardens and lovely, spacious guestrooms.

Our final stop is the island of Maui (the "Valley Isle"). Designated as the World's Best Island to Visit by most major travel publications, Maui offers a wealth of activities (on land and sea) and scenic wonders which include black, red and white sand beaches, the soaring summit of the Haleakala Volcano and the emerald peaks that tower above the lush lao Valley. Our hotel, the *Royal* Lahaina Resort, is located right on Kaanapali Beach with its 3 miles of fine white sand, a championship golf course, a daily sunset cliff-diving ceremony and the Whaler's Village shopping complex. Kaanapali is also a short drive from Lahaina - a historic whaling village which is now a lively resort town with world-class art galleries. Our hotel has a restaurant, 2 bars, a beach activity centre, 2 oceanfront swimming pools, tennis courts, fitness centre and classes, scheduled activities, nightly live Hawaiian entertainment, lush gardens, shuttle service to Lahaina and lovely, spacious guestrooms with balconies.

Holiday Inclusions for Hawaii 3-Island Tour

- 13 nights accommodation as described, plus late check-out on the last day
 - Full breakfast daily
 - Flower Lei greeting upon arrival
 - Full day tours of each of the 3 islands
 - Honolulu city tour including the Pearl Harbour site and memorial
 - Spectacular Polynesian Dinner show
 - Visit of Volcano Park on Kona
 - Visit Maui's spectacular lao Valley and the Tropical Plantation
- Special Farewell Luau with traditional Hawaiian buffet dinner, cocktails & entertainment
 - All inter-island airfare and taxes (airline baggage fees not included)
 - All Tour Inclusions listed on Page 3

COST per person, based on double occupancy, from Toronto, Ottawa, Montreal or Winnipeg

Depart February 9 - \$7997

Depart February 23 - \$8197

Single Supplement \$3190

Halifax - add \$190

Vancouver, Calgary or Edmonton - deduct \$100



This little island in the Atlantic has one of the most beautiful settings in the world.

In Bermuda you will find legendary pink sand beaches brushed by gentle surf, palm trees swaying in the breeze, 170 varieties of sub-tropical flowers splashing colour and fragrance everywhere you go, pastel-coloured houses, stately mansions covered in lush greenery, ancient forts, narrow country lanes and Bermuda shorts. Add to that a warm, sub-tropical climate and romantic / historic oldworld charm, and it's no wonder Bermuda has been voted "Best Island to Visit in the World" by Condé Nast Travel Magazine 18 times since 1994.

The British heritage adds a colourful touch to your holiday; they drive on the left; serve tea promptly at 4:00; the policemen are known as bobbies; and cricket is the national sport. In the UNESCO World Heritage town of St. George the lanes are wide enough just for horses and carriages, and in the town you will also find superb museums and art galleries.

Our hotel in Bermuda is the First Class *Grotto Bay Beach Hotel*, located on a charming cove with 21 acres of naturally landscaped gardens with spectacular views of Bermuda's azure blue waters. The guestrooms are

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MARCH 6 - 20 MARCH 18 - APRIL 1

beautifully appointed with two double beds or a king-size, mini-fridge, coffee maker and an ocean view with private balcony or patio. Hotel facilities include a restaurant, bar, convenience shop, 3 private beaches, jacuzzi, tennis courts, exercise room, swimming pool, in-house movies, guest laundry and occasional evening entertainment. Tee-off times can be arranged at a nearby golf course.

The hotel is a 10-minute bus ride from historic St. George and 20 minutes from the capital, Hamilton (the bus stops at the resort entrance). There are many nearby attractions that you can visit by local transportation.

This relaxing holiday is best suited for those who enjoy exploring at their own pace and, the simple pleasures of the beach and tropical surroundings.

* Please note that Bermuda is quite hilly, so there are steps and stairs in and around the hotel.

CARIBBEAN

Holiday Inclusions for Bermuda

- Flights with Air Canada Rouge (all gateways fly each way via Toronto)
- First Class hotel
- Full breakfast and dinner daily
- Afternoon tea daily
- Manager's cocktail party weekly
- Panoramic tour of the island
- Bermuda Transport Pass allows access to all buses and ferries on the island
- All Tour Inclusions listed on Page 3

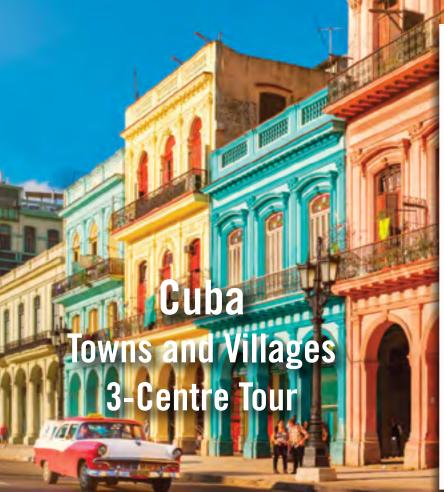
COST per person, double occupancy, from Toronto - \$5497

Single Supplement - \$1790

Montreal, Ottawa or Halifax - add \$90

* Add-ons below include an overnight in Toronto en route to Bermuda Calgary, Edmonton or Vancouver - add \$390

Winnipeg - add \$490



- Flights with Air Transat
- First Class hotels
- Breakfast, lunch and dinner daily
- Local beverages throughout the tour (water, soft drinks and beer with all lunches, wine with all dinners). All beverages and local spirits while in Varadero
- All Tour Inclusions listed on Page 3

COST:

- per person double occupancy from Toronto or Montreal - \$4797
- Single Supplement \$1190
- Ottawa add \$150 (with round-trip transportation to the Montreal Airport)
 - **Add-on fares below include an overnight in Toronto onthe way home
- Winnipeg or Halifax add \$790
- Calgary, Vancouver or Edmonton add \$990

• Havana • Varadero • Cienfuegos

Cuba is one of the Caribbean's most beautiful and safe destinations. This tour offers a unique opportunity to experience Cuba's vibrant culture, enchanting countryside, colourful history, pristine beaches and friendly people.

We begin with a 3-night stay in the beach resort town of Varadero, known for its beautiful white sandy beaches and turquoise blue waters.

Next is a 3-night stay in Cienfuegos on Cuba's southern coast. Known as the "Pearl of the South", this area has Cuba's most beautiful bay, and a well-preserved historic centre with neo-classical architecture. From here we enjoy excursions to Trinidad - the crown jewel of Cuba's colonial cities, and Cuba's oldest botanical garden.

Then we proceed to the lively capital of Havana for a 5-night stay, stopping en route in Zapata for a show of Cuban music and dance. In Havana we will sightsee in both the old and modern sections, the Ernest Hemingway Museum as well as an excursion to Pinar del Rio - an area of picturesque valleys and dramatic landscapes.

We end with 3 nights in Varadero, including 3 excursions.

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Tour Highlights:

- · Beaches of Veradero
- Cardenas, known as the "Flag City"
- Cienfuegos Pearl of the South
- Boat ride through mangroves to visit an Indian village
- Trinidad, Cuba's most well-preserved old city
- Playa Giron Museum
- Old and New Havana
- Performance of Cuban music and dance
- Pinar Del Rio
- * This tour is recommended for the fit and active traveller who enjoys walking.

Day 1: Departure / Varadero. We depart for the lively beach resort town of Varadero and upon arrival we transfer to our hotel.

Day 2: Varadero. A day to relax, stroll or swim at the beach or enjoy the activity program and facilities of our All-Inclusive resort.

Day 3: Cardenas / Varadero. We first visit Cardenas City known as the "Flag City" (we will see where the Cuban national flag was raised for the first time). We also visit a traditional sugar mill factory, where we will stroll through the sugar cane plantation and sample the island's famous Guarapo juice. Then we board a century-old steam train for a memorable journey across Cuba's scenic countryside - past sugar cane fields, banana and orange groves and lush green hills. Finally, we visit the Oscar Maria de Rojas Museum - Cuba's second-oldest museum with important collections of art and history.

Day 4: Cienfuegos. We proceed to Cienfuegos for a 3-night stay. Enroute we stop in Guama where we visit a crocodile farm. Raised wooden platforms provide vantage points to admire these awesome beasts. We will take a boat ride through the mangroves to visit an Indian village and see first-hand how the aboriginals of Cuba have lived for centuries. A delicious seaside lunch is included.

Day 5: Cienfuegos. This well-preserved colonial city has European flavour, with wide Parisian-style boulevards and elegant colonnades. Our city tour includes a visit to the colonial style Terry Theatre and De Valle Palace, with its peculiar architecture. We also enjoy a boat excursion on Cienfuegos Bay.

Day 6: Cienfuegos / Trinidad. Today we visit Cuba's oldest botanical garden, which consists of more than 2,000 plants, including 280 breeds of palm trees, 65 species of figs and 23 varieties of bamboo. Then we travel across the Topes de Collantes mountain range to Trinidad. Founded in 1514, Trinidad is a relic of the early days of Spanish colonization and is Cuba's most well-preserved old city. During our walking tour we will visit Cantero Palace, the famous Canchanchara Bar - housed in an 18th century mansion and the Plaza Mayor in the town centre before returning to Cienfuegos.

Day 7: Havana. Our first stop today will be a visit of the Playa Giron Museum, located on the landing site of the Armed Cuban Exiles during the Bay of Pigs invasion of 1961. Then we continue on to the town of Jagüey Grande, where we visit the Commander Museum of the Revolutionary Armed Forces. This museum of Cuba's historical and cultural heritage displays photographs, documents, furniture, armaments and other artifacts related to this building when it served as Command Post during the Bay of Pigs invasion. After our visit we proceed to Cuba's capital, Havana, for a 5-night stay.

Day 8: Old Havana. Our tour of historic Old Havana will include a visit to the General Captain's Palace and the Rum Museum where we will enjoy a sampling.

Day 9: Pinar Del Rio / Havana. We tour the Vinales Valley in Pinar del Rio, where the world's finest tobacco is grown and ox-drawn plows transport us back in time. Then we'll enjoy a boat ride through a local cave where guides will point out fascinating rock formations.

Day 10: New Havana. We enjoy a city tour of New Havana, including a visit to Revolutionary Square where you will see the the Memorial of José Marti. We will also visit the Decorative Arts Museum.

Day 11: Havana. Today we visit the Ernest Hemingway Museum, one of the most popular museums in Havana. Located in a villa that was owned and lived in by the writer, this was the birthplace of many of Hemingway's best works, including For Whom the Bell Tolls and The Old Man and the Sea. Later we will enjoy a dance and music performance by the local community.

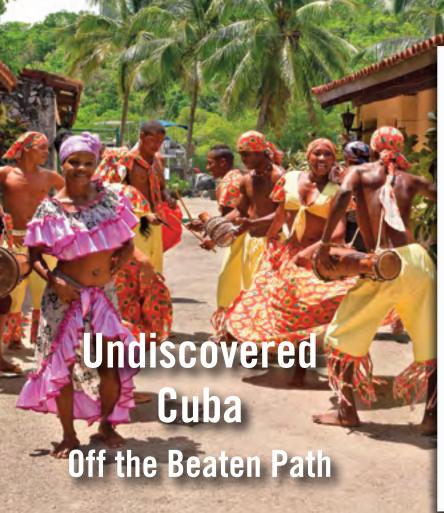
Day 12: Varadero. We proceed to Varadero and our All-Inclusive hotel for a 3-night stay.

Day 13: Varihicacos Ecological Reserve / Varadero.

Today we visit the Varahicacos Ecological Reserve, with its natural caves, ancient burial grounds and unique flora and fauna. Later we will see a lively dolphin show, always an exciting and heartwarming experience.

Day 14: Varadero. A day at leisure to relax on the beach and to enjoy the many facilities of our All-Inclusive resort.

Day 15: Home. We fly home from Varadero.



- Flights with Air Transat
- First Class hotels
- Breakfast, lunch and dinner daily
- Water, soft drinks and beer with all lunches and dinners. Wine with all dinners. All beverages and local spirits while in Cayo Santa Maria.
- All Tour Inclusions listed on Page 3

COST:

- per person double occupancy, from Toronto or Montreal - \$4797
- Single Supplement \$1190
- Ottawa add \$150 (with round-trip) transportation to the Montreal Airport)
 - **Add-on fares below include an overnight in Toronto enroute to Cuba
- Winnipeg or Halifax add \$790
- Calgary, Vancouver or Edmonton add \$990

On this tour we will explore the unique areas of Cuba that are rarely explored by the tourist.

We begin and end at the beautiful beach resort of Cavo Santa Maria, staying at the All-Inclusive Melia Cayo Santa *Maria*. The hotel features 7 different types of restaurants and 3 freshwater pools. All beverages are included here.

After our relaxing stay in Cayo Santa Maria, we head to Sancti Spiritus - one of Cuba's oldest Spanish settlements. Founded in 1514, the city has an intriguing history and a charming old centre - truly a hidden gem!

Our next base is the coastal city of Trinidad - a UNESCO World Heritage Site and one of the best-preserved colonial cities in the Caribbean. Trinidad offers the perfect blend of city, beach and nature.

Then we proceed to Camaguey - another UNESCO World Heritage Site. While Camaguey has 15 impressive churches, the city is more known for its independent spirit, and its love of art and culture. It has been home to famous poets, artists, and musicians, and several highly

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regarded art and dance schools are located here. From Camaguey we'll visit the important city of Bayamo. Considered the birthplace of Cuba's independence, the national anthem of Cuba was first sung here.

Tour Highlights:

- All-Inclusive beach resort in Cayo Santa Maria
- Sancti Spiritus 'Holy Spirit' town
- The UNESCO World Heritage Site of Trinidad
- The UNESCO World Heritage Site of Valle de Los Ingenios
- The UNESCO World Heritage Site of Camaguey
- "El Coche", horse carriage ride in Bayamo city
- Visit to local Farm with Traditional Cuban Lunch

*** This tour is recommended for the fit and active traveller who enjoys walking.

Day 1: Departure / Cayo Santa Maria. We fly to Santa Clara and upon arrival transfer to Cayo Santa Maria and our All-Inclusive beach resort. The rest of the day is free until this evening's Welcome Dinner.

Day 2: Cayo Santa Maria. At leisure to enjoy the resort and its facilities.

Day 3. Cayo Santa Maria. Today we visit the local Dolphinarium, which has the largest enclosed pools in Cuba. Here we will enjoy a tour and an entertaining show.

Day 4: Sancti Spiritus. We transfer to Sancti Spiritus province. En route we'll visit Remedios City - a beautiful but quiet little colonial town with exquisite buildings. walks, parks and monuments. After exploring the town, we'll board a colonial steam train which will take us to a local farm, where a guide will show us the process of sugar production - a process largely unchanged since colonial times. We will also enjoy a traditional Cuban lunch before continuing to Sancti Spiritus.

Day 5: Sancti Spiritus. Simply translated as 'Holy Spirit', the city of Sancti Spiritus is one of Cuba's oldest Spanish settlements. On our tour we will see Cuba's oldest bridge and oldest church, the 16th century church known as Iglesias Parroquial Major, and the Principal Theatre - said to be the oldest theatre in Cuba.

Day 6: Trinidad. We transfer to the UNESCO World Heritage Site of Trinidad, and our city tour will begin with a visit to the History Museum. Then we'll visit the famous Canchanchara Bar, housed in an 18th century mansion, and also the Plaza Mayor in the town centre. Next, we head outside of town to visit the UNESCO World Heritage Site of Valle de Los Ingenios - renowned in Cuba for its 18th and 19th century sugar cane plantations. Here we will see the Manaca Iznaga Tower - erected in 1750 to control the slaves working in the sugar cane fields.

Day 7: Camaguey. We transfer to Camaguey - Cuba's 3rd largest city and a UNESCO World Heritage Site. The rest of the day is free to explore this beautiful city on our own.

Day 8: Camaguey. We begin with a walking tour of Camaguey's historic centre - a labyrinthine and seemingly chaotic set of streets without any apparent order. This chaotic planning was actually intentional, designed to disorient the pirates who frequently attacked the city. The city is known for its beautiful and historic city squares.

Day 9: Camaguey. This morning we head to Bayamo City, considered the birthplace of Cuban independence. A distinctive feature of the city is "el coche" - horse carriages that are still used by the locals for transportation. We will explore the city on these carriages, and see the birthplace of Carlos Manuel de Cespedes - a Cuban revolutionary hero. We'll also visit the place where the Cuban national anthem was sung for the first time, after the city was seized by the Liberating Army and became the capital of the Republic at Arms in 1869.

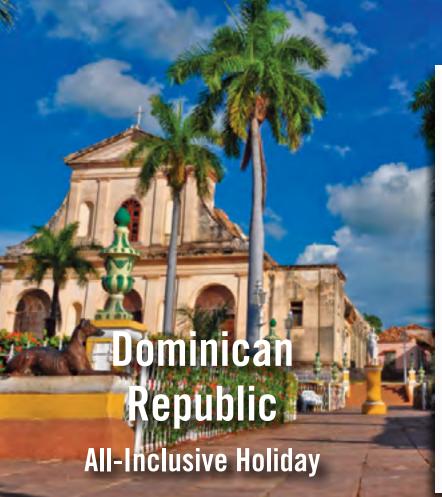
Day 10: Camaguey. We continue touring Camaguey and see the 2 main squares - Carmen and San Juan de Dios. Included is a visit to the main church Nuestra Senora de la Merced.

Day 11: Camaguey. Today we visit a typical Cuban farm where the farmers will demonstrate how sugar cane is cut and used, and we will have a chance to enjoy the sugar cane juice (Guarapo). A traditional Cuban lunch will be served.

Day 12: Cayo Santa Maria. We return to our All-Inclusive beach resort in Cayo Santa Maria. En route we'll enjoy a rehearsal of the Folkloric ballet and participate in a dance class. We will also stop at Casanovas's Family Pottery Studio, which dates back to the 18th century, where we'll enjoy a hands-on lesson with professional potters and a chance to make some pottery for ourselves.

Days 13 & 14: Cayo Santa Maria. After all the wonderful touring days, we enjoy some welcome days at leisure at our All-Inclusive resort in Melia Cayo Santa Maria.

Day 15. Home. We transfer to the airport for our flight home.



- Westjet flights (all gateways via Toronto)
- First Class hotel as described
- Full breakfast, lunch and dinner daily
- All alcoholic and non-alcoholic beverages to enjoy any time
- All Tour Inclusions listed on Page 3

COST:

- per person double occupancy, from Toronto
 Depart February 15 \$4997
 Depart March 1 \$5197
- Single Supplement \$990
- Ottawa, Montreal or Halifax add \$90
- Winnipeg, Calgary, Edmonton or Vancouver
 add \$290 (including an overnight in Toronto en route to the Dominican Republic)

The Dominican Republic is one of the Caribbean's most geographically diverse countries, with sandy beaches, tropical forests, stunning mountain scenery, tranquil mangroves and amazing waterfalls.

If you delve deeper you will discover romantic colonial architecture, beautifully restored monasteries, charming cobblestone streets, timeless rural villages and lively fishing ports. There is also a friendly, informal hospitality that invites relaxation and it is the warmth of the people here that keeps visitors returning year after year.

We will stay on the popular north coast (Costa Dorado) of the island by the beautiful golden beach of Playa Dorada - one of the most stunning beaches in the Dominican Republic. Just ten minutes east of downtown Puerto Plata, this reef-protected beach boasts stunning, wide golden stretches that are Blue Flag certified for their water quality and user-friendly conditions. During our stay we will enjoy an excursion to the charming seaside town of Cabarete - the kite and windsurfing capital of the Dominican Republic, a coastal tour to the secluded Gri Gri Lagoon and a tour to Haitises National Park with a scenic boat

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ride and stroll through a mangrove forest. We will also visit Ocean World Park for an exciting Dolphin Encounter where you can meet these amazing mammals up close.

Our hotel is the First Class *Sunscape Puerto Plata Resort*. This All-Inclusive hotel is perfectly situated on the beach with manicured grounds of palm trees and tropical gardens. Make yourself at home and enjoy the tranquility! Amenities of the hotel include endless dining options: four à la carte restaurants, a buffet, a grill, two snack bars and a café. The 24-hour dining options allow guests to enjoy late night bites. The variety of bars and lounges on the resort serve unlimited international and domestic brand beverages to enjoy any time. Our bright and spacious Deluxe Pool View guest rooms include airconditioning, coffee / tea maker, in-room safe, minibar, and terrace or balcony.

Tentative Itinerary for Dominican Republic

Day 1: Departure / San Juan. We depart for the Dominican Republic, and upon arrival transfer to our hotel on the Costa Dorado.

Day 2: Costa Dorado. This morning we will have an information briefing after breakfast. The remainder of the day is at your leisure to enjoy the resort.

Day 3: Puerto Plata City Tour. Called the Amber Coast because of its rich deposits of the fossilized resin, Puerto Plata is a coastal resort city at the foot of the Isabel de Torres Mountains. Our tour will include the Brugal Rum factory, the Fortaleza San Felipe, the Amber Museum, Plaza Independencia, the Town Hall and Victoria House. We will complete our tour with a scenic cable car ride and lunch before returning to the Costa Dorado.

Day 4: Costa Dorado. At leisure. There is so much to do at our 5-star All-Inclusive resort. You may want to participate in one of the many offerings of the resort's activity program.

Day 5: Ocean World Park (Dolphin Encounter). Today we visit Ocean World Park, near the town of Puerto Plata. The park is a complete entertainment complex, elegant marina and unique adventure park, and so it is a "mustsee" attraction for both locals and tourists. It is the most advanced marine interaction park of its kind and boasts the largest man-made dolphin habitat in the world. Included in our tour will be an exciting Dolphin Encounter where you will have the opportunity to interact up close and personal with these fantastic mammals. A light lunch will be included along with some free time to explore the other attractions of the park on your own time before returning to the hotel.

Day 6: Costa Dorado. At leisure.

Day 7: San Juan / Gri-Gri Lagoon. This afternoon we will depart by coach for the town of Rio San Juan for a walk in the village, followed by a visit of the tranquil Gri-Gri Lagoon, where mangroves surround us as we enjoy wonderful views of the old city. Dinner will be at a local restaurant overlooking the lagoon.

Days 8 & 9: Costa Dorado. At leisure.

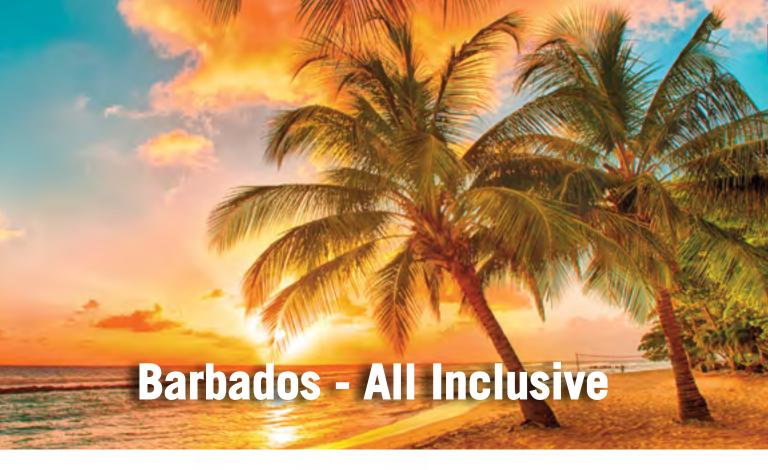
Day 10: Cabrera Village. Today we visit a countryside school and a typical country house to see how the local farmers live off the land. We will enjoy sampling their organic products - fresh Caribbean fruit, roasted coffee and cocoa, then take a walk in the village of Cabrera and have lunch at a popular beach restaurant.

Days 11 & 12: Costa Dorado. At leisure.

Day 13: Cabarete. Today's tour takes us north along the coast to the charming seaside town of Cabarete, founded in 1835 by Zephaniah Kingsley, along with over 50 slaves he freed from his Florida plantations and brought here while the island was under Haitian administration. Several descendants of the Kinsley's and of the former slaves still live in the area today. Cabarete Bay is now famous for kite and wind surfing - a pleasure to watch as you enjoy strolling along the white sand beach by the sparkling waves. We will have lunch at a local restaurant before returning to the hotel for an afternoon at leisure.

Day 14: Costa Dorado. At leisure.

Day 15: Home. We say farewell to this friendly island and flv home.



What first comes to mind when one thinks of Barbados is the beautiful sun-drenched palm-adorned beaches and translucent azure waters. However the island offers much more, in both local culture and scenic beauty.

Rich in history and culture, this small island has its own distinctive identity, passionately expressed through its local customs, traditions, art, lively music and exceptional cuisine. As the "Culinary Capital of the Caribbean," Barbados brings together the influences of African, Caribbean, West Indian and European delights to create a unique culinary experience. Of course fish is a mainstay, including Flying Fish - a national symbol of Barbados.

Sightseeing on the island is a pleasure with many unique natural phenomena, historic UNESCO World Heritage sites and rich cultural attractions, but it is the friendliness of the people that will leave a lasting impression.

Our hotel during our stay is *The Barbados Beach Club* - a great-value, moderate All-Inclusive resort located on the south coast in laidback Maxwell Gap. The hotel is ideally situated on the beachfront, steps away from the inviting white sands and turquoise sea. You may prefer to lounge by the beachfront poolside with a rum punch in hand. This

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is also the spot for an early morning dip or or to join a water aerobics class. Enjoy the water toys such as kayaks, paddle boats and snorkeling equipment - available onsite and included in your All-Inclusive stay. Within walking distance or a short taxi ride away is bustling St. Lawrence Gap with its many restaurants including karaoke venues, sports bars and classic old rum shops.

3 meals daily, afternoon tea and unlimited beverages (soft drinks, juice, beer, wine, local spirits, cocktails and smoothies) are all included during your stay. At the hotel you can choose from two on-site restaurants offering an array of local and international cuisine throughout the day. There is local entertainment during the evenings.

Hotel guestrooms are simply furnished and include individual air conditioning, safe, mini-fridge, complimentary WiFi and private balcony.

Barbados - Included Excursions

- 1. Island Tour: This tour, which takes us all around the island, begins with a visit to Oistins once a major seaport and now home to one of the world's best open-air parties. Then we visit the historic capital, Bridgetown, a designated UNESCO World Heritage Site, where we see the 19th century Parliament Buildings and a synagogue (with attached museum) built in 1654 (one of the oldest Synagogues in the Western Hemisphere). On the West Coast we'll stop in Holetown - the landing site of the first British settlers in 1627. On the rugged east coast we'll see the roaring waves pounding the shore, carving out natural pools in the coral. Lunch is included at a scenic spot on the east coast.
- 2. Gardens and Abbey Tour: We first visit the important historical site of St. Nicholas Abbey Great House and Distillery. Built almost 350 years ago, this sugar plantation is well maintained and has retained its architectural beauty. The distillery here produces award-winning rums, and our local guide will educate us on the history and rum making process at the Abbey. We will take a ride on a steam locomotive through the plantation fields and mahogany woods, ending with a breathtaking view from Cherry Tree Hill of the rugged East Coast and Scotland District. Our last stop will be at the Flower Forest Botanical Gardens, 53 acres of tropical trees and flowering plants which bloom year-round.
- 3. Caves and Critters: Our first visit is the geological wonder of Harrison's Cave. We'll board the electric trams and travel underground to discover the stalactites and stalagmites in their quirky formations, naturally flowing waterfalls and crystal-clear pools. We then visit the Barbados Wildlife Reserve and stroll through the four acres of forest, looking out for the famous Barbadian Green Monkey, deer, tortoise and beautiful peacocks roaming the grounds. The aviary here features briliantly coloured parrots and macaws.
- 4. Catamaran Cruise: We enjoy a scenic catamaran cruise along the stunning coast of Barbados. There will be several stops for a chance to swim in a tranquil secluded bay, snorkel at a sunken shipwreck and an opportunity to see the incredible sea turtles that inhabit these waters! An on-board lunch of local specialties and drinks is included.

HOLIDAY INCLUSIONS

- Flights with Air Canada.
- Moderate accommodation as described
- Breakfast, lunch and dinner daily, as well as afternoon tea
- Unlimited beverages (soft drinks, juice, beer, wine, local spirits, cocktails and smoothies)
- 4 excursions as described above
- All Tour Inclusions listed on Page 3

COSTS per person, double occupancy, from Toronto - \$5597

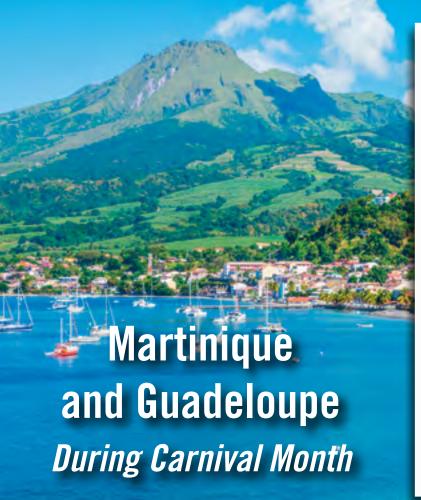
Single Supplement - \$1190

Montreal - add \$190. Ottawa - add \$290.

Halifax - add \$390 (including a Toronto overnight on the way home)

Add-ons below include Toronto overnights in each direction.

Winnipeg or Edmonton - add \$290. Calgary or Vancouver - add \$390.



- Flights with Air Canada and Air France
- First Class hotels
- Breakfast daily, 4 lunches and 10 dinners (wine, water & coffee included with dinners)
- All Tour Inclusions listed on Page 3

COST:

- per person, double occupancy, from Montreal (Village View Rooms in Martinique and Superior Rooms in Guadeloupe) - \$5997
- Single Supplement \$1190
- Upgrade to Garden View Rooms in Martinique and Seaview Rooms in Guadeloupe - \$250 per person in double occupancy. \$490 single occupancy.
- Ottawa add \$150 (ground transport. to Montreal) *All add-on fares below include an overnight (February 13) in Montreal en route to Martinique
- Toronto or Winnipeg add \$190
- Halifax or Edmonton add \$390
- Calgary or Vancouver add \$790

Exceptional natural beauty, a rich history, vibrant culture, distinctive cuisine and legendary hospitality all combine to make the French Caribbean islands among the most enchanting destinations in the New World.

We begin with 6 nights at *La Pagerie Hotel* in Martinique's most famous beach resort area, La Pointe du Bout. The hotel is in the colourful town of Les Trois-Islets overlooking the "Baie des Flamants" and the capital - Fort-de-France.

Next is Guadeloupe - an archipelago of 5 islands with distinct landscapes, breathtaking azure seas and white sand beaches. We will enjoy 6 nights at La Créole Beach & Spa - a beautiful beachfront property with daily activities, entertainment and delicious international buffets.

We will be here during The Martinique Carnival - one of the world's best carnival celebrations, featuring local music and colourful parades in villages all over the island.

Tour Highlights in Martinique:

• Southeast Region - Authentic villages, La Pagerie Museum, l'Habitation Clément and Les Salines Beach

13 DAYS • FEBRUARY 14 - 26 (From Montreal)

- Guided walking tour of Fort-de-France
- Northern Region Balata Botanical Garden, Award winning Depaz Rum Distillery, St. Pierre's coastline and Volcano Museum, Mount Pelée, Carbet Mountain Range Rainforest and Beach, and more!

Tour Highlights in Guadeloupe:

- Guided tour of the lively town of Pointe-à-Pitre
- Scenic Grande Terre Island, including the Grand Fonds countryside and spectacular cliffs, Saint-François Pointe des Châteaux Peninsula. Sainte-Anne market
- Northern Basse-Terre Island volcanic mountains covered in lush vegetation, charming hamlets and marine cul-de-sac lagoons
- Guadeloupe National Park with its Crayfish Waterfall, Deshaies Botanical Garden & Sainte-Rose Ecomuseum

Tentative Itinerary for Martinique and Guadeloupe

Day 1: Martinique. We depart Montreal for Martinique. Upon arrival we transfer to our hotel in Pointe du Bout, Les Trois-Islets. The rest of the day is free until this evening's Welcome Dinner at the hotel's fine dining restaurant.

Day 2: Fort-de-France. We walk over to the marina and board the sea-shuttle to the capital, Fort-de-France. Our guided walking tour will show us the main highlights; the colourful central market with its endless stalls of local spices and produce, the Aimé Césaire Museum, and the famous Fort-de-France landmark - the Bibliothèque Schoelcher (library), built in France for the World Exposition of 1889, then dismantled and shipped here. Afternoon at leisure to further explore Fort-de-France or to relax at our hotel.

Day 3: North Island Highlights. We cross the bay by seashuttle and embark on a full-day tour of the Northern Region. We first visit the beautiful Balata Botanical Garden with its collection of tropical flowers and view points. Then we travel through the lush rainforest flanking Mount Pelée to a local restaurant for a delicious Creole lunch. We continue along the coast and visit the Depaz Distillery for a taste of the award winning rum. Next we discover the Volcano Museum, and learn how the former capital (St, Pierre) was destroyed by a volcanic eruption. We finish with a stop at lovely Carbet Beach before returning to our hotel.

Day 4: At Leisure. A free day to explore the colourful streets, boutiques and galleries of Pointe du Bout, or to enjoy the local beach or the beautiful tropical gardens of our hotel.

Day 5: Southeast Island Highlights. Our full-day tour begins at Le Musée de la Pagerie (Pagerie Museum), housed in a well-preserved house on an old plantation (the birthplace of Napoleon's first wife). Then we visit Habitation Clement - an 18th century sugar plantation and rum distillery. The garden here is a designated "Remarkable Garden". We continue to the southern tip of the Island and the famous Les Salines beach, where we enjoy lunch and some time to stroll and swim in the turquoise water.

Day 6: At Leisure. A full day to unwind and enjoy our hotel facilities. You may also want to visit La Savane des Esclaves (the Savannah of Slaves) - a re-creation of a "free slave" village (circa 1800) depicting the life of slaves who escaped plantations to live off the land. Or, you may visit the Pottery of Trois-Islets - one of the oldest active brick factories in the New World. The village is home to many authentic Creole houses occupied by artisans, potters and cafés.

Day 7: Point-a-Pitre, Guadeloupe. We fly to Guadeloupe's Grande Terre Island, for a 6-night stay. Afternoon at leisure.

Day 8: Basse-Terre Island Highlights. Our tour of beautiful North Basse-Terre Island begins with a drive over the bridge and then along the "Route de la Traversée" through the tropical forest that leads to the National Park. After a stop at the pretty Crayfish Waterfall, we'll follow the coastline to the commune of Deshaies, where we visit the Botanical Garden showcasing exceptional tropical plants and rare varieties of birds (colourful Lorikeets, Macaws, Caribbean Flamingos, etc.) Then at the unique Ecomuseum we'll have a walking tour and learn about the history and traditions of the local medicinal garden. We finish with a workshop on cocoa (roasted cacao beans) and the traditional 'baton de Kako' a 100% cocoa paste. Lunch is included today.

Day 9: At Leisure. Relax at our beach resort, or perhaps visit another Island of the Archipelago.

Day 10: Pointe-a-Pitre. We discover Pointe-à-Pitre, with its busy seafront and port, lively markets with fresh fish, spices and produce, monuments, traditional homes and street arts. Included is a visit of the impressive Mémorial ACTe Museum (Slave Trade Museum), with its symbolic architecture and unique exhibits.

Day 11: Grande-Terre Island. The first stop on our tour of Grande-Terre is the commune of Sainte-Anne, known for its market offering culinary specialties and souvenirs. Then at Pointe des Châteaux (where the Atlantic meets the Caribbean), we'll see cliffs sculpted by the sea into dramatic castle-like formations, and the panoramic view that takes in neighbouring islands. After driving through cane fields and old plantations, we'll enjoy a delicious lunch before continuing to Morne-à-l'eau Cemetery - an historic monument featuring tombs decorated with black and white tiles. As we return to our hotel we'll enjoy the hilly landscape of lush valleys, planted with fruit trees and crops, enclosed by limestone hills.

Day 12: At Leisure. A final day of leisure in this incredible place. This evening is our Farewell Dinner.

Day 13: Home. We bid a warm farewell to Guadeloupe and head back home via Montreal.



This tour of the vibrant capital of Mexico City, colonial Puebla and the magical Silver City of Taxco, offers natural beauty, culture, history (UNESCO World Heritage Sites), and wonderful gastronomic experiences!

We begin and end in Mexico City. The buzzing downtown area features Pre-Hispanic and colonial-era splendour, as well as many old-school cantinas, intriguing museums, inspired dining and boat excursions along ancient canals.

In the state of Guerrero we'll visit Taxco, famously known for its silver jewelry production. The narrow cobbled streets here are lined with beautiful Spanish colonial architecture and a stunning cathedral.

Puebla has a historic centre (UNESCO World Heritage Site) with stunning colonial architecture. The city is also known for its warm hospitality, relaxed atmosphere and a prime view of Mexico's Popocatépetl and Iztaccíhuatl volcanoes.

* This tour is suited only for the fit and active traveller.

15 DAYS • FEBRUARY 21 - MARCH 7

Tour Highlights:

- Boat ride to Xochimilco Floating Gardens (UNESCO) World Heritage Site)
- Chapultepec Castle and the National History Museum
- Visit the home of Mexican artist Frida Kahlo, in the charming neighborhood of Coyoacan
- Cacaxtla Mexico's most impressive archaeological site with amazing pure Mayan frescoes
- Visit the lovely Cuernavaca "City of Eternal Spring"
- The charming Silver City of Taxco
- Colonial City of Puebla (UNESCO World Heritage Site)
- Cholula the largest pyramid in the world
- Unique towns with marvellous architecture, amazing crafts and delicious regional food

Itinerary for Colonial Treasures of Mexico

Day 1: Mexico City. We depart for Mexico City, and upon arrival we transfer to our hotel in Mexico City's most beautiful area - Reforma Avenue.

Day 2: Mexico City. On our morning city tour we'll see many fabulous statues and monuments, like the iconic Angel of Independence and the amazing Palace of Fine Arts. Then our guided walking tour of the historic center will take in the Cathedral, National Palace and the ruins of the ancient Tenochtitlan. Tonight is our Welcome Dinner.

Day 3: Mexico City. Today we'll visit 2 of Mexico City's most important attractions. In Xochimilco we'll ride a traditional "Trajinera" to see the Floating Gardens, and then tour the Coyoacan neighbourhood including the Frida Kahlo Museum.

Day 4: Mexico City. We first tour Chapultenec Park. including the colonial Chapultepec Castle - formerly the official residence of Mexican heads of state. After a pleasant stroll through the park, we head to La Ciudadela -Mexico's most visited arts and crafts market.

Day 5: Taxco. We depart for Taxco, with a tour en route of Cuernavaca - "City of Eternal Spring". Here we will visit the ancient Cathedral, with its surrounding fortresses and outdoor altar. We'll also see the fascinating House of Cortes - summer home of the Aztec Emperor Moctezuma.

Day 6: Taxco. We begin with a cable car ride which offers incredible panoramic views. Then we drive to the old city and take a fascinating walk along the decorated cobblestone streets, which are lined with wonderful colonial era buildings as well as silver shops. We will stop at the Penintents sculpture to learn about the traditions during Holy Week. At the main plaza we find the magnificent Santa Prisca Church built by the French miner Jose de la Borda (paid for out of his own pocket) and Borda's House.

Day 7: Puebla. We proceed to Puebla. The afternoon will be at leisure to get acquainted with this wonderful city, or join your Tour Manager for a drink in Puebla's most traditional cantina called La Pasita (The Raisin) - famous for it's drink called Pasita - made from raisin liquor with cheese and dry fruit. It may sound strange, but it is quite delicious!

Day 8: Puebla. On our guided walking tour of the main plaza we'll see the magnificent Cathedral, Candy Street, Plaza of the Frogs and the Palafoxiana Library - the first public library on the continent, opened in 1646. Then we'll see the Chapel of the Rosary and the Artists Corner. After our lunch in one of Puebla's most traditional restaurants.

we'll visit the famous Talayera Market to see the beautiful ceramics the city is famous for.

Day 9: Puebla. Today we tour the magical town of Cholula, known as the Sacred City. It is said that Cholula is the oldest city in America, and has been inhabited since 1100 BC. We will see the Great Pyramid of Cholula - the world's largest pyramid! At the museum here we'll learn about this ancient culture and we'll walk through the tunnels that were discovered here. Then we'll admire the beautiful Church of the Remedies, and the fabulous view of the twin volcanoes Popocatepetl and Iztaccihuatl. We finish with a visit of the extraordinary church of Santa Maria Tonantzintla, which combines Christian and Pre-Hispanic features -Mexico's best example of indigenous Baroque Architecture.

Day 10: Puebla. Today we visit Atlixco (known as the City of Flowers) - a magical town with wonderful views of the surrounding volcanoes, including the famous Popocateptl Volcano. Atlixco is one of Mexico's most attractive towns due to its architecture, historic churches and cultivation of flowers. We will enjoy walking the colourful cobblestone streets with the scent of flowers everywhere.

Day 11: Puebla. We visit Zacatlan, famous for its clocks. At the plaza we'll admire the beautiful floral clock, and at the Museum of Clocks we'll see the first factory of monumental clocks in America. We finish with a sampling of the delicious apple Cider and cheese bread this town is famous for.

Day 12: Puebla. Today we tour Cacaxtla Archaeological Site - one of Mexico's most impressive archaeological sites with amazing frescos painted over 1.000 years ago in pure Mayan style. After our visit we'll proceed to the state capital, Tlaxcala de Xicohtencatl, for a traditional lunch and a special tasting of the prehispanic drink, pulgue.

Day 13: Puebla / Mexico City. Morning at leisure in Puebla. before we return to Mexico City for a free afternoon.

Day 14: Mexico City. This morning we learn about one of Mexico's most important artists - Diego Rivera, who was married to Frida Kahlo. We visit the Museo Mural Diego Rivera, and see one of his most beautiful murals "Dream of a Sunday Afternoon in the Alameda Park". Then we head to the Museum of Popular Art housed in an old fire house - an amazing museum with a wonderful display of Mexican arts and crafts. This evening we will have our Farewell Dinner in a traditional restaurant with live music.

Day 15: Home. We transfer to airport for our flight home.



- MEXICO CITY
 QUERETARO
- JALPAN DE SERRA
 XILITLA

Join us on this fascinating tour highlighting the rich heritage and natural beauty of Central Mexico!

We start in the the world-class cultural hub of Mexico. City, where the ancient co-exists with the modern in perfect harmony. We'll explore the city by coach and foot, fully immersing ourselves in the sights, sounds and storied history of this vibrant capital.

Next up is the sophisticated, yet genuinely Mexican city of Querétaro, one of the most important cities in Mexico during the colonial period. The city's old town has charming and adores (pedestrian streets), gorgeous plazas, historic churches and many beautiful baroquestyle buildings that add to the city's grandeur.

Jalpan de Serra is designated one of Mexico's "Magical Towns", for its natural beauty and cultural riches. As we walk the cobblestone paths we'll immerse ourselves in the culture and history of this UNESCO World Heritage Site.

15 DAYS • FEBRUARY 7 - 21

We end our tour in the remote hillside town of Xilitla. surrounded by remarkable tropical scenery and a variety of landscapes. A highlight will be our visit to the Edward James Surrealist Garden - a fantastical jungle sculpture garden curated by eccentric British poet Edward James.

Highlights:

- Mexico City's famous National Museum of Anthropology
- The important religious site of Guadalupe Shrine
- Teotihuacan Archaeological Site (UNESCO)
- The Wine and Cheese route of Queretaro
- Missions of the Sierra Gorda of Queretaro (UNESCO)
- The Magical Town of Xilitla
- * This tour is suited only for the fit and active traveller.

Itinerary for Hidden Gems of Mexico

Day 1: Mexico City. We depart for Mexico City. Upon arrival we transfer to our hotel located in Mexico City's most beautiful area, Reforma Avenue. This evening is our Welcome Dinner.

Day 2: Mexico City. This morning we tour Reforma Avenue where we'll see many fabulous statues and monuments like the "Angel of Independence" and the amazing Palace of Fine Arts. Then on our guided walking tour of the historic center we'll visit the Cathedral, National Palace and see the ruins of ancient Tenochtitlan.

Day 3: Mexico City. This morning we'll visit one of the best museums in the world - the National Museum of Anthropology, where we'll learn about the ancient cultures and see the impressive Stone of the Sun (the Aztec Calendar).

Day 4: Mexico City. This morning we'll visit the Shrine of Guadalupe - one of the world's most visited Catholic pilgrimage sites. Then we proceed to the Teotihuacan Archaeological Site - the largest pre-Colombian site in the Americas (and a UNESCO World Heritage Site).

Day 5: Mexico City / Queretaro. This morning we visit San Angel - an elegant and very old neighbourhood with cobblestone streets, magnificent colonial homes, ancient churches and a wonderful weekly bazaar in which artists, artisans and designers present their unique work. After lunch we depart for Queretaro.

Day 6: Queretaro. We begin with a guided walking tour of the historic center, then continue to the Hill of the Bells. We'll see winding streets, baroque and neoclassical monuments, tree lined plazas, the best preserved aqueduct in Mexico, and the Government Palace (the birthplace of Mexican Independence).

Day 7: Peña de Bernal / Queretaro. A full day tour to Peña de Bernal - a picture perfect village known for its 10 million year old monolith. On our tour of the town we'll see the colorful facades and amazing views of the monolith, then continue to visit one of Mexico's finest wine regions. We'll tour the vineyards, explore the wine cellars and enjoy a tasting of the special wines and cheeses of Queretaro.

Day 8: Jalpan de la Serra. We proceed to Jalpan de la Serra, via the amazing "Sierra Gorda" (Fat Mountains) - a

UNESCO World Heritage Site known for its unique natural scenery dotted with ancient Franciscan Missions. Within this protected area live several endangered species such as jaguars, green macaws and Humboldt butterflies. Due to the cultural and natural richness this area has been classified as the main biosphere of Central Mexico.

Day 9: Jalpan de la Serra. This morning we visit the oldest of the Franciscan Missions, Mission of Santiago an amazing complex built in stucco and stone, featuring indigenous and Catholic symbols side by side. We continue to the Museum of the Sierra Gorda, located in a 16th century fortress. The museum provides an overview of the cultural heritage of both pre-Colombian times and the Colonial period. We finish at Landa Mission - the most ornate and beautiful of the Franciscan Missions.

Day 10: Ciudad Valles. We drive to Ciudad Valles via the magical rainforest known as the Huasteca Potosina. which features magnificent waterfalls and some of central Mexico's most breathtaking scenery. Upon arrival in Ciudad Valles we will explore the city also known as "Place of Clouds" and "The Big Door" because it is the gateway to the Huasteca Potosina's natural attractions.

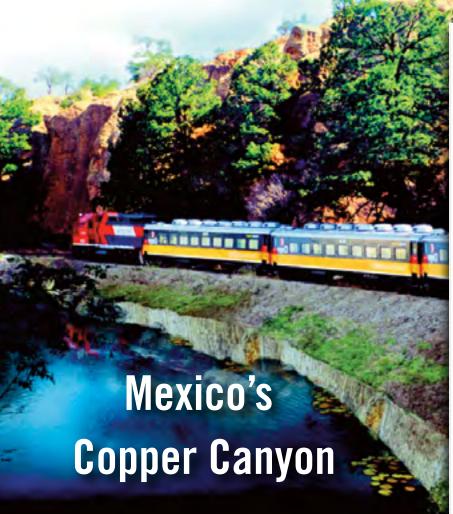
Day 11: Ciudad Valles / Xilitla. We visit Xilitla and spend most of this unforgettable day at the jewel known as Huasteca — Edward James Surrealist Garden, where the eccentric man decided to build his home and the "Garden" of Eden". It features an incredible sculpture park surrounded by beautiful waterfalls and lush vegetation.

Day 12: Queretaro. Enjoy the beautiful scenery as we return to Queretaro. Tonight we will dine in a lovely outdoor restaurant on one of the plazas in order to enjoy the atmosphere of this beautiful city.

Day 13: Queretaro. A day at leisure. Tonight we will join a wonderful night tour with young actors and live music as we walk the town on a Legends and Myths of Queretaro Tour - an experience you'll never forget.

Day 14: Queretaro / Mexico City. Morning at leisure in Queretaro. In the afternoon we return to Mexico City, and this evening is our Farewell Dinner.

Day 15: Home. We fly home to Canada.



HOLIDAY INCLUSIONS:

- Flights with American Airlines
- First Class hotels
- Express First Class seats aboard the Chihuahua Pacifico Regional Railway
- Full breakfast and dinner daily, plus 7 lunches
- All Tour Inclusions listed on Page 3

COST:

- per person, double occupancy, from Toronto - \$6297
- Single Supplement \$990
- Vancouver add \$90. Montreal add \$190
- Ottawa add \$350 (includes round trip transportation to Trudeau Airport, Montreal)
 Add-on costs below include a Toronto or Vancouver overnight en route to Mexico.
- Calgary or Edmonton add \$690
- Winnipeg or Halifax add \$790

Mexico's Copper Canyon is considered the most scenic rail trip on the continent. Many describe it as more spectacular than the Grand Canyon.

This string of breathtaking canyons wind through the Sierra Madre Mountains, and are home to a vibrant tapestry of landscapes - from the immense cliffs that tower overhead and plummet to a seemingly bottomless abyss below, to the fertile green valleys and fragrant orchards, and to wind-blown crops and desert sands. This amazing journey traverses 37 bridges and 86 tunnels, and crosses interlocking canyons that are deeper, narrower and longer than any in the Americas.

The rail portion of our tour will take us through the Sierra Madre Mountains aboard the *Chihuahua Pacifico Regional Railway* (known as *El Chepe*). The construction of this comfortable, well-appointed train is considered a masterpiece of Mexican engineering. In addition to admiring the views, we will experience the indigenous cultures and visit archaeological sites and charming colonial towns with their uniquely talented artisans.

15 DAYS • 2 DATES IN WINTER 2023 FEBRUARY 10 - 24 MARCH 10 - 24

Tour Highlights:

- Chihuahua and the Pancho Villa Museum
- El Chepe Train through the Sierra Madre Mountains
- Copper Canyon Adventure Park
- Dramatic Cable Car ride through the canyon
- The beautiful colonial town of El Fuerte
- The spectacular Urique Canyon
- Creel, known locally as the "Magical Town"
- Ancient Paquime a UNESCO World Heritage Site
- Traditional lunch with a local Mennonite Community
- Grutas Nombre de Dios Grottos (Name of God Grottos)

Itinerary for Mexico's Copper Canyon

Day 1: Departure / Chihuahua. We depart for Chihuahua with a change of planes in Dallas. Upon arrival we transfer to our hotel. This evening is our Welcome Dinner.

Day 2: Chihuahua. On this morning's city tour we see the Government Palace, the Cathedral and the Quinta Gameros Museum, which boasts some of Mexico's finest modern art, as well as historical exhibits. Later we visit the Pancho Villa Museum, dedicated to the Mexican Revolutionary General who was also touted as a Robin Hood, bandit and womanizer.

Day 3: Divisadero. We travel by coach to Divisadero, where we will enjoy our first spectacular canyon views. Later we will have a guided tour of the canyon rim, and learn about the area's history and habitants.

Day 4: Divisadero. Today we visit the Copper Canyon Adventure Park for a guided tour around the various look-out points, followed by an opportunity (for the adventurous), to step across a suspension bridge which traverses a beautiful canyon. Today's highlight will be a dramatic cable car ride through the canyons, followed by some free time to enjoy the panoramic views.

Day 5: All Aboard! El Fuerte. Today we depart for the colonial city of El Fuerte in the state of Sinaloa. Along the way we make our way through deep tunnels and cross breathtaking canyon bridges that offer dramatic views of the Sierra Madre Mountains.

Day 6: El Fuerte. This morning we enjoy a relaxing boat ride in the tranquil waters of the El Fuerte River, followed by a guided walking tour of the town with its charming cobblestone streets and hidden alcoves. We will visit the church, the bustling market and the museum. Later we travel to the native village of Capomos for a show of folk dance by the indigenous Mayo people.

Day 7: El Fuerte. We make our way to the beautiful bay of Topolobampo on the Pacific Ocean for a wonderful cruise. Keep your cameras handy for possible sightings of colourful local birds and dolphins. Then we visit Maviri beach where we may swim in the ocean or relax on the beach. Lunch today will be in a local restaurant that features fresh seafood.

Day 8: All Aboard! Cerocahui. We journey to Cerocahui. and this afternoon we make our way to Gallego Mountain for a spectacular view of the Urique Canyon, the river and the old mining town. En route we will drive through a series of beautiful Tarahumara valleys and canyons.

Day 9: Cerocahui / Creel. This morning we have a guided tour of Cerocahui that includes the old Jesuit Mission and school for the Native Tarahumara girls. Then we proceed by coach to Creel, considered the doorway to the Tarahumaran culture. The Tarahumara people call themselves "Raramuri" which means "runners on foot". The afternoon is at leisure, and you may stroll around the village, known locally as a "Magical Town".

Day 10: Creel. This morning we enjoy a very scenic tour to Arareko Lake, the Valley of the Mushrooms, the Cusarare Waterfall and the San Ignacio Mission. We will also visit some fascinating caves - home to Tarahumara families. Afternoon at leisure.

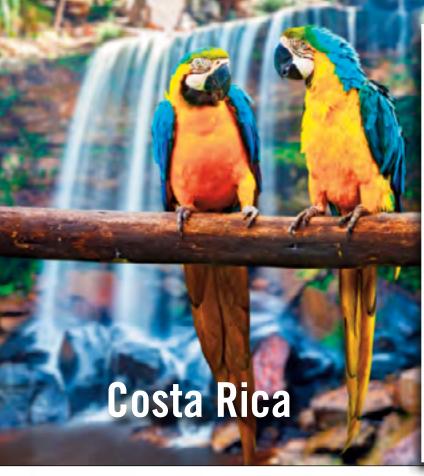
Day 11: Casas Grandes. We transfer by bus to Casas Grandes, en route visiting a Mennonite community in the city of Cuauhtemoc where we enjoy a traditional lunch with a family that makes their own delicious cheese, cold cuts, fruit preserves, bread and cookies.

Day 12: Casas Grandes. We visit the Juarez Colony, a Mormon community with strong American influence. The Juarez Academy was built in 1904 and has a gleaming white marble temple. Then we continue to the town of Mata Ortiz, famous for its wonderful ceramics.

Day 13: Chihuahua. We visit the archaeological site of Paquimé, a UNESCO World Heritage Site of a highly civilized ancient civilization. Multi-story buildings, efficient hydraulic networks and plazas prove it was a city built by culturally developed people. We continue to Chihuahua.

Day 14: Grutas Nombre de Dios / Chihuahua. We depart for a tour of the fantastic 'Name of God' grottos to explore the incredible rock formations underground. Following the grottos, we will visit the ruins of the Quintas Carolinas ancient haciendas in the state of Chihuahua. This evening is our Farewell Dinner.

Day 15: Home. After breakfast we transfer to the airport for our flight home, via Dallas.



HOLIDAY INCLUSIONS:

- Flights with Air Canada Rouge
- First Class hotels
- Full breakfast and dinner daily, and 12 lunches
- All drinks at the All-Inclusive resort
- All Tour Inclusions listed on Page 3

COST:

- per person double occupancy, from Toronto Depart February 2 or March 23 - \$6397 Depart February 16 - \$6597
- Single Supplement \$1790
- Montreal add \$190
 - ***Add-ons below include an overnight in Toronto on the way home
- Ottawa add \$290. Halifax add \$490.
- Winnipeg, Calgary, Edmonton or Vancouver - add \$390

- 3 nights San Jose with excursions
- 4 nights Arenal Volcano and Hot Springs
- 7 nights All-Inclusive Guanacaste Resort

Any traveller who has been to Costa Rica considers this amazing Central American country to be a true paradise on earth. This is a land of towering waterfalls, breathtaking cloud forests, simmering volcanoes, mist-covered hot springs and unspoiled jungle where a remarkable collection of flora and fauna live and thrive (in fact there is no place on earth with such an abundance of both tropical plant and animal species). This is a place where you can see Blue Morpho butterflies resting in the trees, comical capuchin monkeys chattering amongst themselves and scarlet macaws gracefully soaring along their flight path.

We begin with 3 nights in the capital San Jose. Our hotel, the First Class Aurola Holiday Inn, is conveniently located right downtown. Then we travel to Arenal with its dramatic volcano, and stay 4 nights at the beautiful Arenal Manoa Hotel with its gorgeous series of natural thermal mineral pools. After Arenal we proceed to the province of Guanacaste for a 7-night stay. Our all-inclusive resort. Occidental Tamarindo, is located right on the Pacific Ocean near the charming coastal town of Tamarindo.

15 DAYS • 3 DATES IN WINTER 2023

FEBRUARY 2 - 16 FEBRUARY 16 - MARCH 2 MARCH 23 - APRIL 6

Tour Highlights:

- San Jose City Tour
- Britt Coffee Plantation Tour
- Irazu Volcano
- Orosi Valley
- Sarchí Handicraft Village
- Mineral Hot Springs
- Sky Tram and Sky Walk in the rainforest.
- Caño Negro Wildlife Reserve
- Palo Verde Boat tour
- Coastal Sunset Cruise
- * This tour is suited only for the fit and active traveller .

Day 1: Departure / San Jose. We depart for San Jose, and upon arrival we transfer to our hotel.

Day 2: San Jose. This morning we see the historical monuments, museums and parks of San Jose, including the commercial district, Metropolitan Cathedral, National Theatre (an historical landmark) and the university campus. Then, since coffee is the country's main export, we learn about its production in an entertaining way through a multi-medium, interactive tour. Of course we will have an opportunity to taste Costa Rica's finest blends. Lunch is included. This evening is our Welcome Dinner.

Day 3: Irazu Volcano National Park / San Jose. Today's tour takes us to the highest volcano in the country. The huge crater at Irazu is surrounded by a moonscape and has a small lagoon at the bottom. From the top you can enjoy the wonderful view over the forest of Braulio Carrillo National Park and the Caribbean coast. Later we visit the Orosi Valley, which offers some of the richest scenery in Costa Rica - a landscape of rolling hills terraced with shade-grown coffee plantations, and expansive valleys dotted with pastoral villages. We will stop in the town of Orosi and see the oldest church in Costa Rica.

Day 4: Arenal Volcano and Hot Springs. We transfer by coach to Arenal. En route we will visit the town of Sarchi a well-known craft centre where we can see the artisans at work. The local church is one of the prettiest in the country.

Day 5: Arenal Volcano and Hot Springs. This morning we will experience the rainforest from the truly unique perspective of the sky walk - a spectacular combination of suspension bridges situated 30 meters off the ground. and pathways through the rainforest. In the afternoon we have the opportunity to rejuvenate in the thermal mineral pools, surrounded by lush vegetation.

Day 6: Arenal Volcano. A day at leisure to enjoy the hotel's hot springs or to spend time in the town of La Fortuna. Your Tour Manager will be on hand to offer suggestions.

Day 7: Cano Negro Boat Tour / Arenal. A very scenic day as we head out to the lush countryside and take a leisurely cruise on the Sarapiqui River. While one can enjoy the glorious scenery on these trips, the emphasis is on observing animals and birds in the trees and on the riverbank. You might see howler monkeys, sloths, caimans, river otters and a variety of birds. Our boatman/guide will be spotting for us and you will be amazed at how quickly you can spot them too. Be sure to bring your binoculars and camera. Lunch is included.

Day 8: Guanacaste. We proceed to the coast for a 7-night stay at our all-inclusive resort.

Day 9: Guanacaste. A day at leisure to enjoy the sun and sand, or an optional tour offered by the hotel.

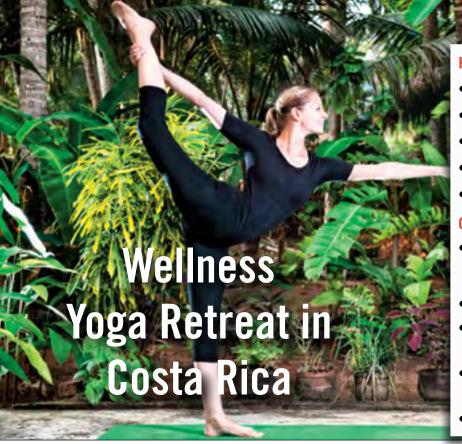
Day 10: Palo Verde / Guanacaste. Today we visit one of the most important National Parks in Costa Rica - Palo Verde. The park has at least 12 different habitats including mangroves, swamps, swamp forests, marshes and saltwater and freshwater lagoons. Included will be a boat tour on the Tempisque River to enjoy the fabulous array of wild birds and a myriad of creatures such as howler monkers, green iguanas, crocodiles and many more.

Day 11: Guanacaste. A day at leisure to enjoy the sunshine and resort facilities.

Day 12: Coastal Cruise / Guanacaste. Today we enjoy a cruise along the Guanacaste coastline. We'll sip on cocktails en route to a secluded bay where we enjoy an island picnic lunch and a swim, before returning to our hotel.

Days 13 & 14: Guanacaste. At leisure to enjoy the beach, resort facilities or one of many optional sightseeing tours offered by the hotel. The last evening will be our Farewell Dinner.

Day 15: Departure. We transfer to the airport for our flight home.



HOLIDAY INCLUSIONS:

- Flights with Air Canada
- Moderate First Class hotels
- Full breakfast daily, 6 lunches & 7 dinners
- Twice daily yoga classes at *Chirripo Lodge*
- All Tour Inclusions listed on Page 3

COST:

- per person double occupancy, from Toronto or Montreal - \$5597
- Single Supplement \$790
- Upgrade to Deluxe Room or Private cabin - add \$290 per person
- Ottawa, Halifax, Winnipeg or Edmonton - add \$90
- Vancouver or Calgary add \$290

This small-group retreat is suited to those looking to fully relax and rejuvenate, while experiencing an authentic cultural experiences and nature at its best.

Our program includes yoga classes twice daily to align mind and body, along with activities to experience Costa Rica's traditions and impressive biodiversity.

The Talamanca Mountain Range is the perfect place to unwind and immerse yourself in an unspoiled and inspiring tropical setting. The climate here is very comfortable; warm and sunny during the day and cool in the evening. Here, nestled by the Chirripó River amidst the lush tropical forest, is the family owned *Rio Chirripó* Lodge - a quaint 3-star boutique style hotel with rustic charm, beautifully appointed rooms and breathtaking views of the valley and the Chirripó Mountain. Amenities of the lodge include a wonderful open-air lounge with a bar, stone fireplace and comfortable seating for evening gatherings, a fully equipped yoga room, and a restaurant serving delicious cuisine with locally sourced organic produce (some of which are grown on the property itself). The hotel also has many colourful gardens, a lovely pool and hot tub area with comfortable lounge chairs and hammocks, a spa room for treatments and massage and a cedar hot tub by the flowing Chirripó River.

8 DAYS • FEBRUARY 9 - 16

Tour Highlights:

- Multi-level yoga classes every morning and afternoon led by a certified yoga teacher while at the Lodge (10 classes in total and of course completely optional)
- Cloudbridge Nature Reserve guided wildlife walk
- Ballena Marine National Park visit including a seafood lunch
- San Gerardo Secret Gardens guided visit
- Cannaan de Rivas Butterfly Dome visit
- Coffee plantation guided visit, tasting and lunch
- Sound Bathing Meditation experience
- Interactive River Spa Treatment
- Costa Rican cooking class led by the Lodge Chef
- * Many other activities and sites can be visited near the Lodge including; hiking and birding tours, river rafting, the Arte Mia Gallery, visit of local food artisans, etc. Your Tour Manager will be on site to suggest and assist.

Day 1: Departure / San Jose. We depart for San Jose. Upon arrival we transfer to La Riviera Hotel, and this evening we enjoy our first dinner in Costa Rica.

Day 2: Canaan de Rivas. This morning we head south to the Canton of Pérez Zeledon and the community of Canaan de Rivas. Our hotel, and home for the next 5 nights, is located here. After check-in and a lovely lunch, we will have an orientation tour of the lodge facilities, followed by some free time to unpack and unwind before our first sunset yoga class and delicious dinner.

Day 3: San Gerardo's Secret Gardens / Cooking Class.

We start the day with an invigorating voga class and hearty breakfast. Then we take a leisurely walk to the neighbouring community of San Gerardo de Rivas and the marvellous "Jardines Secretos" (Secret Gardens). These exquisite gardens represent several decades of lovingly tended plant collections. Here we enjoy a guided visit and meander along the many paths through delicate orchids, bromeliads, heliconias, and tropical trees. Benches are scattered throughout so that you can enjoy the spring-fed pools and abundant bird life. We return to the lodge for lunch and then join the Lodge House Chef for an entertaining Costa Rican cooking class. We conclude this day with our yoga class and another lovely dinner.

Day 4: Cloudbridge Nature Reserve / Sound Bathing **Meditation.** Following our yoga class and breakfast, we drive to the Cloudbridge Nature Reserve, dedicated to the conservation and reforestation of the montane cloud forest habitat. We enjoy a guided tour and easy hike along the river trail past a huge waterfall, spotting birds and other wildlife, while learning about this special cloud forest and the reforestation work that has evolved over the last several decades. The afternoon is free to enjoy the lodge's wonderful amenities until our yoga class. This evening we will gather by the burning fireplace and experience a Sound Bathing Meditation to the sound of musical instruments and crystal bowls - a relaxing meditation like no other!

Day 5: Ballena National Park. We take an excursion to Ballena National Marine Park, one of the most unique reserves in Costa Rica. The reserve was named after the migrating humpback whales that frequent its waters most of the year. Visitors to the park and its pristine beaches may see the magnificent creatures and many other interesting animal species; colourful macaws, marine iguanas, dolphins, frigate birds, brown footed boobies, pelicans, sloths and the entertaining capuchin monkeys just to name a few. We will take some time here to explore this serene and peaceful place (and you may want to take a dip here too!) Afterwards, we will enjoy a wonderful lunch of fresh seafood at a local restaurant before returning to the lodge for our sunset yoga class.

Day 6: Canaan's Butterfly Dome / River Spa Treatment.

After our morning practice, we take a short walk to Canaan de Rivas' newest attraction, the beautiful Butterfly Dome - a true sanctuary full of flowers, fishponds, dragonflies, and a place to witness the mystical emergence of butterflies from their chrysalides. This afternoon at the lodge we will meet by the river for an Interactive Spa Treatment using local organic ingredients and the rejuvenating power of the Chirripó River. Then we enjoy our last sunset yoga followed by a scrumptious dinner - a memorable ending to our retreat.

Day 7: Coffee Plantation Tour / San Jose. After a last yoga class and a copious brunch breakfast we depart for San José. Enroute we stop at an original working coffee plantation where we will enjoy a guided tour and learn about the secrets behind growing great coffee. Starting in the nursery, we will follow the growing cycle through to the harvest and selection of the finest beans. Learn how Costa Rica's unique climate and diverse landscapes provide perfect growing conditions for gourmet coffee beans. We proceed afterwards to La Riviera Hotel for our last night and Farewell Dinner.

Day 8: Home. We bid a warm Adiós to Costa Rica and fly back home.



HOLIDAY INCLUSIONS:

- Flights with Air Canada (direct flight from Toronto)
- First Class hotel
- Buffet breakfast daily, 6 lunches and 10 dinners)
- All drinks (as described below) at the All-Inclusive Resort
- Dinner-show with dance performance
- All Tour Inclusions listed on Page 3

COST:

- per person, double occupancy, from Toronto - \$6997
- Single Supplement \$1790
- Ottawa, Montreal, Halifax or Winnipeg - add \$190
- Calgary, Edmonton or Vancouver - add \$290

Known as the "Crossroads of the Americas," Panama is not only the geographical point where North America meets South America, but also where the Pacific and Atlantic Oceans meet at the country's famed canal.

This beautiful and friendly country's landscape consists of lush rainforests, endless coastlines, gorgeous turquoise waters and white-sand beaches. More highly developed than neighboring Central American countries, Panama enjoys a modern infrastructure, making travel through this tropical paradise easy and convenient.

We will spend the first 5 nights in Panama City - a modern city as well as a resort paradise with beautiful beaches surrounded by tropical rainforests. The city is the gateway to tropical adventure and also great for exploring the thriving colonial neighborhoods. Our hotel in Panama City is the First Class *Radisson Decopolis Hotel*, located in an unbeatable downtown location.

Our next 5 nights will be in Boquete. Nestled in a cool and verdant valley, Boquete is a beautiful mountain community blessed with year-round spring-like weather, incredible views everywhere and a rich culture. Our hotel in Boquete is the *Hotel Ladera*, in the heart of the city.

15 DAYS • FEBRUARY 26 - MARCH 12

Our final stay of 4 nights will be in Santa Clara Beach, at the First Class, All-Inclusive *Sheraton Bijao Beach Resort*, set in lush gardens on an extensive beautiful beach on the Pacific Ocean. All meals and drinks (international beer and cocktails, select international brands and house wine with meals) are included in your stay.

Tour Highlights:

- The Panama Canal
- "Casco Antiguo", Old Town of Panama
- Partial Transit through the Panama Canal by boat
- Soberania National Park
- Lake Gatun
- Jungla de Panama
- Finca Dracula
- FI Valle
- Penonome, home to the famous Panama Hat

Day 1: Departure / Panama City. We depart Panama City and upon arrival we transfer to our hotel.

Day 2: Panama City. An unforgettable day at the Panama Canal Visitor Centre as we observe a parade of vessels, from cruise ships to freighters, transit the locks from specially designed viewing platforms. Later we will view a fascinating movie about the building of the Canal and enjoy some time at the Panama Canal Museum. Tonight we enjoy sites in the "Casco Antiguo" (Old Town) which has been restored to its glory from colonial days. Here we will have our welcome dinner at local restaurant.

Day 3: Panama City. A day at leisure. Your Tour Manager will be on hand to offer suggestions on activities and sites to visit.

Day 4: Panama City. We experience the thrill of a partial transit through the Panama Canal on a comfortable passenger ferry. We begin at the Amador Causeway, cruise under the Bridge of the Americas, transit both the Miraflores and Pedro Miguel Locks, and pass through the Culebra Cut - the narrowest section of the Canal. Lunch will be served onboard.

Day 5: Panama City. Our excursion takes us to Soberania National Park, abundant in birds and wildlife. A boat tour gives us the opportunity to spot wildlife in Lake Gatun's hidden bays and along the Chagres River. We will visit an authentic Indian village to learn about the community's history, art, music and dance.

Day 6: Boquete. We fly to Boquete. This afternoon we visit a small coffee farm located in the highlands of Boquete a coffee growing region sometimes referred to as the Napa Valley of coffee. The rich volcanic soil and ideal climate here have recently produced some of the highest rated coffees in the world. As you walk the fields you will learn about the growing and processing of the coffee plants.

Day 7: Boquete. Today we visit the animal rehab facility of Jungla De Panama. Here we will interact with monkeys, coatis, possums, toucans, native parrots, motmots, pheasants, turtles, snakes, goats, ducks, chickens, and more! As we interact with the animals we will receive educational information about each species' ecology. This afternoon we visit a farm set in a Coffee Estate, with flower gardens interspersed with native bee hives (yes there will be a honey tasting) and petroglyphs dating from around 3000 years ago.

Day 8: Boquete. A day at leisure. An optional hike on the Pipeline trail through the Cloud Forest will be offered. Tonight we have dinner at a local family's home.

Day 9. Boquete. We travel to Cerro Punta, Panama's western highlands. Here we visit Finca Dracula - a Botanical Garden specializing in orchids and cloud forest plants. This is a wonderful place in which to discover the diversity of plants from Panama and the rest of the world.

Day 10: Boquete. A day at leisure to enjoy the sunshine and resort facilities.

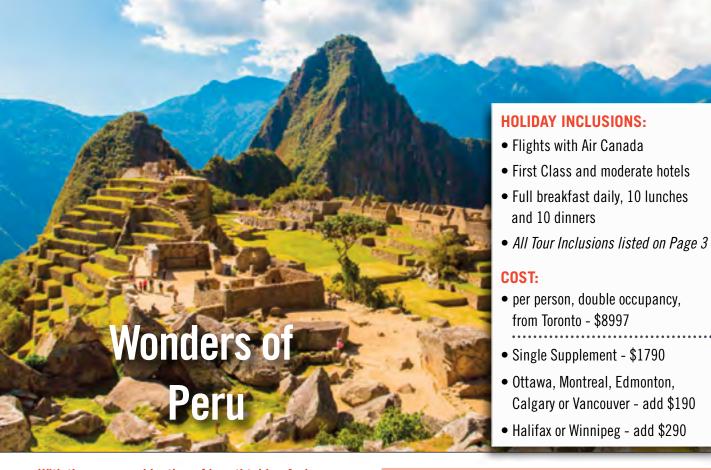
Day 11: Boquete / Santa Clara. Today we travel to Santa Clara for our 4-night stay at our All-Inclusive resort.

Day 12: Santa Clara. A day at leisure.

Day 13: Santa Clara. We travel to Panama's famous valley, El Valle - home to the nearly extinct Golden Frog. There will be time to visit the zoo with its special Golden Frog exhibit and many other exotic indigenous animals, followed by time at Panama's most popular artisan market.

Day 14: Santa Clara. We travel to Penonome - capital of the province of Cocle, for a city tour. The city retains a distinctly Spanish colonial charm in a region famous for its artisans and high level of craftsmanship. We will visit the Artisan market featuring the famous Panama hat, which is made primarily in this city. Tonight is our Farewell Dinner.

Day 15: Home. We transfer to the airport for our flight home.



With the rare combination of breathtaking Andean landscapes, abundant wildlife, rich history and exotic culture, Peru captivates visitors perhaps more than any other South American country.

On this tour we will explore 5 very diverse areas of Peru. We start and finish in the capital city of Lima, which features ruins from the Inca period, art galleries and museums, churches and cathedrals that date from the 16th century and other major historical sites.

Our next stop is the Paracas Nature Reserve (a UNESCO Natural World Heritage Site), dedicated to the conservation of local wildlife and to the history of pre-Inca culture. From here we board a small aircraft to see the famous Nazca Lines - huge line drawings on the coastal plain that pre-date flight by many centuries, yet they can only be seen from the air - a mystery that remains unsolved!

Then we head to Arequipa, surrounded by snow-capped volcanoes, thermal hot springs and the world's deepest canyons. From Arequipa we visit the Colca Canyon to marvel at the scenery and the flight of the Andean Condors.

Then we continue to Lake Titicaca and visit the man-made floating islands, where we discover an ancient way of life that has remained unchanged for centuries.

16 DAYS • FEBRUARY 10 - 25

Our last stop is the lovely colonial city of Cusco, with an excursion to the fabled Machu Picchu. This magical and spectacular site, discovered less than 100 years ago, is located 13,000' above sea level in a deep valley of the towering Andes Mountains. It is considered one of the most well preserved and beautiful ancient cities on the planet.

Tour Highlights:

- The capital city, Lima
- World Renowned Nazca Lines
- Areguipa, known as the "White City"
- Colca Canyon twice as deep as the Grand Canyon!
- Lake Titicaca and the man-made floating islands
- Machu Picchu a UNESCO World Heritage Site
- Cuzco a UNESCO World Heritage Site
- Inca ruins of Pachacamac, Andahuaylillas, Ollantaytambo and many more!
- * This tour is suitable only for the fit and active traveller.

Tentative Itinerary for Peru

Day 1: Departure. We depart for Lima.

Day 2: Lima. We arrive in Lima and transfer to our hotel. Our afternoon city tour shows us the Old Town, Plaza Mayor (the main square), the Government Palace, the Cathedral and the House of El Oidor. We also enjoy a guided tour of the Rafael Larco Herrera Museum, built on the site of pre-Columbian pyramid houses. Tonight is our Welcome Dinner.

Day 3: Paracas. We drive along the ocean to Paracas. stopping en route at Pachacamac to visit the country's second largest Inca ruins - a sacred city dating to 900 B.C. featuring temples and other ancient structures.

Day 4: Nazca Lines / Paracas. Today is one of the tour's highlights. We board a small aircraft for a flight over the world renowned Nazca Lines, which can only be seen from the air. We'll learn about the many theories regarding the mysterious Lines' origin and meaning. Afternoon at leisure.

Day 5: Paracas / Lima. This morning we enjoy a boat tour to Ballestas Island. During our short sea crossing we can see the famous El Candelabro, a huge etching in the sandy hill - considered the beginning of the Nazca Lines. The island is home to huge colonies of birds, as well as sea lions, penguins and seals. Then we head back to Lima.

Day 6: Arequipa. We fly to the "White City" of Arequipa, high in the Andes. On our city tour we see the extraordinary architecture of the Convent of Santa Catalina, the Main Square, the cathedral and the exhibit of the Sarita "Juanita" - a Virgin of the Sun who was sacrificed to the mountain spirits - recently discovered in a glacier in the Andes.

Day 7: Colca Canyon. We proceed to the town of Chivay, located at the midpoint of the Colca Valley. Along the way see the surrounding volcanoes, a variety of flora and possibly some of the local wildlife.

Day 8: Colca Canyon / Puno. We enter the Colca Canyon twice as deep as the Grand Canyon! We proceed to the Cruz de Condors, a famed viewpoint to watch the condors gliding on the air currents which rise from the canyon - a spectacular scene with the river 1,200 meters below! We'll enjoy a boxed lunch, then continue our scenic drive to Puno.

Day 9: Puno. We embark on a cultural journey as we head out across Lake Titicaca to explore the islands of Uros and Taquile, and learn about the indigenous people and

traditions. These man-made floating islands were constructed entirely out of reeds. The friendly local people are happy to welcome you to their islands, and share their history, culture and traditions. The islands are untouched by the mainland's modernity. The local inhabitants wear traditional clothing and are known for their high-quality handicrafts. While the women make yarn and weave, knitting is actually done exclusively by men!

Day 10: Cuzco. We transfer to Cuzco and our hotel in the Sacred Valley, former home of the Inca's wealthy families. En route we view the magnificent La Raya mountain range and visit Pukara - a ruin of the fortifications built by the natives of the Andes, and the Inca archeological site of Andahuaylillas with its beautiful baroque St. Peter Church.

Day 11: Cuzco. We first visit the Cathedral of Cuzco and Temple of the Sun - the most important temple in the Inca Empire. Later we proceed to the ancient fortress of Sagsayhuaman, and then the picturesque San Blas known as the "neighborhood of the artisans".

Day 12: Cuzco / Sacred Valley. We visit historic Moray to see the magnificent terraced circles built for planting experiments. Later we visit the Inca fortress of Ollantaytambo where steep stone staircases and terraces lead to an inner temple.

Day 13: Machu Picchu. We take a train to the incredible mountaintop ruins of Machu Picchu. Our guided walking tour will illustrate what the city looked like centuries ago. It was once a flourishing ceremonial and agricultural site. and today it remains a beautiful jewel in a remarkable setting between two peaks of the Andes. Afternoon at leisure.

Day 14: Machu Picchu / Cuzco. After further touring of mysterious Machu Picchu we take the Vista Dome train to Ollantaytambo. Overhead windows on the train enhance the views of the journey as we wind our way along the Urubamba Valley. Upon arrival we transfer back to Cuzco.

Day 15: Lima. We fly to Lima, and the afternoon is at leisure. This evening we enjoy our Farewell Dinner.

Day 16: Canada. We transfer to the airport for our flight back to Canada.



Quito Cuenca

• The Highlands • The Jungle

From the magnificent landscape of the Andes Mountains, to the intense bio-diversity of the Amazon jungle, and the delightful Pacific coastline, Ecuador is a land of incredible beauty, and is emerging as one of South America's most popular tourist destinations.

We begin in Quito, Ecuador's capital, which has South America's largest concentration of Spanish colonial architecture. Its location high in the Andes gives it one of the most beautiful natural settings of any world capital.

From Quito we travel to the Highlands, where we'll take in the incredible scenery, picturesque villages, indigenous people and the famous handicraft market of Otavalo.

Then we travel to the jungle of the Ecuadorian Amazon, one of the world's richest eco-systems. We will stay in a comfortable jungle lodge in the rainforest, where there are countless species of birds, animals and flora in the jungle.

Next is the beautiful colonial city of Cuenca - a UNESCO World Cultural Heritage Site and birthplace of the Panama

14 DAYS • FEBRUARY 15 - 28

Hat. The city features cobblestone streets, winding rivers, graceful ironwork balconies and beautiful gardens. We finish at the seaside village of General Vallamil, with an excursion to the EL Morro water channel and the famous Bird Island to see a wide variety of tropical birds.

Tour Highlights:

- Quito's colonial centre a UNESCO World Heritage Site
- Equatorial Museum
- Devil's Cauldron Waterfall
- Amazon Rainforest
- Visit with a Native community
- Andes Mountains
- Cable car ride across the Zamora river canyon
- Cuenca a UNESCO World Heritage Site
- Beautiful seaside village of General Vallamil
- * Suitable only for the fit and adventurous traveller.

Itinerary for Ecuador Adventure

Day 1: Departure. We depart for Quito via Panama City. Upon arrival we transfer to our hotel.

Day 2: Quito. Our tour of Quito includes the colonial center, the Compania Church (one of the richest in the Americas), Independence Square, the Government Palace and the main Cathedral. We also visit the Equatorial Museum which depicts the culture of the indigenous groups around the world who live on the Equator. At the museum you can stand with one foot in each hemisphere.

Day 3: Otavalo. We travel through changing landscapes to the city of Otavalo, to stroll through the famous colourful handicraft market. We visit a weaving workshop in Peguche then continue to Cotacachi to shop for fine leather goods.

Day 4: Mindo Forest. We travel on the Pan-American Highway to the Mindo Rainforest. Passing through small villages and grazing lands, we will stop at the Pululahua Volcano reserve, to view the world's largest inhabited volcano crater. We arrive at the Sachatamia Rainforest Lodge, and will enjoy our first guided rainforest walk. With a bit of luck, we might see howler monkeys!

Day 5: Mindo Rainforest. A tour highlight! Our native guide will walk us through the rainforest and show us the jungle's incredible variety of flora, fauna and medicinal plants.

Day 6: Mindo Rainforest / Quito. This morning we'll visit a Butterfly farm with its many species of butterflies and hummingbirds. In the afternoon we return to Quito for an overnight

Day 7: Banos. We travel to Banos, and en route we'll visit the beautiful Cotopaxi National Park, where we enjoy incredible views of highest active volcano in the world. We'll walk around Limpiopungo Lake to discover the variety of plants and animals of the high Ecuadorian mountains - a great contrast from the rainforest. We continue to Baños, a city famous for its proximity to one of the most important volcanoes of Ecuador - the mighty Tungurahua.

Day 8: Riobamba. Today we visit one of the most beautiful waterfalls in South America, the "Pailón del Diablo", where an easy walk in the middle of the cloud forest will take us to the view point of this hidden jewel. Afterwards,

we enjoy a cable car ride across the Zamora river cannon for some beautiful views. We continue onto Riobamba, perched up in the Andes and surrounded by volcanoes.

Day 9: Cuenca. We travel south to Cuenca, stopping en route at Nizag indigenous community project. The community is known for keeping their ancestral traditions alive despite the onset of modern times. We will learn about the community's history, agriculture, industry, clothing, culinary traditions, and other customs. This afternoon we visit Ingapirca, Ecuador's most important Inca site.

Day 10: Cuenca. Our tour of Cuenca begins with a stroll through the cobbled streets of this beautiful UNESCO World Cultural Heritage city. This colonial jewel has many picturesque squares, balconies, churches, an incredible pink marble cathedral and people wearing traditional colourful costumes - a feast for the photographer! We will enjoy a museum visit, a panoramic view of the city from Turi Hill and a visit to a factory that makes the traditional Ecuadorian hats - a symbol of the country.

Day 11: Cuenca. A day at leisure to explore Cuenca. The cobblestone streets are lined with beautiful colonial houses and scenic squares, so this city is ideal for strolling and exploring. Your Tour Manager will be on hand for suggestions.

Day 12: El Cajas / General Vallamil Playas. We drive to El Cajas National Park, world renowned for its 300 lakes. We'll stop at the highest point to view the beautiful landscapes before descending to sea level. You will be amazed by the rapid and contrasting change of landscape and weather as we pass from the highlands to the cloud forest and then through tropical banana plantations. We arrive in General Vallamil, a lovely seaside village, for a 2-night stay.

Day 13: General Vallamil Playas. This morning we depart in our private boat to explore the mangrove area of the EL Morro water channel. On this boat ride we will see dolphins, tropical cormorant, pelicans, Nazca boobies, roseate spoonbill and many others. We stop at the famous Bird Island for a leisurely walk to watch the birds in their natural habitat.

Day 14: Depart for Home. We transfer to the Guayaguil Airport for our flight back to Canada, via Panama City.



The pleasant and mild year-round climate of Southern Italy is ideal for walking and exploring the small villages and towns of Calabria.

Calabria is Italy's most unspoiled region, and is off the major tourist routes. Each turn of the road here reveals secluded valleys, remote hilltop villages and architectural gems that range from Greek and Roman ruins to Norman castles, Byzantine monasteries and Romanesque cathedrals. The dramatic coastline features secluded sandy beaches and bustling resorts, including the city of Reggio Calabria with its lovely wide promenades.

We will stay in the seaside town of Siderno, which has a pleasant boardwalk along the seafront. Our hotel is the moderate *Grand Presidente*, owned by a local family with a long experience of welcoming visitors. It is modern in design and conveniently located on the main route between Catanzaro (the region's capital) and Reggio. The hotel overlooks the Ionian Sea, which is accessible via the hotel's private pedestrian tunnel. The centre of town and its boardwalk are 2 km. away and can be reached by road or a stroll along the beach. Visiting the nearby towns and villages is easily done by public bus.

Facilities of the hotel include a main restaurant, bar, pool with lounge chairs, tennis court and fitness centre.

16 DAYS • 3 DATES IN WINTER 2023

MARCH 6 - 21 MARCH 13 - 28 MARCH 20 - APRIL 4

Guestrooms of the hotel are comfortably furnished with a balcony or terrace. Breakfast, lunch and dinner are included daily, with wine and water served with lunch and dinner (which are "table service" meals). WiFi is complimentary throughout the hotel.

Hospitality is a way of life in Calabria and this tour offers a unique opportunity to engage with the country and its proudly independent people in a personal way, to gain insight into their hearts and minds. We will explore the vibrant markets, visit tiny hilltop villages where time seems to have stood still for centuries, discover typical dishes of the region at a local farm, and enjoy language lessons, folklore and dance performances at our hotel.

Once you've immersed yourself in Calabria you'll no longer be a tourist, but forever regarded as a welcome guest.

*Those joining any of our tours to Europe must be able to walk fairly long distances and climb stairs easily.

Included Excursions in Southern Italy

- 1. We first visit Gioiosa Jonica, a typical village with an open-air market offering local produce. Our next visit today is Mammola, famous for its narrow streets, historic centre and brilliant flower displays.
- 2. A half-day tour to Gerace, called the "tiny Florence" of Calabria for its medieval appearance, many churches and a cathedral dated from 1045.
- 3. A visit to Siderno Antica, a small ancient village, to see how the villagers live and work. We visit private houses and see an exhibition of embroidery making.
- 4. A full-day tour to Reggio Calabria, the area's largest town. Our sightseeing includes the surrounding countryside and a stop to view the Bronzi di Riace at the National Museum.
- 5. A visit to Locri, one of the oldest Magna Grecian cities in southern Italy. The site was established by Greek colonists between 710 - 683 BC. A small museum houses locally excavated finds including Hellenistic pottery and votive statues.
- **6.** A visit to a **local farm** to see the production of olive oil and wine.

HOLIDAY INCLUSIONS

- Flights with Air Canada
- Accommodation as described
- Continental buffet breakfast, lunch and dinner daily, (including 2 special Calabrese dinners with a local musician, and a gala Farewell Dinner). Wine and water included with all lunches and dinners.
- Cultural programme (Italian language lessons, cooking, music, dance, folklore and artisan presentations)
- All Tour Inclusions listed on Page 3

COST (per person, double occupancy, from Toronto) ... \$4397

Single Supplement - \$790.

Montreal or Ottawa - add \$90

Halifax or Winnipeg - add \$190

Calgary - add \$290

Vancouver - add \$490

Edmonton - add \$790



The beautiful island of Sicily is the largest in the Mediterranean and proudly unique from the rest of Italy.

It is rich in culture, customs and tradition as evident in the local art, music, cuisine, architecture and language. It is also one of the most naturally scenic places in Italy with a coastline of pristine sandy beaches, dramatic cliffs and rocky shores with crystal-clear azure waters, while inland is characterized by rolling hills, fruit and olive orchards, ancient villages and archaeological treasures.

We begin with 2 nights in Palermo, followed by 4 nights on the western side of the island in Mazara del Vallo. famous as one of Italy's foremost fishing harbours. Mazara is a diverse, multi-ethnic city where the people are known for their warm hospitality. The area has seen a myriad of rulers (including Arabs and Normans) which is apparent in the great variety of architectural styles.

We then travel to the eastern side of the island for a 6-night stay in the elegant cliff-top resort town of Taormina.

Our tour will also include a sampling of local wines and regional specialties.

14 DAYS • 2 DATES IN WINTER 2023 MARCH 14 - 27 MARCH 21 - APRIL 3

Tour Highlights:

- Palermo's Duomo (Cathedral), Capo Market & Monreale
- The Greek archaeological site of Segesta
- Arab-flavoured town of Mazara Del Vallo
- Boat trip to the island of Mozia
- Historic centre of Marsala with lunch at a winery
- Valley of the Temples in Agrigento
- Cliff-side town of Taormina
- Giardini Naxos seafront boardwalk
- Riviera of the Cyclops and city of Catania
- Sicilian hilltop towns of Savoca and Forza D'Agroas
- The ancient city of Syracuse

*Those participating in any of our tours to Europe must be able to walk fairly long distances and climb stairs easily. Day 1: Departure. We depart for Sicily, with a change of planes in Rome.

Day 2: Palermo. We arrive in Palermo and transfer to our hotel for a 2-night stay.

Day 3: Palermo. We travel to the hill top town of Monreale, renowned for its Arab-flavoured Cathedral covered in mosaics dating back as far as 1194 AD. We then visit the city of Palermo, including the Duomo (Cathedral) and the old town to see the Capo market selling fresh food and artisan products.

Day 4: Segesta / Mazara Del Vallo. Today begins with a visit of Segesta, one of the best preserved and most beautiful Greek archaeological sites. We then enjoy some time in the historical town of Erice, located on top of a mountain 750 meters above sea level and overlooking the city of Trapani. Our included lunch will feature typical Sicilian fare. We then continue to Mazara Del Vallo for a 4-night stay.

Day 5: Mazara Del Vallo. This morning we enjoy a guided visit of the historical centre of town, to see the many Moorish and Norman churches and the beautiful cathedral. We will visit the Museum of the Dancing Satvr to see the famous bronze statue dragged from the sea by a local fisherman and take a stroll in the Kasbah. The afternoon is at leisure.

Day 6: Mazara Del Vallo. A day at leisure to relax at the hotel or explore the area at your own pace.

Day 7: Mozia / Marsala. Today we enjoy a boat ride to the island of Mozia to visit what was once an ancient Phoenician city. We will see the original landscape of the salt marshes, windmills and vineyards. We then see the historic center of Marsala and enjoy lunch at a winery. including a tasting.

Day 8: Agrigento / Taormina. Today we travel to the Valley of the Temples in Agrigento, considered one of the world's largest archaeological parks and one of the most impressive complexes of ancient Greek buildings outside of Greece. A light lunch will be included at a local restaurant before we continue to our hotel in Taormina.

Day 9: Taormina / Giardini Naxos. This morning we begin with a walking tour of the charming cliff-side town of Taormina, followed by some free time to enjoy the spectacular views, elegant gardens, posh cafes and shops of this old-world resort town. We then enjoy a drive along the seafront of Giardini Naxos with some time for a stroll along the boardwalk.

Day 10: Catania / Taormina. Today we tour Catania, with its historical centre and famous fish market. We will have some free time in the main square, the lovely Piazza Duomo and main shopping street before we return to our hotel via a scenic drive along the Riviera of the Cyclops a legendary stretch of coast north of Catania.

Day 11: Godfather Tour / Taormina. We visit the unspoiled and typical Sicilian hilltop towns of Savoca and Forza D'Agroas as seen in Francis Ford Coppola's famous Godfather Trilogy! We will enjoy lunch at a local pizzeria before we return to our hotel for an afternoon at leisure.

Day 12: Syracuse / Taormina. A full day tour to the ancient city of Syracuse on the island of Ortigia. We will visit the archaeological zone to see the Roman Amphitheatre and the Spring of Arethusa Fountain. There will be some free time to enjoy the historical centre.

Day 13: Taormina. A day at leisure to enjoy the lovely clifftop town of Taormina or perhaps take an optional tour to famous Mt. Etna. This evening is our Farewell Dinner.

Day 14: Home. We transfer to the airport for our flight home via Rome.



Blessed with a warm, sunny climate year-round and friendly, hospitable people, the charming island of Malta has been a favourite vacation spot of our travellers for many years.

Located in the heart of the Mediterranean off the coast of Sicily, Malta has played host to a great many cultures - Roman, Greek, Arab and of course British, all leaving their mark on its historic monuments, architecture and ancient sites. There are many areas for you to explore on your own, and there is an extremely efficient and inexpensive bus system that traverses the island, which makes exploring easy and fun. There are many attractions, including the picturesque harbour, the narrow shopping streets of Sliema and colourful craft markets.

We stay at the First Class *Dolmen Hotel,* a seaside resort located in Qawra on the promenade overlooking the Bay of

16 DAYS • MARCH 10 - 25

St. Paul. The small town of Bugibba is just a few minutes walk from the hotel and offers a number of shops, cafes, bars and restaurants. Facilities of the hotel include a variety of restaurants, a lounge and bar, fitness centre with sauna, an indoor heated pool and outdoor pool surrounded by sunning terraces.

Daytime activities offered by the hotel include light aerobics, wellness walks, trivia quizzes and other games. There is live music preformed nightly and a full-service Casino. Guest rooms are comfortably furnished, contemporary in design and all are seaview with a balcony or terrace. WiFi is complimentary throughout the property.

Malta - Included Excursions

- 1. Orientation Walking Tour: An orientation stroll in the area around our resort as well as the town of Bugibba.
- 2. Harbour Cruise: An enjoyable cruise around the Grand Harbour with beautiful views of Valetta.
- 3. Valetta 1: An orientation tour of the capital Valetta, which includes a viewing of The Malta Experience a delightful movie featuring the highlights of the island. We will then visit The Upper Barracca Gardens and St. John's Cathedral.
- 4. Valetta 2: More sightseeing in Valetta, including a visit of the Grand Master's Palace, the Armoury, the National Archaeological Museum and more.
- 5. Malta Grand Island Tour: A full-day tour to take in many of Malta's major historic sites. We visit the catacombs in Rabat, the old medieval walled silent city of Mdina, and the unique Rotunda of Mosta Church. Lunch is included.
- 6. Marsaxlokk: A visit to Malta's largest and most picturesque fishing village. See the vividly painted luzzo (fishing boats) bobbing in the clear blue waters of the harbour. Very symbolic of Malta is the eye of Osiris painted on the bow of the boats to ward off evil at sea. Have a coffee by the harbour while enjoying the unhurried lifestyle of the village.
- 7. Island of Gozo: A full day tour to the island of Gozo, Malta's sister island, which has barely changed in hundreds of years. We will see small farms, churches, a cathedral and the citadel. Lunch is included.

HOLIDAY INCLUSIONS

- Flights with Air Canada and Air Malta (via London).
- First Class seaview accommodation as described
- Full buffet breakfast and dinner daily (wine, water and coffee with all dinners) and 2 lunches
- 7 guided excursions
- A folklore night and talk on Maltese customs and traditions
- All Tour Inclusions listed on Page 3

COST per person, double occupancy, from Toronto or Montreal - \$4997

Single Supplement - \$790

Ottawa - add \$150 (includes round-trip transportation to Trudeau Airport, Montreal)

Halifax, Winnipeg, Calgary or Vancouver - add \$190

Edmonton - add \$390



Join us at the perfect time of year to visit two of the Mediterranean's most interesting and historic islands.

We begin this delightful tour on the incredibly beautiful island of Sicily which is filled with art, archaeology, history, delicious cuisine and famous wines. Sicily was once a Greek colony, a Roman province, an Arab emirate and a Norman kingdom, so today we can enjoy exploring this eclectic history. With a diversified landscape of orange and lemon orchards, lush forests, ancient olive groves, rugged shorelines and crystal blue waters, there is no other place on earth quite like this Mediterranean gem.

After our stay in Sicily we take a flight to Malta. Blessed with a warm, sunny climate year round, friendly people and 7,000 years of intriguing history, Malta is a wonderful vacation destination. The diverse nationalities that have occupied Malta over the centuries have blended to result in a fascinating culture. The narrow meandering streets of the towns and villages are crowded with Renaissance cathedrals and Baroque palaces, and the countryside is dotted with some of the oldest known human structures in

15 DAYS • 2 DATES IN WINTER 2023

MARCH 14 - 28 MARCH 27 - APRIL 10

the world, which is why Malta has often been described as an open-air museum.

In Malta we stay at the First Class *Dolmen Hotel*, located right on the promenade overlooking the Bay of St. Paul. The small town of Buggiba is just a few minutes walk from the hotel and offers a variety of shops, cafes, bars and restaurants. Features of the hotel include restaurants, bar, casino, comfortable lounges, indoor and outdoor swimming pools, sauna, exercise classes and live music on most nights. The comfortable guestrooms have a seaview and are contemporary in design.

*Those participating in any of our tours to Europe must be able to walk fairly long distances and climb stairs easily.

Day 1: Departure. We depart for Palermo, Sicily with a change of planes in Rome.

Day 2: Palermo. We arrive in Palermo and transfer to our hotel for a 2-night stay. The balance of the day is at leisure.

Day 3: Palermo. Today our city tour of Palermo will show us the Old and New quarters, the Cathedral of Monreale a stunning architectural treasure, the theatres of Massimo and Politeama and the Capo Market.

Day 4: Erice / Marsala / Mazara Del Vallo. Our touring of western Sicily continues with a visit of the medieval city of Erice, built an impressive 750 metres above sea level. In the afternoon we visit the ancient seaside town of Marsala, well known for their quality wines. Later we proceed to Mazara Del Vallo for a 2-night stay.

Day 5: Mazara Del Vallo. Today we enjoy a full day tour of Mazara Del Vallo. This is one of Italy's foremost fishing harbours and this region of Sicily boasts one of the most beautiful coastlines in the Mediterranean. Lunch is included at a local winery.

Day 6: Agrigento. We travel inland to the Valley of the Temples in Agrigento, one of the most outstanding examples of Greek architecture, and listed as a Unesco World Heritage Site. Lunch is included before we proceed to the eastern side of Sicily for a 2-night stay.

Day 7: Syracuse. Today we enjoy a full day excursion to the ancient city of Syracuse. Our visit includes the Archaeological Park with its Greek theatre, the Roman Amphitheatre, the island of Ortega and the Spring of Arethusa Fountain.

Day 8: Taormina / Catania / Flight to Malta. This morning we have a walking tour of the charming cliff-side town of Taormina. Then we depart for Catania to visit the historical centre of the city. In the afternoon there will be free time to enjoy one of the many cafes or do some

shopping in the Piazza Duomo. Later we fly to Malta and upon arrival transfer to our hotel situated on the picturesque Bay of St. Paul's, for a 7-night stay in seaview rooms!

Day 9: Bay of St. Paul / Harbour Cruise. Morning at leisure. In the afternoon we will have a welcome orientation followed by a delightful harbour cruise.

Day 10: Valletta. Our city tour of Malta's capital, Valetta will include the Upper Barracca Gardens, St. John's Cathedral, the Grand Master's Palace and a film viewing of "The Malta Experience". The afternoon is at leisure and you may want to take advantage of the user-friendly, inexpensive public bus system that Malta is known for.

Day 11: Gozo. On today's full day excursion we take the short ferry ride to Malta's second largest island. Gozo. Here we visit the sites of Calypso's Cave, the Citadel, Gozo Cathedral, Xlendi Bay and the pre-historic temples. Lunch is included while in Gozo.

Day 12: Senglea / Cospicua / Vittoriosa. Morning at leisure. This afternoon our excursion takes us to "Malta's Three Cities" of Senglea, Cospicua and Vittoriosa. In the evening a local historian will give a talk on Malta and its traditions.

Day 13: Mdina. Our morning excursion to Mdina, Malta's old capital city, includes a visit to the Cathedral and the catacombs in Rabat. We finish at Ta' Qali Crafts Village where you can admire the local artisans at work and find some souvenirs.

Day 14: Bay of St. Paul. A free day to enjoy a stroll along the harbour, visit St. Julian's, see the countryside or try your luck at Sliema's popular casino. This evening will be our Farewell Dinner.

Day 15: Home. We transfer to the airport for our flight home via Rome.



Ancient sun-bleached ruins, stunning blue skies year-round, a scenic mountainous mainland, an endless picturesque coastline, a timeless welcoming culture and some of the world's freshest seafood are just some of the features that have been attracting visitors to Greece since time immemorial.

In the springtime the climate in Greece is mild and pleasant - ideal for walking and exploring. This lively and economical holiday is perfect for those looking for a relaxing vacation with the opportunity to explore some of the towns, villages and historic sites for which Greece is world renowned.

Our hotel for this relaxing holiday is the First Class *Kinetta Beach Hotel & Spa*, which is set on expansive gardens, located on a pebble beach by the sea in Corinthos, approximately 50 kms from Athens and 7 kms from the village of Theodori. Facilities of the hotel include a lounge, bar, gift shop and main restaurant serving

16 DAYS • MARCH 28 - APRIL 12

buffet meals. A special feature of the hotel is their spa facilities, including a sauna, gym, heated indoor pool and various spa treatments available at a nominal cost. There is also an inviting outdoor pool surrounded by deck chairs and lounges. Guest rooms are comfortably furnished with a balcony or patio.

In order to give insight into life in Greece and allow opportunities to meet with the local people, an activity programme will offer Greek language and cooking lessons, folkloric shows, movie nights, visits to a monastery and a vineyard, as well as a series of lectures on mythology, ancient history and modern Greece.

* Those joining any of our tours to Europe must be able to walk fairly long distances and climb stairs easily.

Included Excursions for Greece Seaside Holiday

- 1. Athens. City sightseeing includes Hadrian's Arch, the Temple of Zeus, The Stadium, Tomb of the Unknown Soldier and the former Royal Palace. A highlight will be the Acropolis and the incredible Parthenon. After our included lunch at a restaurant in the city there will be free time to explore the Plaka.
- 2. Cruise. A one-day cruise to the Saronic Islands, including Aegina which was a busy port in antiquity and is now a tranquil resort. We dock at Poros to enjoy a stroll through its enchanting harbour, and then on to another colourful harbour at Hydra. Lunch is aboard.
- 3. Delphi. A full-day tour through the mountains and magnificent scenery to Delphi, once known as the centre of the world. Here we visit the temple of the Greek god Apollo, a beautiful site that evokes the classical past of this area. Those who wish may climb to the top of the theatre for lovely views of the countryside. Lunch today is at a Taverna.
- 4. Countryside Tour and Orientation. We see the Corinth Canal (the world's smallest ocean canal) and surrounding countryside, picturesque villages and towns. A winery visit is included.
- 5. Athens By Night. We drive into Athens to see all the iconic sights beautifully illuminated. A special dinner with wine and a lively folklore show is included.

HOLIDAY INCLUSIONS

- Flights with Air Canada (direct non-stop flights between Toronto and Athens).
- First Class accommodation as described
- Buffet breakfast, lunch and dinner daily, plus afternoon tea (tea. coffee and wine are served with lunch and dinner)
- 5 excursions as described above (optional tours will also be offered)
- Scheduled activity programme as described
- All Tour Inclusions listed on Page 3

COST per person, double occupancy, from Toronto or Ottawa - \$4997

Single Supplement - \$990 Montreal, Halifax, Winnipeg, Calgary or Vancouver - add \$190 Edmonton - add \$490



Located on the southern coast of Spain on the romantic shores of the Mediterranean, the Costa del Sol ("Coast of the Sun") boasts 320 days of sunshine every year, enabling visitors to enjoy miles of sandy beaches in addition to the delightful mix of Spanish culture, fascinating sites and spectacular scenery.

Stretching for miles in both directions is the famous Paseo Maritimo promenade, a popular waterfront boardwalk that begs to be strolled along both day and evening. Kiosks and shops of every description stretch as far as the eye can see, and on the beach, rows of striped sun umbrellas dot the shoreline. You can walk to the centre of Torremolinos - a charming town with a bustling pedestrian-only main street that is home to a myriad of colourful boutiques, cafes and bars.

Our hotel will be the lovely "all-suites" Sol House Costa del Sol located directly on the seafront promenade and famous Carihuela Beach, steps away from the luxurious Puerto Marina with its sleek white yachts and charming sailboats, along with many unique art galleries, shops

• 3 OR 4 WEEKS **DEPARTURES ALL WINTER**

and restaurants. The hotel lobby is beautifully designed with polished marble floors and natural wood décor. There are 5 outdoor seafront pools (one is heated during the winter), an international buffet restaurant and a nightly entertainment program with a variety of live music and shows.

Guest suites feature a large picture window and sliding doors out to a private terrace or balcony (mountain view). There is a separate living area with sofa and bedroom (queen or twin beds), and complementary Wi-Fi. A limited number of upgrades are available to "Puerto Marina Sea View".

Full breakfast, lunch and dinner (with wine and water), plus afternoon tea and coffee, are included daily.

- 1. A full-day tour to **Malaga**, Picasso's birthplace. A special Tapas lunch is included.
 - **2.** A full-day tour to **Granada** and the **Alhambra**.
- **3.** A half-day tour to visit the prehistoric **Nerja Caves** and the mountain village of **Frigiliana**.
 - 4. A half-day coastal tour to the resort areas of Marbella and Puerto Banos.
- 5. A half-day tour to the medieval town of **Antequera** including **Alcazab Castle and Najera Palace**.
- 6. The colourful Fuengirola Saturday Market bargains galore, and the traditional village of Mijas.
 - 7. A Countryside Tour whitewashed villages and a plantation visit.

DATES & COSTS (per person, double occupancy, from Toronto)

3 WEEK TOURS (23 DAYS)

#1. February 2 - 24 ... \$5497

#2. February 16 - March 10 ... \$5497

#3. March 2 - 24 ... \$5497

#4. March 16 - April 7 ... \$5597

#5. March 30 - April 21 ... \$5797

4 WEEK TOURS (30 DAYS)

#1. February 2 - March 3 ... \$6197

#2. February 9 - March 10 ... \$6197

#3. February 23 - March 24 ... \$6297

#4. March 9 - April 7 ... \$6297

#5. March 19 - April 17 ... \$6397

Montreal - deduct \$600 from costs above

Ottawa - deduct \$450 from costs above (with round-trip transportation to Trudeau Airport, Montreal) Winnipeg or Halifax - add \$690

Vancouver, Calgary or Edmonton - add \$890

Passengers from western provinces - for an additional \$99 p.p. double occupancy (\$189 single) you may overnight in Montreal before or after the tour.

Single Supplements 3 week tours - \$990. 4 week tours - \$1350.

<u>Upgrade to "Puerto Marina Seaview"</u> 3 week tours - \$275 per person, double. \$550 single

4 week tours - \$375 per person, double. \$750 single



The region of Spain known as the Costa Blanca ("White Coast") is centered on a large bay ringed with low hills.

The area is quite flat (easy for strolling) and runs along a beautiful stretch of shoreline with long, white, sandy beaches and caves all blessed by the Mediterranean sun and sparkling blue sea. This holiday is based in the resort town of Benidorm in the heart of the Costa Blanca near two great beaches (Levante and Poniente), and fronted by a palm-fringed promenade. This esplanade is an ideal place on which to stroll and perhaps visit the shops and outdoor cafes and bars.

Our hotel in Benidorm is the moderate *Poseidon Resort* which consists of the *Poseidon Hotel* and the *Poseidon Palace*. These two properties are joined by an extensive garden area and swimming pool, ideally situated near shopping, restaurants and Costa Blanca's wonderful inviting beach - the Playa de Levante. Guests may use the facilities of both hotels (except the restaurant) which include a heated indoor pool, an outdoor pool with sun loungers and parasols, a gym and Jacuzzi. There are several bars and lounges, sports activities, games and daily entertainment with shows and live music performances. Guest rooms are simply furnished with

18 DAYS • 2 DATES IN WINTER 2023

FEBRUARY 17 - MARCH 6 MARCH 3 - 20

twin beds, private bathroom, satellite TV, central heating or air conditioning, safety deposit box (optional for a small fee), mini-bar, hair dryer and balcony. WiFi is available throughout the hotel.

All meals are buffet style offering an ample selection and a wide variety of cuisines featuring local specialties. There are live cooking demonstrations and table service for beverages. All-inclusive beverages are available throughout the resort any time you please, and include local wines, beers, spirits and soft drinks.

We will fly via Amsterdam or Paris. In order to make our flight schedule more convenient we will spend our final night in Valencia (Costa Blanca's international gateway).

* Those joining any of our tours to Europe must be able to walk fairly long distances and climb stairs easily.

Included Excursions for Costa Blanca

- 1. Villajoyosa. We visit the coastal village of Villajoyosa where we will enjoy a walking tour of the charming old quarter and see the colourful fisherman's houses along the beach. We will then visit the factory and museum of Chocolates Valor, with a sample of course, before returning to Benidorm.
- 2. **Guadalest.** We visit the old town here, which is a fine example of one of southern Spain's Arab villages, and we'll visit the Belem Museum of Miniatures.
- 3. Novelda and Bodega Winery. An excursion to the city of Novelda, famous for its magnificent vineyards and beautiful marble. We visit the 8th century Arabic-Christian Castle followed by a tour of a wine cellar and a chance to taste the local Alicante wine.
- 4. Elche. We see a palm forest that was planted centuries ago by the Moors. Elche is known today as Spain's palm capital and the palm fronds from here are dried and used in Easter celebrations. We see the surrounding gardens and ruins of the castle in the old quarter of town. Elche is also Spain's shoe producing capital and so we'll visit a shoe factory, where we'll enjoy a local liqueur and see a demonstration.
- 5. Alicante. This town has a delightful palm fringed promenade paved in marble. We see the Santa Barbara Castle, the cathedral and the town hall with its beautiful statue of Saint John made by Salvador Dali. There will be some free time for those who wish to visit the Modern Art Museum.
- 6. North Coast. We tour the Costa Blanca's north coast to see some of the small villages and towns with a visit to the famous Virgin de Loreto's church.
- 7. Murcia. We visit the typical Spanish town of Murcia to see its unique cathedral and also the Orchard Museum. Free time for shopping on the streets and the Corte Ingles.
- 8. Valencia. On the last day of the tour we visit Valencia the third largest city in Spain. Our sightseeing will be in the old quarter and we see the 14th century cathedral, the World Heritage building of Lonja, Plaza Mercado and the beautiful bridges that span the river that runs through the city. We overnight in Valencia before the following morning's flight home.

COST per person, based on double occupancy, from Toronto or Montreal

Depart February 17 - \$4197

Depart March 3 - \$4397

Single Supplement \$790

Ottawa - add \$150 (with round-trip transportation to Trudeau Airport, Montreal)

Vancouver - add \$290

Halifax or Winnipeg - add \$690

Calgary or Edmonton - add \$790



A sunny mild climate, leisurely lifestyle and spectacular scenery are just a few of the reasons why the Spanish island of Majorca is such a popular vacation destination.

The island is known for its stunning coastline, beautiful beaches, sheltered coves with azure waters, limestone mountains and Roman and Moorish remains. There are wonderful historic sites such as the medieval Santa María Cathedral, Moorish Royal Palace and Old Quarter in the capital, Palma. Inland you will find honey-stone villages, old manor estates and old farmhouses surrounded by olive, carob and almond groves. The modern side of the island has yacht marinas, art galleries, modern museums and fashionable boutiques.

Our hotel for this relaxing holiday is the *Hotel Palma Bellver by Melia* situated in the lively city of Palma de Mallorca. Ideally located on the seafront promenade of Palm Bay with lovely views of the marina and famous Cathedral, there are many shops and restaurants nearby, and the charming Santa Catalina district with its popular outdoor cafes, bars and restaurants is within a short walk.

20 DAYS • 2 DATES IN WINTER 2023

FEBRUARY 15 - MARCH 6 MARCH 1 - 20

Facilities of the hotel include a large sundeck, outdoor pool (not heated) and pool bar with beautiful views to relax and unwind. Breakfast and dinners are served in the main international restaurant. Bright, sunny guest rooms are comfortably furnished and include air conditioning, satellite TV channels, room safe, balcony and partial sea view. There is complimentary WiFi throughout the hotel.

Our flights will be with British Airways via London. An overnight in London on the way home is included.

* Those joining any of our tours to Europe must be able to walk fairly long distances and climb stairs easily.

Majorca - Included Excursions

- 1. A half day tour of Palma to discover the history and architecture of the city, including a visit of Castle of Bellver, the Cathedral and the Old Quarter.
- 2. A full day tour to the Port of Pollensa and boat ride to Formentor. We will stop at Mirador de Es Colomer for views of the mountains and sea.
- 3. A full day tour to Valldemosa, where Chopin wrote some of his finest compositions. We will visit the Monastery and Chopin's house before we continue to the Port of Sollera and visit Alfabia Gardens.
- 4. Today we explore the famous Caves of Drachs with their peculiar stalagmites, grottos and the largest underground lake in Europe. We will also visit the charming fishing village of Porto Christo.
- 5. A half-day visit of the colourful local market in the village of Sineau at the very centre of Majorca, typical of the quaint, rural communities that can be found on the island.
- 6. Half day tour to La Granja, a beautiful 10th century mansion surrounded by lush vegetation, beautiful gardens and natural fountains. Greatly valued in Roman times for the vast quantity of water which flowed here, it still has a magnificent natural spring.

HOLIDAY INCLUSIONS

- Flights with British Airways (change in London each way)
- 17 nights First Class hotel in Majorca as described (partial seaview rooms)
- Full breakfast and dinner daily (wine and water with all dinners) while in Majorca
- 1 night First Class hotel in London, including breakfast
- 6 guided excursions
- All Tour Inclusions listed on Page 3

COST

per person, double occupancy, from Toronto or Montreal - \$5997

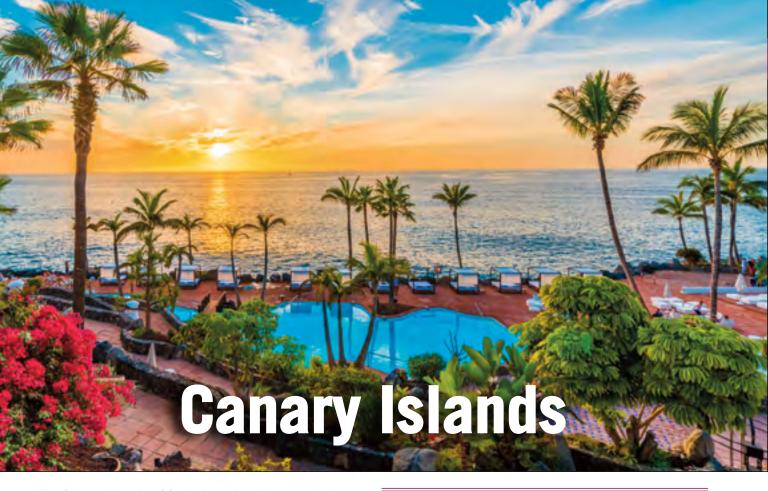
Single Supplement - \$1490

Ottawa - add \$150 (includes round-trip transportation to Trudeau Airport, Montreal)

Vancouver - add \$590

Halifax or Winnipeg - add \$690

Calgary or Edmonton - add \$890



The Canary Islands of Spain have long been a popular holiday destination known for its year-round warm, sunny climate and lovely beaches, but these beautiful islands also boast an extremely varied landscape of dramatic volcanoes, lush pine forests, prehistoric sites, lunar landscapes and Sahara-style sand dunes.

The local "Canarios" are a friendly people made up of a blend of Spanish and South American heritage with a touch of African influence.

We will stay on the largest island of Tenerife with its sandy beaches, cosmopolitan cities, historic towns, small villages, huge expanse of National Park and the highest mountain in Spain - the towering Mount Teide.

Our hotel for this relaxing holiday is the First Class *Hotel Best Semiramis* situated on the north coast of Tenerife in the peaceful area of La Paz, approximately 1.5 km from the center of Puerto de la Cruz and popular Lago Martiánez - an open-air swimming pool complex and leisure park centered around an artificial lake with several islands, gardens, restaurants, bars and terraces. The hotel itself features lovely sub-tropical gardens and

19 DAYS • 5 DATES IN WINTER 2023

FEBRUARY 6 - 24

FEBRUARY 13 - MARCH 3

FEBRUARY 20 - MARCH 10

FEBRUARY 27 - MARCH 17

MARCH 6 - 24

facilities include a main buffet-style restaurant with "show cooking" offering local and international cuisine, a lounge and pool bar, a heated pool, freshwater pool and jacuzzi. There is a fitness centre, full-service spa, gift shop, beauty salon and games room. The spacious and airy guest rooms are all seaview with a balcony or terrace. Several evenings a week there is live music and WiFi is complimentary throughout the hotel.

Due to flight scheduling we will overnight in Dublin on the way home from Tenerife.

* Those joining any of our tours to Europe must be able to walk fairly long distances and climb stairs easily.

Canary Islands - Included Excursions

Please note that many of the attractions we visit require quite a bit of walking.

- 1. Orotava Valley / Los Realejos. We enjoy the panoramic view of the Orotava Valley, and visit La Orotava's Town Hall Square, the Church of La Concepción and Casa de Los Balcones. In Los Realejos we see the Church of Santiago Apóstol then returning along the picturesque north coast.
- 2. National Park Las Canadas del Teide. We drive through lush tropical scenery to Las Canadas National Park one of the world's largest craters. Enjoy spectacular views of volcanic Mount Teide and the "Roque Garcia", rock formations.
- 3. Santa Cruz / Teresitas. We visit the capital of the island the port city of Santa Cruz, which features old-world charm and beautiful parks and gardens. We will see the typical squares and buildings of the city, such as Plaza de España, Church of the Concepcion, Calle la Noria, Cabildo Insular de Tenerife and Auditorium de Tenerife.
- 4. Tacoronte / La Laguna. We visit the colourful and historic Sunday agriculture market in Tacoronte, then visit one of the prettiest towns in Tenerife - La Laguna. Our walking tour of the town takes us to the old town centre with its narrow streets flanked by pastel-hued houses, inviting cafes and quaint shops.
- 5. Icod de los Vinos / Garachico. We visit Icod de los Vinos to see the famous thousand-year old "dragon" tree, then proceed to Garachico - a charming towns in a deep valley flanked by forested slopes and a rocky coastline. We will enjoy the panoramic viewpoint of the town, then continue to El Tanque for an optional camel ride!
- 6. Masca. We take a scenic drive to the mountaintop village of Masca, and enjoy the stunning views of the land and sea, the cliffside buildings and the small local museum. Isolated for centuries, Masca is like stepping back in time.

HOLIDAY INCLUSIONS

- Flights with Aer Lingus
- First Class seaview accommodation as described
- Full buffet breakfast, lunch and dinner daily while in Tenerife (wine and water with all lunches and dinners)
- A "Day Room" in Dublin en route to Tenerife, and an overnight in Dublin on the way home, breakfast included
- 6 half-day guided excursions
- All Tour Inclusions listed on Page 3

COST per person, double occupancy, from Toronto - \$5197

Single Supplement - \$990

Montreal or Ottawa - add \$590

Halifax or Winnipeg - add \$690

Vancouver, Calgary or Edmonton - add \$890



Portugal's southernmost province, the Algarve, offers hundreds of kilometres of golden beaches, plenty of sunshine year-round, stunning coastline vistas, medieval Moorish villages and smiling, friendly people.

On this relaxing holiday we stay in one of the most attractive resort towns in the Algarve - popular Albufeira, with its charming old town, narrow cobblestone streets and white-washed buildings. The lively town square is the ideal place to enjoy the cafes, people watch and shop for local handicrafts. Fisherman's Beach (Praia dos Pescadores) is where all the local fishermen use to bring in their catch in the days before Albufeira had a harbour. Today the beach is an inviting scene of holiday makers strolling the golden sand, bathing in the sun and enjoying the views of the sea and surrounding cliffs.

18 DAYS • FEBRUARY 14 - MARCH 3

Our hotel, the First Class *Vila Gale Cerro Alagoa,* is situated in the modern section of town within a few minutes walk of everything: shops and restaurants, the old quarter of Albufeira as well as Fisherman's Beach. Amenities of our hotel include a heated indoor pool, outdoor pool, fitness centre, jacuzzi and games room. Spacious guest rooms are twin-bedded with a pool view and balcony. Buffet breakfast, lunch, afternoon tea and dinner is included daily while in the Algarve. Local wine, beer, soft drinks and mineral water are served with all lunches and dinners. WiFi is complimentary throughout the hotel.

Following our stay in the Algarve we will travel by coach to Lisbon (with a stop in Evora en route), for a 2-night stay including a city tour and Farewell Dinner.

* Those joining any of our tours to Europe must be able to walk fairly long distances and climb stairs easily.

Included Excursions in Portugal's Algarve

- 1. A tour of the resort town of Albufeira. The Moorish flavour of the town is evident in the architecture and in the labyrinth of narrow streets that lead down the hillside to the central square. A tunnel at the end of the pedestrian-only shopping area brings you to the town's main beach.
- 2. We visit the medieval city of Silves where we see the 12th century Cathedral and visit the Moorish Castle. We then enjoy a scenic drive in the Monchique Mountains, visit the quaint spa in Caldas and stop in Foia for magnificent views from the highest point in the Algarve.
- 3. An excursion to the elegant village of Alte, perhaps the most picturesque of the Algarve, to see the 16th century church and natural hot springs, followed by the authentic village of Salir surrounded by olive and almond trees.
- 4. We explore the historic town of Lagos and the picturesque fishing village of Sagres. Lagos retains many architectural features of its ancient past and several interesting statues of famous figures, while Sagres and Cape St. Vincent offer some the Algarve's most dramatic scenery of serene beaches and sea-carved cliffs.
- 5. A tour of Faro, the provincial capital of the Algarve and thriving university town. We will wander the walled old town with it maze of cobblestone streets, then proceed to the fishing village of Olhao to discover the old port and waterfront.
- **6.** After our stay in the Algarve we will depart for **Evora** one of Portugal's most beautifully preserved medieval towns, for a walking tour and lunch, then continue to Lisbon.
- 7. A city tour of Lisbon. We will see St. George's Castle overlooking the city, followed by a stroll in the Baixa district the heart of Lisbon. We continue to Belem to see the Tower, the Monument to the Discoveries, Jeronimo's Monastery and sample the famous custard tarts "pasteis de Belem".

HOLIDAY INCLUSIONS

- Flights with Air Transat
- First Class hotels (includes early check-in upon arrival)
- Full buffet breakfast, lunch and dinner daily while in Portugal (except for one lunch while in Lisbon) - tea and cookies are served each day at 4 p.m. There is also 24-hour room service.
- Beverage service as described local wine, beer, soft drinks and mineral water with lunch and dinner
 - 7 half-day excursions as described above
 - All Tour Inclusions listed on Page 3

COST per person, double occupancy, from Toronto or Montreal - \$5297

Single Supplement - \$990

Ottawa - add \$150 (including round-trip transportation to Trudeau Airport, Montreal)

Halifax or Winnipeg - add \$690. Vancouver, Edmonton or Calgary - add \$890.



Cascais and the Algarve. Many excursions included!

Castles, history, sunshine, beaches, beautiful scenery, seafood, and above all the friendly people, are some of the features that make Portugal a perfect winter destination.

The Algarve is a wonderful resort region deep in the south of Portugal with much more to offer than its golden sand beaches and warm climate. We will stay in the lively town of Albufeira, a perfect base for exploring the surrounding Moorish towns, charming fishing villages, historic castles and churches, mountain views and spectacular cliff-edge vistas of the Atlantic Ocean, Albufeira is one of the most popular towns of the Algarve with picturesque whitewashed buildings, a main central square, cobblestone streets and plenty of shops and cafes to enjoy.

Our hotel in the Algarve for our 8-night stay is the Vila Gale Cerro Alagoa, within walking distance of the town centre, beach, shops and restaurants. Facilities of the hotel include a buffet restaurant, pub, outdoor pool, fitness centre with an indoor heated pool, jacuzzi, games room and complimentary WiFi. Spacious guest rooms are twin-bedded with a pool-view balcony.

18 DAYS • 3 DATES IN WINTER 2023

FEBRUARY 21 - MARCH 10 FEBRUARY 28 - MARCH 17 MARCH 14 - 31

We then travel to Cascais in the north, stopping for a visit of the beautiful historic city of Evora en route. Once a quaint fishing village, Cascais is now a sought-after resort area on the Estoril coast, just outside of Lisbon. The harbour and square are popular for people-watching and seeing the fishing boats come in with their catch. The main square is pedestrian-only with many outdoor restaurants, cafes and shops.

We will stay 8 nights at the *Hotel Vila Gale Cascais*, a short walk from the town centre. Facilities of the hotel include a restaurant serving buffet meals with a livecooking station, 2 bars, health club and delightful gardens with an outdoor swimming pool. Modern guest rooms all feature a lovely sea view and free WiFi.

* Those joining any of our tours to Europe must be able to walk fairly long distances and climb stairs easily.

Included Excursions for Portugal 2-Centre Holiday

- 1. Santa Maria Coast. Faro capital of the Algarve, the typical Moorish fishing village of Olhao, and Tavira with its medievel castle and famous 4th century Roman bridge.
- **2. Monchique Mountains**. We begin with a visit to Silves, the old Moorish capital of the Algarve, to see the cathedral and visit the castle. Then on to the wonderful panoramic views from Foia, the highest point in southern Portugal.
- 3. Lagos and Sagres. Lagos is known for its beautiful church and castle walls. Sagres is where Portuguese explorers learned their navigation skills. We also visit Cape St. Vincent - the westernmost point in Europe.
- **4. Evora.** On the day we transfer from the Algarve to Cascais we visit Evora en route. Portugal's Golden Age lives on in this beautiful, historic city. On our walking tour we see the Roman temple and wall, the Gothic Cathedral, the Aqueduct and its fountains. This historic centre is on UNESCO's Heritage List. Lunch is included today.
- 5. Quelez, Sintra, Cascais and Estoril. We begin with a visit of the magnificent royal palace in Queluz, the country's finest example of Rococo architecture. Then we take a short walk in the old city centre of Sintra (a UNESCO World Heritage Site), stop at the seaside town of Cascais and drive along the coast back to Estoril to see the famous casino and gardens.
- 6. Lisbon. On our panoramic tour of the country's capital city we see St. George's Castle overlooking the city, followed by a stroll in the Baixa district - considered the heart of Lisbon. Then we will enjoy the scene along Rua Augusta - a lively pedestrian street with mosaic pavement, outdoor cafes, international shops and the occasional street artist and peddler. We continue to Belem to see the Tower, the Monument to the Discoveries and Jeronimo's Monastery before sampling the famous custard tarts - "pasteis de Belem".
- 7. Obidos, Nazare and Fatima. A full-day tour to the medieval town of Obidos, the fishing village of Nazare, and Fatima - home to one of the most important catholic shrines in the world (dedicated to the Virgin Mary).

COST per person, double occupancy, from Toronto or Montreal ... \$5297

Single Supplement - \$990

Ottawa - add \$150 (includes round-trip transportation to Trudeau Airport, Montreal)

Winnipeg or Halifax - add \$690

Vancouver, Edmonton or Calgary - add \$890



HOLIDAY INCLUSIONS:

- Flights with TAP Air Portugal
- First Class hotels
- Buffet breakfast, lunch and dinner daily (except for 2 lunches on touring days). Wine, water and beer included with all lunches and dinners
- Daily afternoon tea/coffee
- 10 guided excursions as described
- All Tour Inclusions listed on Page 3

This holiday to Spain's Costa del Sol and Portugal's Algarve will suit those who want to explore both countries while enjoying a relaxing vacation.

In Costa del Sol we stay 9 nights at the lovely seaside resort town of Torremolinos situated on the inviting Mediterranean Sea. Our hotel here will be the lovely "allsuites" Sol House Costa del Sol located directly on the seafront promenade and famous Carihuela Beach, steps away from the luxurious Puerto Marina with its sleek white yachts and charming sailboats, along with many unique art galleries, shops and restaurants. The hotel lobby is beautifully designed with polished marble floors and natural wood décor. There are 5 outdoor seafront pools (one is heated during the winter), an international buffet restaurant and a nightly entertainment program with a variety of live music and shows. Guest suites feature a large picture window and sliding doors out to a private terrace or balcony. There is a separate living area with sofa and bedroom (queen or twin beds), and complementary Wi-Fi.

After our stay in the Costa del Sol we transfer by coach to the Algarve region in Portugal, enjoying en route a sightseeing tour of the historic Spanish city of Seville. In the Algarve we stay 9 nights in the popular resort town of Albufeira, one of the most picturesque areas of

21 DAYS • 5 DATES IN WINTER 2023

FEBRUARY 15 - MARCH 7 FEBRUARY 22 - MARCH 14

MARCH 1 - 21

MARCH 8 - 28

MARCH 15 - APRIL 4

the Algarve with a sandy beach that stretches for miles, azure waters and impressive cliffs and rock formations. Our hotel here is the First Class Vila Gale Cerro Alagoa. located within a 5-minute walk from the town centre and the beach. Facilities of the hotel include a restaurant, bar, outdoor pool, fitness centre with an indoor heated pool, jacuzzi and a games room with billiards and card tables. Guest rooms are simply furnished and all have a balcony. Wine, beer, soft drinks and water are included with lunches and dinners.

After our stay in Albufeira we enjoy a scenic drive to Lisbon where we enjoy a city sightseeing tour, our Farewell Dinner and overnight in a centrally located hotel.

*Those joining any of our tours to Europe must be able to walk fairly long distances and climb stairs easily.

Included Excursions in Spain & Portugal

WHILE IN SPAIN

- **1. MALAGA** (Half day tour). Our tour of the modern yet historic port city of Malaga, Picasso's birthplace, will include "Gibralfaro" an old Arab Fortress offering fantastic views over the city and the Mediterranean. We will also visit the Cathedral one of the best examples of Spanish Renaissance architecture.
- **2. MIJAS** (Half day tour). Situated in the foothills of the Sierra de Mijas, this picturesque village is known as the "Essence of Andalusia" for its white houses, windows full of flowers and narrow streets. During our walking tour we will see the Shrine of the "Virgen de la Peña", the Parish Church, the Bullring and the Auditorium.
- **3. ALFARNATEJO** (Full day tour with lunch). A tour through the olive oil route to see the largest and oldest olive groves in the region. We visit a rural oil production plant to sample different varieties before continuing to the charming mountain village of Alfarnatejo. A special lunch with a local family showcases the world renowned gastronomy of the regionU
- **4. MARBELLA and PUERTO BANUS** (Half day tour). We visit the well preserved Old Town of Marbella, with its iconic white streets and flowered balconies. The Castle here is the only local structure remaining from the Muslim period. Then on to the marina of Puerto Banus popular with international celebrities and harbouring some of the world's most luxurious ships.
- **5. SEVILLE** (Transfer day). Known for its impressive monumental heritage, Seville boasts beautiful gardens at Maria Luisa Park, the Plaza de España and the typical, delightful district of "Santa Cruz" (the former Jewish Quarter). We also see the 15th century Cathedral, the largest Gothic Church in Christendom, with its magnificent chancel, carvings and paintings.

WHILE IN PORTUGAL

- 1. ALTE and SALIR (Half day tour). We visit elegant Alte a typical Algarve village of whitewashed houses with lattice work, handcrafted chimneys and narrow, cobbled streets nestling in the foothills of the Serra do Caldeirão. There are many little cafes in which to relax and soak up the tranquility of the village. We then step back in time as we travel to Salir where a white row of charming houses are surrounded by the typical Algarve Carob, olive and almond orchards.
- 2. LAGOS and SAGRES (Full day tour). Lagos still has many architectural signs of its ancient past, with one of the buildings dating back to 1445 and recorded as Europe's first slave market. After some time here we visit Sagres and nearby Cape St. Vincent the most southwestern point of Europe. The lighthouse here provides safety for the many ships that pass the Cape. The surrounding cliffs provide a dramatic backdrop with their sheer height and the constant pounding of the ocean.
- **3. FARO and OLHAO** (Half day tour). The provincial capital of the Algarve, Faro is a thriving university town with a maze of twisting lanes and a lovely marina. Olhao is the Algarve's main fishing port and we will see the town centre, charming waterfront and visit the municipal market (mercado) with its display of an exceptional variety of seafood.
- **4. SILVES and MONCHIQUE MOUNTAINS.** Silves, located in one of Portugal's best citrus growing areas, was historically the most fought over place in the Algarve. Its 1000-year-old sandstone castle is the best preserved Moorish castle in Portugal. After our visit we drive to Foia the highest point in the Algarve, with beautiful panoramic views.
- **5. LISBON CITY TOUR** (Half day upon arrival from the Algarve the day before we return home). The capital of Portugal is a legendary city with over 20 centuries of history. On our city tour we will see St. George's Castle with its panoramic views over the city, Jeronimos Monastery, Tower of Belem, Monument to the Discoveries and more.

COST per person, from Toronto \$5997		
Single Supplement - \$990		
Ottawa or Montreal - add \$590.	Winnipeg or Halifax - add \$690.	Vancouver, Calgary or Edmonton - add \$890



- All Tour Inclusions listed on Page 3
- per person, double occupancy,
- Single Supplement \$1190
- Ottawa or Montreal add \$590
- Halifax or Winnipeg add \$690

On this holiday we visit many of the great cities and sightseeing highlights of Spain and Portugal, with time to enjoy the seaside, sunshine and relaxation offered by each country's prime resort areas.

First, we discover the magic of Spain including the parks and gardens of Madrid, the Gothic Cathedral of Cordoba, the amazing Alhambra Palace in Granada, the British colony of Gibraltar, the lovely mountain town of Ronda and the lively atmosphere of Spain's old capital, Seville. We also enjoy some relaxation in Torremolinos, Spain's most popular Mediterranean resort.

In Portugal we discover why visitors return again and again. We see the magnificent coastal scenery of the Algarve, the gentle Monchique mountains, old churches, castles and cathedrals, picturesque fishing villages, olive groves and vineyards. We spend some time in Evora, one of Portugal's most beautiful and historic cities, before finishing with the historic old capital, Lisbon.

* Those joining any of our tours to Europe must be able to walk fairly long distances and climb stairs easily.

18 DAYS • 3 DATES IN 2023 MARCH 8 - 25 MARCH 15 - APRIL 1

MARCH 30 - APRIL 16

Tour Highlights:

- Madrid's old guarter and Royal Palace
- The walled city of Toledo
- Cordoba's unique Mosque-Cathedral / Jewish Quarter
- The famous Alhambra Palace in Granada
- Gibraltar, commonly known as the "The Rock"
- Mountain-top Ronda with its incredible bridges
- The romantic city of Seville
- Algarve's charming villages of Alte, Lagos and Sagres
- Monchique Mountains panoramic views
- The beautifully preserved medieval town of Evora
- Lisbon, the hilly coastal capital of Portugal

- Day 1: Depart. We depart for Madrid, via Lisbon.
- Day 2: Madrid. We arrive in Madrid and transfer to our hotel. This evening is our Welcome Dinner.
- Day 3: Madrid. On our morning city sightseeing tour we start at the Puerto Del Sol old quarter, with its narrow winding streets, numerous bars and cafes, colourful squares, churches and historic monuments. We will also see the Royal Palace and the Cervantes Monument. Afternoon at leisure to further explore this lively capital. Tonight we enjoy a Tapas dinner - a specialty of Spain.
- Day 4: Toledo. Today we travel to the walled city of Toledo. Here we see the Gothic cathedral, centuries old synagogue and the Church of Saint Tome with its El Greco paintings. This small charming city is delightful for strolling.
- Day 5: Cordoba. We proceed to Cordoba. After arrival, the balance of the day is at leisure.
- Day 6: Cordoba / Granada. On our tour of Cordoba we see the magnificent 8th century mosque supported by hundreds of columns of marble and onvx, and illuminated by 4.000 bronze and copper lamps. Around the mosque are the tiny shops and historic buildings of the old Jewish quarter. After our tour we drive through the Andalusian countryside, enjoying the spectacular views of the Sierra Nevada Mountains, to Granada.
- Day 7: Granada / Torremolinos (Costa Del Sol). In Granada this morning we visit the famous Alhambra Palace, Spain's most beautiful Moorish building and former residence of Moorish Kings. It has imposing towers and halls, rooms decorated with lace-like carvings, coloured tiles and gold mosaics. The exterior has courtyards with fountains and lush gardens. It is unparalleled in Europe. After our tour we continue on to the lively resort town of Torremolinos.
- Day 8: Torremolinos. At leisure to enjoy the sun, beach and the lively boardwalk along the Mediterranean Sea.
- Day 9: Gibraltar / Torremolinos. We take an excursion to Gibraltar. "The Rock", as it is commonly called, remains very British. We will see St. Michael's Cave, the Ape's Cave and more. During our free time you may want to enjoy a pint in a typical English pub before returning to Torremolinos.

- Day 10: Torremolinos. At leisure.
- Day 11: Ronda / Seville. This morning we visit Ronda, which has an unforgettable setting - perched over a rocky 300' deep ravine spanned by three bridges. We see the oldest bullring in Spain, the gardens and the church, which was once a mosque. We continue to the beautiful and lively city of Seville.
- Day 12: Seville / Algarve (Portugal). The romantic city of Seville was influenced by the Moors who occupied the area for 700 years. A fine example of their heritage is the Giralda Tower. We also see the Alcazar, Gothic Cathedral and the fountains of Maria Lusia Park. Later we enter Portugal and head for the country's famed coastal area. the Algarve, which features sandy beaches that stretch for miles, impressive cliffs and rock formations. We will stay 4 nights in the lively resort of Albufeira. During our stay here we will enjoy 3 half-day excursions.
- Day 13: Lagos and Sagres. We begin in Lagos where we see the beautiful church and castle walls. Then we proceed to Sagres, where Portuguese explorers learned their navigational skills. We finish off in Cape St. Vincent - the westernmost point in Europe.
- Day 14: Monchique Mountains. We visit the old Moorish capital of Silves, and then Foia for panoramic views from the highest point in southern Portugal.
- Day 15: Typical Moorish Villages. Our first stop today is Alte - considered the Algarve's most picturesque village. We will stroll the narrow flowery streets and see the 16th-century church. There are several natural hot springs here. Later we will stop at some other quiet hill towns and villages in the region.
- Day 16: Evora / Lisbon. We proceed to Evora (a UNESCO World Heritage City) - a beautiful city where Portugal's Golden Age lives on. Our walking tour takes in the Roman Temple and wall, the Gothic Cathedral, the Aqueduct and its fountains. After our tour we continue to Lisbon.
- Day 17: Lisbon. On our morning city tour we see the old quarter, Jeronimos Monastery, Belem Tower and the monument to Henry the Navigator. Afternoon at leisure, followed by our Farewell Dinner.
- Day 18: Home. We fly home to Canada, direct from Lisbon.



Israel is a small country, with the sea on one side and the desert on the other, but never has such a small place meant so much to so many.

To millions of Jews, Christians and Muslims this is the Holy Land where King David ruled, Jesus died and Muhammad visited. As we visit places we've heard about all our lives, and see the ruins scattered throughout the country by the Greeks, Romans, Crusaders and Turks, we will be thrilled by the depth of history we encounter.

Israel today is a modern, progressive country where English is spoken everywhere. The warm, friendly people have come to Israel from over 100 countries, producing a potpourri of custom and dress that is reflected in the panorama of everyday life.

These diverse cultures and beliefs co-exist in a land full of scenic contrasts. There are mountains, subtropical valleys, lovely beaches, fertile farmland and arid deserts. Furthermore, everywhere you look there is the abundance of flowers that Israel is renowned for.

14 DAYS • MARCH 13 - 26

A highlight of our visit here will be the Golden City of Jerusalem, sacred to Christians, Jews and Muslims alike. With all of the excavations of the past few years, the City of Peace has never looked more awe-inspiring.

We will also spend time in vibrant Tel Aviv, the beautiful Golan Heights and Sea of Galilee, mystic Safed, historic Nazareth and Bethlehem, dramatic cliff-top Masada and the buoyant Dead Sea. Also included in our tour will be some unique experiences to connect with the local people and various cultures as we enjoy a home-hosted family dinner in Jerusalem, take part in Bedouin hospitality and see a lively folklore show.

*Those participating in any of our tours to the Middle East must be able to walk fairly long distances.

Itinerary for Israel - The Holy Land

Day 1: Depart. We depart for Tel Aviv on our direct non-stop flight from Toronto.

Day 2: Tel Aviv. We arrive in Tel Aviv and proceed on a brief orientation of the city with a stop at Sarona Market. The rest of the day is at leisure until this evening's Welcome Dinner.

Day 3: Caesarea. Today we explore Caesarea, the Roman capital of Judea for 600 years and now an important archaeological site, where we see the remains of the Roman Amphitheatre, aqueduct, hippodrome and the Crusader's City. There will be time to stroll the promenade or relax in one of the many beachfront cafes.

Day 4: Haifa / Acre / Galilee. We depart for Haifa -Israel's largest port, where we stop for a view of the famous Bahai Gardens and Shrine, and the Carmelite Church of Stella Maris where the prophet Elisha is said to be buried. We continue to the picturesque old city of Acre before arriving in Galilee for a 3-night stay.

Day 5: Sea of Galilee / Capernaum / Galilee. We take a boat ride on the Sea of Galilee and see the Mount of Beatitudes, where Jesus delivered three important speeches. We stop at Capernaum where Jesus stayed during his ministry, and Tabgha to visit the church, mosaics and site of the "bread and fishes" miracle. This evening we will see (and participate in) a cultural dance demonstration.

Day 6: Golan Heights / Galilee. Today we ascend Mount Bental for a panoramic view of the Golan Heights. We will visit the city of Qazrin, enjoy a wine tasting at the Golan Heights Winery and visit the modern olive oil mill to learn about skin care products made of this Mediterranean culinary staple.

Day 7: Nazareth / Jerusalem. Our first stop is Nazareth (where Jesus spent his boyhood) to visit the Basilica of the Annunciation and Joseph's Workshop. We then proceed to Jerusalem for a 4-night stay.

Day 8: Jerusalem. Our tour of Jerusalem's Old City begins at the Mount of Olives for spectacular views over the city. We visit the Garden of Gethsemane, Church of All Nations, Mt. Zion to see the room of The Last Supper, and Tomb of King David. We will walk through the winding streets to David's Tower, the Church of the Holy Sepulchre, the

"Wailing Wall" and the Via Dolorosa (His path to the crucifixion). There will be free time to shop in the Old City bazaars or relax at one of the many coffee houses. This evening, we enjoy a home hosted dinner with a local Jewish family.

Day 9: Bethlehem / Jerusalem. We first visit Bethlehem and the Church of the Nativity where pilgrims have come for centuries. Then we visit the Israel Museum and the Shrine of the Book that houses the Dead Sea Scrolls.

Day 10: Jerusalem. Further touring of Jerusalem brings us to the Hadassah complex to view the impressive Chagall Windows. We then continue to visit Yad Vashem, Israel's Holocaust memorial and museum, where we will walk along the Avenue of the Righteous and see the Children's Pavilion. On the way back to the hotel we will drive through the Mea Shearim for a glimpse of the ultraorthodox area.

Day 11: Massada / Dead Sea. We drive through the Jordan valley to the Dead Sea, passing Qumran where the Dead Sea Scrolls were found, and follow the shores of the Dead Sea to Masada. It was here at the site of Herod the Great's Palace that the Jewish Zealots held off the Roman army for three years before committing mass suicide. We ascend by cable car to tour the ruins and take in the breathtaking views. After our visit we continue to our Dead Sea hotel for a relaxing dip and perhaps a regenerative mud bath!

Day 12: Ramon Crater / Bedouin Hospitality / Tel Aviv.

We first stop at the huge and beautiful Ramon Crater - a unique geological formation. Then we enjoy Bedouin hospitably with a hosted lunch and a chance to learn more about this unique desert-dwelling Arab tribe. An optional camel ride is available, before we continue to Tel Aviv.

Day 13: Jaffa / Tel Aviv. This morning we visit old Jaffa for a walk through the ancient streets, the restored artist's quarter, the central plaza and the Franciscan Monastery of St. Peter. Our afternoon city tour shows us modern Tel Aviv and its lovely seafront promenade. Included is a visit of the Museum of Diaspora - a multi-media depiction of the history of the Jewish people. Tonight is our Farewell Dinner.

Day 14: Home. We transfer to the airport for our direct, non-stop flight back to Canada.



On this tour we journey through ancient history and experience the fascinating culture of Egypt.

With some of the most enduring historical monuments on earth, we start our Egyptian adventure in Cairo (City of a Thousand Minarets) - a fascinating blend of ancient and modern. Nearby is one of the Seven Wonders of the Ancient World, the Pyramids. As you will see however, Cairo has a lot more to offer - grand mosques, bustling bazaars and plenty of ancient landmarks around every turn.

After Cairo we will glide back in time to the "Land of the Pharaohs" on our unforgettable Nile cruise, and see the vast collection of temples and tombs that serve as an eternal museum for the world's oldest civilization. The cruise takes us to Aswan, Edfu, Kom Ombo, Luxor and the Valley of the Kings and Queens, while experiencing the renowned Egyptian hospitality.

We will cruise in the comfort of our First Class riverboat the MS Blue Shadow (or similar), a ship specifically built for Nile cruising. Cabins have a window, private bathroom with shower and air-conditioning. Amenities on board include entertainment, a lounge bar, gift shop, a swimming pool and pool bar. All shore excursions are included, and a trained Egyptologist will accompany us to each site.

16 DAYS • 2 DATES IN WINTER 2023

MARCH 8 - 23

Tour Highlights:

- Visit the Great Pyramids of Giza & the mighty Sphinx
- Touring in Cairo including a guided tour of the Egyptian Museum of Antiquities
- Visit the famous Khan El Khalili Bazaar
- Sail in a felucca across the Nile
- Visit the Valley of the Kings to see the tombs of Tut Ankh Amun and Ramses VI
- The Temple of Karnak, Luxor, Queen Hatshepsut and th e Colossi of Memnon in Luxor
- Visit the High Dam and Unfinished Obelisk in Aswan
- The Ramses II statue & Alabaster Sphinx in Memphis
- * Those joining our tours to the MIddle East must be able to walk fairly long distances and climb stairs easily.

FEBRUARY 15 - MARCH 2

Itinerary for Wonders of Ancient Egypt

- Day 1: Departure. We depart for Cairo, via London.
- Day 2: Cairo. We arrive in Cairo and transfer to our centrally located hotel. The balance of the day is free until our Welcome Dinner this evening.
- Day 3: The Pyramids / Cairo. This morning we travel to Giza where, overlooking the Nile Valley and Cairo, we visit the 3 Great Pyramids - one of the Seven Wonders of the Ancient World, and the Great Sphinx - a colossal lion with a Pharoh's head. Enjoy free time in the afternoon.
- Day 4: Cairo. Our tour of Cairo begins with the worldfamous Egyptian Museum, including the fabulous collection of Pharaonic antiquities, especially the golden treasures of the Tut Ankh Amun Exhibit. Our sightseeing of Old Cairo continues with a visit of the Alabaster Mosque and the Great Citadel. Built by Saladin, rising majestically over the city the mosque offers a panoramic view of Cairo and the Nile. We visit the Church of Abu Serga, Moallaga Church (Hanging Church) and the Ben Ezra Synagogue the oldest Jewish synagogue in Egypt.
- Day 5: Nile Cruise / Luxor / Karnak. We fly to Luxor and board our cruise boat for a 7-night cruise. After lunch we'll visit the most impressive of all temples - Karnak, and see the Great Temple of Amon, the Hypostyle Hall, the Obelisk of Queen Hatshepsut, the Granite Scara of Amenophis II, Sacred Lake and many shrines. Then at the Temple of Luxor we see the granite statue of Ramses II and the many halls and pillars that make up this beautiful temple.
- Day 6: Luxor / Edfu. Our sightseeing of Luxor continues in the West Bank (Thebes) where there are some of the richest treasures in the world, including the tomb of Tut Ankh Amun and other royal tombs including Ramses VI in the Valley of the Kings. We continue to visit Hatshepsut's funerary temple at Dier El Bahari and the Colossi of Memnon. We sail to Edfu via the locks of Esna.
- Day 7: Edfu / Kom Ombo / Aswan. This morning we visit the ancient, yet remarkably intact, Temple of Horus. Horus (the Sun God) is always pictured as a man with a falcon's head, often with a solar disk. We sail to Kom Ombo where we visit the Sobek Temple, dedicated to two gods: Haroeris, a hawk-headed god and Sobek, the crocodile god. In order not to offend either, a twin shrine was built on a hill overlooking the Nile. We continue on to Aswan.

- Day 8: Aswan. In Aswan, the Nile parts into many arms divided by immense granite rocks and islands, particularly the island of Elephantine. There is only a small area of fertile land producing what are considered the finest dates in all of Egypt. We visit the Temple of Philae, dedicated to Goddess Isis and the High Dam. In the afternoon, we sail in a felucca to view Kitchener's Island. the Botanical Garden and the Aga Khan mausoleum.
- Day 9: Aswan. Our boat stays docked in Aswan for a day at leisure. You may further explore Aswan on your own, join an optional tour to the majestic Abu Simbel or stay onboard and relax on the sundeck.
- Day 10: Aswan / Kom Ombo / Edfu. We sail via Kom Ombo to Edfu again passing through the locks of Esna, cruising past small desert villages where life goes on much as it has for thousands of years. See camels, water buffalo and donkeys at work on the small farms.
- Day 11: Edfu / Luxor. A free morning in Edfu before we sail back to Luxor. After all the sightseeing over the past several days, some time at leisure will be most welcome.
- Day 12: Cairo. We disembark our ship and fly back to Cairo. The rest of the day is at leisure.
- Day 13: Memphis / Sakkara / Cairo. This morning we drive past small villages to visit the towns of Memphis and Sakkara. The highlight will be the Step Pyramids of King Zoser - the oldest stone building in the world. Lunch will be included at a local restaurant. The afternoon will be at leisure, perhaps for some last-minute shopping. This evening is our Farewell Dinner.
- Day 14: Cairo. This morning we visit "paradise within the heart of Cairo" also known as Al Azhar Park, for a stroll in its famous gardens. Then we'll relax in a traditional Egyptian wooden boat (felucca) for a leisurely sail on the Nile. After lunch we'll stop in Khan El Khalilii Bazaar, rich in silks and carpets, where craftsmen use age-old traditions in creating their wares.
- Day 15: Cairo. At leisure in this amazing city. There is much to do and see, and your Tour Manager will be on hand with suggestions. Tonight is our Farewell Dinner.
- Day 16: Home. We fly home to Canada, via London.



The ancient kingdom of Morocco is where Africa meets Europe, and so it has long been known as "the Gateway to Africa". It is a land of cultural and scenic contrasts with exotic old-world charm that delights every visitor.

The Moroccan people, famous for their hospitality, are a mix of Arab and Berber, and their rich culture lives on in their dress, food, customs and festivities. The best place for people watching is the markets, where the shopping is colourful in both the wares available and also the crowds in the local bazaars with acrobats, snake charmers, water sellers and the occasional camel vying for your attention.

On our tour we will see medieval walled cities rich in culture and history, with palaces, mosques and local markets. The wonderful scenery along the way includes snow-capped mountain peaks, deserts with sand dunes and beautiful fertile valleys.

So join us and discover why Morocco has been attracting so many visitors for so many centuries.

* This tour is suitable only for the fit and active traveller.

16 DAYS • 3 DATES IN WINTER 2023

FEBRUARY 13 - 28 MARCH 10 - 25

Tour Highlights:

- Romantic Casablanca
- Imperial Marrakech and its famous traditional market
- Spiritual Fez UNESCO World Heritage Site
- Hassan II Mosque 3rd Largest Mosque in the world
- Chefchaouen, known as the "Blue City"
- Voulubilis a UNESCO World Heritage Site
- Merzouga and its famous sand dunes
- Kasbah of Ait Ben Haddou, a 16th Century UNESCO World Heritage Site
- Tichka Pass Morocco's highest pass with breathtaking views of the High Atlas Mountains

FEBRUARY 27 - MARCH 14

Day 1: Departure. We depart for Casablanca, via Montreal.

Day 2: Casablanca. We arrive in Casablanca and transfer to our hotel. The rest of the day is free.

Day 3: Casablanca / Rabat. Our tour of Casablanca, Morocco's largest city, begins at the old Medina - a labyrinth of streets, barbers, butchers, ironmongers and grocers. Nearby is majestic Mohammed V Square with its combination of French and Moorish architecture. We also see the Royal Palace and the famous Hassan II Mosque situated directly on the ocean - the world's third largest mosque. Then we proceed to Morocco's capital - Rabat, the seat of the Royal Family and home to many palaces and mosques. Our city tour will show us the imposing exterior of the Royal Palace official residence of King Mohamed VI, the Royal Mausoleum of Sultan Mohammed V - the man who led Morocco to independence, and the exquisite Hassan Tower.

Day 4: Tangier. We depart for Tangier, a cosmopolitan city combining all of its historical inhabitants - Phoenician. Romans, Vandals, Berbers, Arabs, Portuguese, Spanish, British and French. Our tour of the old city shows us the crowded Souks where traditional products are made and sold, then through the archway to the walled Medina - a medieval world of narrow lanes leading to the lively bazaars.

Day 5: Chefchaouen / Meknes. We proceed to the mountain city of Chefchaouen, known as the "Blue City". It is famous for the old Medina, houses with blue doors, wrought iron windows and tile roofs. The local markets are animated with traditionally dressed locals and colourful goods. After our tour we continue to Meknes.

Day 6: Meknes / Volubilis / Fez. Like a mirage looming up out of the rock in the countryside, the former royal city of Meknes is yet another unexpected delight of Morocco. This beautiful city has old city walls, monumental gates and palatial ruins. We visit the city walls, the Royal stables and the intricate Bab Al Mansour Gates. We then visit the remarkable ancient Roman ruin of Volubilis (a UNESCO World Heritage Site) before proceeding to Fez.

Day 7: Fez. A maze of stone and marble surrounded by orchards, Fez is the spiritual centre of Morocco. The old town's maze of alleys, houses and shops sit in the shadow of the mosque's minarets. From their workshops in the back alleys potters, charcoal burners, goldsmiths and weavers still practice their ancient trades. The Jewish Quarter here has long had a reputation for producing the finest ironwork in the country. On our full-day tour you will see the Medina

(a UNESCO World Heritage site), the Najjarine Fountain, the Moulay Idriss Mausoleum, the Karaouine Mosque and more.

Day 8: Erfoud. We travel to the town of Erfoud, built by the French and known for its red sand buildings that contrast with the surrounding desert. We stop in Midelt in the Atlas Mountains with wonderful landscape views.

Day 9: Merzouga / Boulmane. An optional tour to ride a camel over the the sand dunes at sunrise will be offered. We proceed to Merzouga and see its famous sand dunes, some of which are 160 metres high. Then we continue to Boulmane, en-route visiting the magnificent Todgha Canyons and marvel at the carved out cliff-sided canyons with sheer rock walls.

Day 10: Ouarzazate. We travel to Ouarzazate on the edge of the Sahara - an ancient garrison town made famous when the film Lawrence of Arabia was filmed nearby, then through Dades Valley, or "Valley of One Thousand Kasbahs". We also visit Taourirt - one of Morocco's most beautiful Kasbahs.

Day 11: Marrakech. We first visit Ait Ben Haddou - a 16th century UNESCO World Heritage Site and one of Morocco's best preserved and spectacular Kasbahs. Then we proceed to Marrakech via the Tichka Pass - Morocco's highest pass. The views of the High Atlas Mountains interspersed with small Berber villages typical of the region are breathtaking.

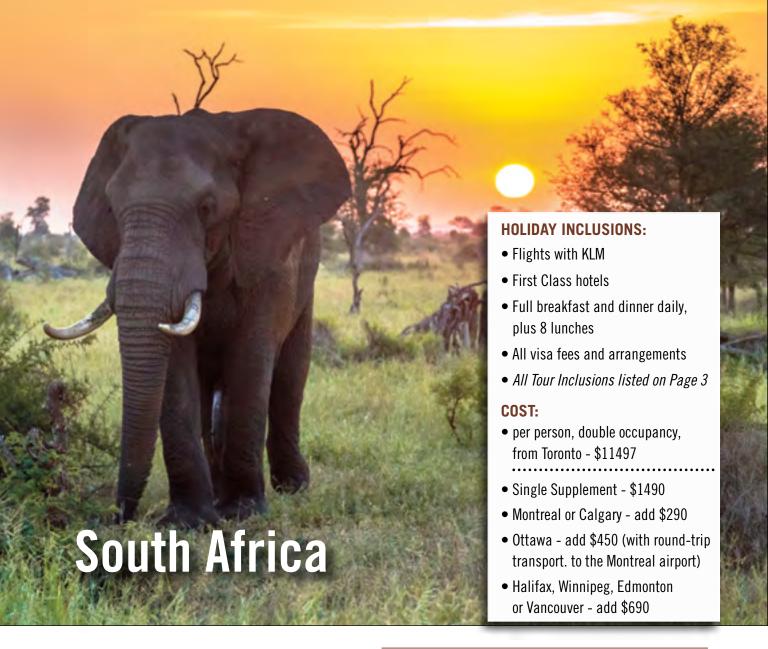
Day 12: Marrakech. The 1,000-year-old "Red City" of Marrakech is drenched in culture and history. Our full-day tour includes the Mejorelle Gardens, the Saadian Tombs, El Bahia Palace and the Medina. At Djemaa El Fna Square we see snake charmers, acrobats and scribes writing letters for the illiterate.

Day 13: Ourika Valley / Marrakech. We travel to the Ourika Valley, enjoying views of the snow-capped Atlas Mountains and tiny villages clinging to the steep hillsides, with rocky landscapes merging with the desert.

Day 14: Essaouira. En route to the coastal town of Essaouira we will visit an Argan co-operative to see how local woman produce Argan oil. In Essaouira our city tour includes the beautiful medina (a UNESCO World Heritage Site) and the Orson Welles Square and Memorial, dedicated to the famous director's filming of Othello. We may get lucky and spot the famous tree climbing goats in the Argon trees.

Day 15: Casablanca. We travel back to Casablanca. The afternoon is free to explore until tonight's Farewell Dinner.

Day 16: Home. We fly home via Montreal.



Plus Victoria Falls (Zimbabwe) and Chobe National Park (Botswana)

South Africa is one of the world's most beautiful countries, and we are sure you will agree after your first visit. The incredible scenic beauty includes nearly 2,000 miles of beautiful coastline, snow capped mountains and tropical splendour. The magnificent National Parks and game reserves boast an unparalleled diversity of wild life. Other features that make this destination so desirable include a wonderful climate, ancient forts and historic monuments, tribal dancing, museums and art galleries. Above all, South Africa's hospitality is legendary.

20 DAYS • MARCH 5 - 24

In addition to our tour of South Africa's highlights we will also visit Victoria Falls (Zimbabwe) and safari in Chobe National Park (Botswana). Victoria Falls are the largest waterfalls in the world (they are three times as wide and twice as high as Niagara Falls), and the spray can be seen 20 miles away! Chobe National Park is world renowned for its splendid and unique variety of wildlife.

So join us on this remarkable adventure and experience the diversity and beauty that is South Africa.

* This tour is suitable only for the fit and active traveller.

Day 1: Depart. We depart for Johannesburg, via Amsterdam.

Day 2: Johannesburg. We arrive in Johannesburg in the late evening and transfer to our hotel.

Day 3: Johannesburg and Soweto. We start with a tour of Johannesburg and a visit to the Apartheid Museum. In the afternoon we visit the township of Soweto - the most populous black residential area in the country. Soweto sets the trends for South Africa in politics, fashion, music and dance. You will never forget your visit here. This evening we enjoy Welcome Cocktails and our Welcome Dinner

Day 4: Victoria Falls. We fly to Victoria Falls and transfer to our lovely lodge hotel.

Day 5: Victoria Falls. We enjoy a morning tour of the Falls - a sight to behold! The afternoon is free, and there will be an opportunity to take an optional helicoptor flight over the falls. This evening we enjoy a sunset cruise on the Zambezi River, and dinner will be a special African experience.

Day 6: Chobe. This morning we proceed to our safari lodge near Chobe National Park - home to a splendid variety of wildlife, including hippo and elephants that troll the river paths to drink. We take our first game cruise this afternoon.

Day 7: Chobe. On our morning game drive we enjoy the wonderful surroundings of wild Africa! In the afternoon we take a boat ride along the river and get up close with the bounty of Chobe as we view herds of kudu, waterbuck and possibly elephants coming to the river to drink.

Day 8: Johannesburg. We fly from Victoria Falls back to Johannesburg, and then proceed to our hotel en route to Kruger National Park.

Day 9: Kruger National Park Area. We proceed to Kruger National Park for wildlife viewing at its best! The park offers an experience in beauty, tranquility and variety not found anywhere else in the world. En route we visit the majestic Blyde River Canyon to see God's Window and Bourke's Luck Potholes - true natural wonders! Our hotel is located just outside the Park.

Day 10: Kruger National Park Area. A full day of game viewing in open safari vehicles. We start early in the morning, the best time to find the world's largest variety of wildlife including the Big Five (lion, elephant, rhino, leopard

and buffalo), hippo, cheetah, giraffe, zebra and crocodile. The park is also home to more than 400 bird species.

Day 11: Kruger National Park Area. A morning at leisure to enjoy the various activities at the hotel. Relax by the pool, do some game or bird watching or take a nature walk. Later we depart for our evening game drive to see if we can catch some nocturnal animals in the spotlight.

Day 12: Garden Route. We return to Johannesburg for our flight to George, on South Africa's fabled Garden Route.

Day 13: Garden Route. We travel over the mountains to Oudtshoorn to visit an ostrich farm, followed by a visit of the Cango Caves, whose stalagmites and stalactites will leave a lasting impression.

Day 14: Garden Route. Today we visit a township near George, where we will have a chance to meet the children at a local primary school. Then we travel to Knysna and ferry over to the Featherbed Nature Reserve, dedicated to the protection of the local flora.

Day 15: Garden Route / Cape Town. Our Garden Route drive takes us along the coast, around lakes, mountains, golden beaches and cliffs - an enchanting drive with a romantic history. We arrive in Cape Town and take a cable car ride up Table Mountain for panoramic views.

Day 16: Cape Town. Our city tour shows us the Malay Quarter, the Botanical Gardens and more. In the afternoon we embark on a ferry ride and guided tour of the Robben Island Prison Museum (weather permitting) where Nelson Mandela was imprisoned for 27 years.

Day 17: Cape Town. A Winelands tour through lovely scenery of vineyards, oak shaded rivers and old Dutch colonial homes. We enjoy a tasting in a wine cellar and lunch at a private estate. In Stellenbosch we visit the Village Museum.

Day 18: Cape Town. A full-day tour to Cape Point. After a boat ride to Seal Island we continue to Cape Point and the Cape of Good Hope, where we see colonies of penguins and seals in their natural environment. This evening is our Farewell Dinner.

Day 19: Departure. After a late breakfast at the hotel we transfer to the airport for our flight home, via Amsterdam.

Day 20: Home. Arrival back in Canada.



• Vietnam • Laos • Cambodia

Southeast Asia is an exciting region of great contrasts, from rural villages and French colonial cities to modern skylines. Spectacular scenery abounds with lush tropical vegetation, misty mountains, terraced rice paddies, magnificent temples, open-air markets and traditional villages. Much of the beauty of this region lies in the peacefulness and warmth of the people who have lived much the same way for hundreds of years.

Delightful Vietnam stretches from the Chinese border to the tropical Mekong Delta, offering unspoiled nature, beautiful islands, bustling cities, fantastic cuisine and friendly people. Cambodia is a country of wonderous beauty and, as successor to the Khmer Empire, home to Angkor Wat and the other incredible temples of 12th century Angkor - a collection of monuments unrivalled in grandeur in all of Southeast Asia. Laos is a mountainous country long isolated from the outside world, where many of the traditions that have disappeared elsewhere remain. Rural life here is timeless, with stilt houses, paddy fields and saffron-robed monks.

18 DAYS • FEBRUARY 14 - MARCH 3

Tour Highlights:

- Ho Chi Minh City, a buzz of commerce and culture
- Charming temples and pagodas of Hanoi
- The magical islands of Halong Bay
- Vientiane, the elegant French colonial capital of Laos
- Vang Vieng's fish market and Nam Ngum Lake
- Luang Prabang a UNESCO World Heritage Site
- Boat trip on the Mekong Delta
- Incredible Angkor Wat Cambodia's national symbol
- Le Sap Lake's floating villages (Siem Reap)
- The architectural wonders of Phnom Penh
- * Those joining any of our tours to Asia must be able to walk fairly long distances and climb stairs easily.

Day 1: Depart. We depart for Vietnam via Hong Kong.

Day 2: Ho Chi Minh City (Saigon). We arrive in Ho Chi Minh City and transfer to our hotel. This evening is our Welcome Dinner.

Day 3: Ho Chi Minh City. Our city tour begins with a walk in the historic centre - the heart of old colonial Saigon, followed by a visit of the Reunification Palace - former residence of the South Vietnamese president which was stormed by tanks in 1975 signifying the fall of South Vietnam. We continue to the War Remnants Museum, which documents the long Vietnam War. In the afternoon we explore Chinatown and Ben Thanh market.

Day 4: Hanoi. This morning we visit the famous Cu Chi Tunnels - the incredible underground military base dug out by hand by the Viet Cong for the Vietnam War. Later we fly to Hanoi.

Day 5: Hanoi. Vietnam's capital still retains the mystery and charm of past centuries with narrow laneways and traditional shops. We will visit the Temple of Literature - a perfect example of traditional Vietnamese architecture, followed by the miniature One Pillar Pagoda and the Stilt House. Later we visit Hoan Kiem Lake, Ngoc Son Temple and the tiny Tortoise Pagoda. Tonight we attend a traditional Water Puppet Show and traditional dinner at a Vietnamese home.

Day 6: Halong Bay. We travel by coach to Halong Bay, and board a traditional wooden junk to spend the day cruising through beautiful islands, granite towers and rock formations with names such as Stone Dog, Incense Burner and Fighting Cock. Many islets have wonderful caves and grottos.

Day 7: Vientiane (Laos). We return to Hanoi and visit the Ethnology Museum before we fly to Vientiane - capital of Laos.

Day 8: Vientiane. Vientiane has a relaxed charm, with beautiful temples, tree-lined boulevards and colourful markets. Our city tour includes That Luang - a golden Stupa which is Laos' most important national monument, the formal Royal Temple - now a museum with fine Buddhist sculptures, and the "morning market" - the best place to buy traditional Lao fabrics.

Day 9: Vang Vieng. We enjoy a scenic drive to Van Vieng. En route we'll visit the Fish Market in Huay Mor, enjoy a boat trip on serene Nam Ngum Lake and visit a farm that teaches organic farming methods to the local community.

Day 10: Luang Prabang. We continue our drive to Luang Prabang, stopping en route at a local village and Elephant Cave with its Buddha images and elephant shaped stalactites.

Day 11: Luang Prabang. This enchanting town is a UNESCO World Heritage Site filled with historic temples and colonial style buildings. We'll visit the most important monasteries and temples, including the oldest living temple dating back to 1513, and the National Museum (the former Royal Residence). Later we visit Wat Mai - a collection of small temples atop a hill offering beautiful views over the city, river and countryside.

Day 12: Luang Prabang. We travel by boat up the Mekong River to the steep limestone cliffs and Tham Pak Ou Caves. These extraordinary caves are filled with Buddha images of every style and material imaginable. On the return journey we stop at a local village for a glimpse of daily village life.

Day 13: Luang Prabang. We drive through the Laotian countryside, with its rice paddies and small villages, to Kuang Si Falls. These beautiful waterfalls cascade over calcified tiers down several hundred feet into cool, turquoise pools. After exploring the falls on the walkways and bridges we'll enjoy a picnic lunch. On our way back to Luang Prabang we'll stop at a paper making village to learn about this ancient artistry.

Day 14: Siem Reap (Cambodia). We fly to Siem Reap, and on arrival proceed to Ton Le Sap Lake for a cruise among the floating homes and small fish farms to observe daily life on the lake. This evening we enjoy a cultural dance show.

Day 15: Angkor Thom / Angkor Wat / Siem Riep. We first explore the fortified city of Angkor Thom, which includes many of Angkor's most famous sights - the Terrace of the Elephants and Leper Kings, and the mysterious Bayon Temple with its giant smiling stone faces. Next is Ta Prohm - embedded in the jungle it is one of the most popular attractions of Angkor. We finish at the extraordinary Angkor Wat - Cambodia's national symbol and the highlight of any visit to this fascinating country. We will thoroughly explore this temple which impresses with its sheer scale, graceful proportions and artistic carvings.

Day 16: Phnom Penh. A scenic drive takes us across ancient laterite bridges, to visit an important grouping of pre-Angkorian monuments en route to Phnom Penh.

Day 17: Phnom Penh. Cambodia's capital is a fascinating city of graceful tree-lined boulevards and riverfront promenades. We begin at the Royal Palace with its Silver Pagoda, followed by the National Museum which contains an interesting collection of Khmer art. This afternoon, those interested can visit the Museum of Genocide - the interrogation and torture facility for the Khmer Rouge. Kept largely unchanged, this prison showcases photographs and exhibits about the thousands of victims. Those who wish may also visit the Killing Fields - a peaceful rural setting where thousands of people were killed in the 1970's and buried in mass graves.

Day 18: Home. We fly home via Hong Kong.



These two East Asian countries both combine fascinating history, rich traditions and some of the world's most modern achievements.

Japan is a complex country with scenic beauty, ancient temples, colourful shrines, unique cuisine, fascinating street markets and much more. We begin in Tokyo, where we will explore modern Japan. Then we travel through the beautiful mountainous region around sacred Mount Fuji, to the cultural capital, Kyoto, which hosts Japan's largest concentration of temples, shrines and traditional arts. Next is Hiroshima - completely rebuilt after the war, and the picturesque island of Miyajima - home of the Itsukushima Shrine (a UNESCO World Heritage Site). Our final stop in Japan is the lively harbour city of Fukuoka, with a cruise on the Yana River. Much of our travel within Japan will be aboard the high-speed Bullet Train.

South Korea is a mountainous country with scenic hills and valleys alongside stunning coastlines and beaches. We will take a jet ferry from Japan to the port city of Busan, and then proceed to Gyeongju (considered one of the world's most historical cities), where we discover a treasure trove of priceless artifacts and ancient sites, including the oldest astronomical observatory in the

16 DAYS • MARCH 26 - APRIL 10

world. We finish in Seoul, the capital, where one can find traces of its 5,000 year history in the palaces and temples.

Tour Highlights:

- Tokyo's Imperial Garden & Asakusa Kannon Temple
- Cruise on Lake Ashi with panoramic views of Mt. Fuji
- Cultural capital of Kyoto
- Okayama Castle and Koraku-en Garden
- Hiroshima Peace Memorial Park
- Kintai Bridge and Iwakuni Castle
- Dazaifu Tenmangu Shrine and 6000 Plum Trees
- Ferry to South Korea and port of Busan
- Gyeongju, the ancient capital of the Silla dynasty
- Traditional village of Yangdong
- Gwanghwamun Plaza, temples and markets of Seoul
- * Those joining any of our tours to Asia must be able to walk fairly long distances and climb stairs easily.

Day 1: Departure. We depart for Tokyo.

Day 2: Tokyo. We arrive in Tokyo and transfer to our hotel. The rest of the day is at leisure until our Welcome Dinner this evening.

Day 3: Tokyo. Our touring of Japan's capital includes the Imperial East Garden and Asakusa Kannon Temple. We will enjoy a cooking class to learn how to make sushi. Following a lunch of our creations we'll take a stroll through the famous Ginza area.

Day 4: Mount Fuji / Hakone. A very scenic day as we will skirt the Japanese Alps with constant panoramic views of Mount Fuji. We enjoy a cruise on Lake Ashi, then take the Hakone Ropeway to climb Mount Komagatake for views of the lake and surrounding countryside.

Day 5: Kyoto. We take an express Bullet Train to the cultural capital, Kyoto - a treasure trove of art, architecture and landscaping. Our tour will include the Golden Pavilion Temple (a UNESCO World Heritage Site), the former residence of the Imperial family, Nijo Castle and Heian Jingu Shrine - built in 1895 to commemorate the 1100th anniversary as the capital.

Day 6: Okayama / Hiroshima. We travel by train to the unique city of Okayama to visit Okayama Castle and Koraku-en Garden, considered the most beautiful in Japan. We then continue by train to Hiroshima.

Day 7: Miyajima / Hiroshima. Our full day tour includes visits to the Peace Memorial Park, the Atomic Bomb Dome and the Itsukushima Shrine - a UNESCO World Heritage Site located on the deer filled island of Miyajima.

Day 8: Iwakuni / Fukuoka. We drive to Iwakuni to visit Kintai Bridge, an historic wooden arch bridge, and the impressive Iwakuni Castle, originally built in 1608 and rebuilt in 1962 conforming exactly to the original construction. We then continue to Fukuoka.

Day 9: Fukuoka. This morning we visit Dazaifu Tenmangu Shrine, one of Japan's first and most famous shrines dedicated to the scholar and politician, Michizane. There are over 6000 plum trees on the temple grounds. Later we enjoy a cruise on the Yana River.

Day 10: Busan (South Korea). We take a jet ferry to the port city of Busan, home to some of Korea's most beautiful beaches. After lunch we visit the largest fish market in Korea - the symbol of Busan.

Day 11: Busan. Our full day tour of Busan includes visits to the Beomeosa Temple, Haeundae Beach and the UN cemetery. We also visit the famous international market, Gukje Sijang.

Day 12: Gyeongju. We travel to Gyeongju, ancient capital of the Silla dynasty and recognized as one of the ten most historic cities in the world. We'll visit the tomb of Kim Yusin - a great general who unified the kingdom, and ancient Bunhwangsa temple.

Day 13: Gyeongju. Our touring of Gyeongju continues with visits to two World Heritage temples, the Seokguram grotto - home of the 8th century serene stone Buddha, and Bulguksa, built during the glorious period of the Silla kingdom. Later we visit the Gyeongju museum with its thousands of priceless treasures. Other visits include Cheomseongdae - the world's oldest astronomical observatory, and Tumuli Park with its rare exhibits of ancient tombs.

Day 14: Yangdong / Seoul. This morning we visit Yangdong Maeul, a traditional village from the 15th century and UNESCO World Heritage site. We will see the tile and thatched-roofed homes built throughout the dense forest, many of which have been preserved for more than 200 years, along with ancient folk customs. We then depart for Seoul, the capital and largest city in South Korea.

Day 15: Seoul. Our city tour of Seoul includes visits to Gwanghwamun Plaza (the landmark of Seoul), the National Folklore Museum, Jogyesa Temple and Insa-dong, known as the centre of traditional Korean art and antiques. We finish with some time to explore Cheonggyecheon, a lively district filled with huge markets and arcades. Tonight will be our Farewell Dinner.

Day 16: Home. Morning at leisure. This afternoon we transfer to the airport for our flight home.



Come cruise with us to some of the most exciting port of call in the Caribbean.

On this cruise we will discover unique destinations such as San Juan, Puerto Rico with its vibrant culture and oldworld elegance; Turks & Caicos with its stunning beaches, salt ponds and iconic windmills, and the Dominican Republic known for its colonial sites and architecture situated in beautiful natural settings.

We will cruise in style and luxury aboard the *Sky Princess*. The ships of Princess Cruises are among the most beautiful and hospitable, and have more of everything you would expect in a 5-star floating resort. Princess' award winning shore excursions and fascinating onboard programs bring the culture and colours of this region to

8 DAYS • FEBRUARY 4 - 11

life. Talented chefs will take you on a culinary journey, with freshly prepared and carefully crafted dishes that celebrate the Caribbean.

Take in some of the finest cruise ship entertainment as the theatre lights up the top deck day or night with feature films, or watch a lavish Broadway production complete with dazzling stage sets and international performers in the state-of-the-art Princess theatre!

* All shore excursions are optional, and may be purchased in advance on Princess Cruises' website, or onboard the ship.

Day 1: Departure / Fort Lauderdale. We fly to Fort Lauderdale and upon arrival we transfer to our cruise ship, the Sky Princess. This evening we enjoy our first delicious dinner on board.

Day 2: Princess Cays, Bahamas. Relax on the sandy beach and take in the island's natural beauty, while lazing on your own comfortable beach chair. Or, you may go snorkeling and explore the underwater paradise hidden within the unspoiled waters of the Bahamas.

Day 3: At Sea. Time to relax, get acquainted with the ship and enjoy the endless array of facilities, activities and entertainment. Visit the health club for a workout or beauty treatment, join an exercise class, line dancing or perhaps wine tasting.

Day 4: San Juan, Puerto Rico. San Juan is known as the walled city and is one of the biggest and best natural harbours in the Caribbean. It is also the second oldest European founded city in the Americas. Explore Old San Juan, with its 400 carefully restored 16th and 17th century Spanish colonial buildings. Visit the 16th century National Historic Site fort of El Morro, which covers over 70 acres and features six levels that rise from sea level to 145 feet.

Day 5: Amber Cove, Dominican Republic. On the north coast of the Dominican Republic, Amber Cove (named for the translucent gemstone found on its shores), sits just seven miles from the town of Puerto Plata. This cinematic locale was used as the backdrop for the first Jurassic Park film. Just steps from the dock you can take in the sparkling beach, which offers a host of water activities, or enjoy the serene, natural beauty of the scene from the comfort of a private bungalow. You may also want to explore the 450-year-old San Felipe Fortress in Puerto Plata.

Day 6: Grand Turk, Turks & Caicos. This small island is bursting with 19th century Caribbean charm. The Bermudan British colonial architecture sits alongside the marine-blue waters of the Caribbean. Grand Turk is blessed with miles of quiet sugary beaches and is close to several uninhabited cays just waiting to be explored.

Day 7: At Sea. Relax and enjoy all of the activities and entertainment on board our ship.

Day 8: Fort Lauderdale / Home. We arrive back in Fort Lauderdale in the morning and transfer to the airport for our flight home.



Come cruise with us to discover exotic landscapes brimming with natural, unspoiled beauty, world-renowned beaches and colourful cultures.

On this cruise we will venture deeper into the Caribbean on the road-less-travelled to remote islands teeming with lush rainforests, waterfalls, rare birds and spices unique to the region. We will also discover aquamarine seas ablaze with brightly coloured coral reefs teeming with technicolour fish, breathtaking national parks and world — renowned beaches.

We will cruise in style and luxury aboard the new *Enchanted Princess*. The ships of Princess Cruises are among the most beautiful and hospitable, and have more of everything you would expect in a 5-star floating resort.

11 DAYS • FEBRUARY 7 - 17

Princess' award winning shore excursions and fascinating onboard programs bring the culture and colours of this region to life. Talented chefs will take you on a culinary journey, with freshly prepared and carefully crafted dishes that celebrate the Caribbean.

Take in some of the finest cruise ship entertainment as the theatre lights up the top deck day or night with feature films, or watch a lavish Broadway production complete with dazzling stage sets and international performers in the state-of-the-art Princess theatre!

* All shore excursions are optional, and may be purchased in advance on Princess Cruises' website, or onboard the ship.

Day 1: Departure. We fly to Fort Lauderdale and upon arrival we transfer to our cruise ship, the *Enchanted Princess.* This evening we enjoy our first delicious dinner onboard.

Day 2: Princess Cays, Bahamas. Relax on the sandy beach and take in the island's natural beauty while lazing on your own comfortable beach chair. Or, you may go snorkeling and explore the underwater paradise hidden within the unspoiled waters of the Bahamas.

Day 3: At Sea. Time to relax, get acquainted with the ship and enjoy the endless array of facilities, activities, and entertainment. Visit the health club for a workout or beauty treatment, join an exercise class, line dancing or perhaps a wine tasting.

Day 4: San Juan, Puerto Rico. San Juan is known as the walled city and is one of the biggest and best natural harbours in the Caribbean. It is also the second oldest European founded city in the Americas. Explore Old San Juan, with its 400 carefully restored 16th and 17th century Spanish colonial buildings. Visit the 16th century National Historic Site of El Morro, which covers over 70 acres and features six levels that rise from sea level to 145 feet.

Day 5: St. Thomas. A small island surrounded by a series of jagged bays, inlets, and coves with miles of sandy beaches and green mountains. Enjoy exploring the colourful waterfront and cobbled streets with outstanding duty-free shopping in the lovely capital of Charlotte Amalie.

Day 6: Martinique. Martinique is truly "a little bit of France in the Caribbean.", as it exudes a distinctly French ambiance. The natural beauty is everywhere with pristine white sand beaches and spectacular mountainous scenery. Visit the Balata Botanical Garden and see hibiscus, anthuriums, orchids, and other exotic flora.

Day 7: Guadeloupe. A butterfly shaped island between the islands of Antigua and Dominica. Grande-Terre on the eastern side of the island has an extensive stretch of sand dotted with colourful beach towns. The mountainous Basse-Terre on the western side is home to the wonderful Guadeloupe National Park. The park is dense with lush rainforest foliage, waterfalls, and incredible wildlife and bird species.

Day 8: St. Maarten. The Dutch capital of Philipsburg charms with colonial architecture, historic buildings, wonderful shopping, and sun swept beaches. Just a few blocks wide, delights can be found around every corner. On the other side of the island, the hub of French St. Martin is filled with designer boutiques, sidewalk cafes, bistros and trendy art galleries. Wander through the charming streets and experience a taste of France.

Days 9 & 10: At Sea. Enjoy a culinary demonstration, afternoon tea, or catch a movie under the stars.

Day 11: Fort Lauderdale / Home. We arrive back in Fort Lauderdale in the morning and transfer to the airport for our flight home.



HOLIDAY INCLUSIONS:

- Flights with Air Canada
- Cruise as described, port taxes, all tipping, all meals, all activities and entertainment
- All Tour Inclusions listed on Page 3

COST:

- per person, double occupancy, from Toronto or Montreal
- Inside Cabin (various decks)........... \$4597
- Outside Cabin (obstructed view) Emerald Deck......\$4797
- Outside Cabin (clear view) *Plaza Deck.....* \$5197
- Outside Cabin with private balcony (various decks)......\$6297
- Single Supplement add 50% to costs above
- Ottawa add \$150 (with round-trip) transportation to the Montreal airport)
- Halifax, Winnipeg, Calgary, Edmonton or Vancouver- add \$490 (includes an overnight in Toronto en route to Fort Lauderdale)

Come cruise with us to some of the most exciting ports in the Caribbean aboard the Caribbean Princess.

With a distinctive fusion of European and Latin American influences, the islands of the Caribbean are known for their quaint towns alive with a diverse culture, with a breathtaking backdrop of swaying palm trees, powder white beaches, turquoise waters and blue-green mountains. Highlights of this cruise include Harrison's Cave in Barbados, Dutch architecture in Aruba and Curacao, calypso music in Trinidad & Tobago, the dutyfree shopping in St. Thomas and the rainforests of St. Kitts and Martinique.

We will cruise in style and luxury aboard the *Caribbean Princess.* The ships of Princess Cruises are among the most beautiful and hospitable, and have more of everything you would expect in a 5-Star floating resort.

15 DAYS • JANUARY 27 - FEBRUARY 10

Princess' award-winning shore excursions and fascinating onboard programs bring the culture and colours of this region to life. Talented chefs will take you on a culinary journey, with freshly prepared and carefully crafted dishes that celebrate the Caribbean.

Take in some of the finest cruise ship entertainment as the theatre lights up the top deck day or night with feature films, or watch a lavish Broadway production complete with dazzling stage sets and international performers in the state-of-the-art Princess theatre!

* All shore excursions are optional, and may be purchased in advance on Princess Cruises' website, or onboard the ship. Day 1: Departure / Fort Lauderdale. We fly to Fort Lauderdale and upon arrival transfer to our cruise ship, the Caribbean Princess. This evening we enjoy our first delicious dinner on board.

Days 2 & 3: At Sea. Time to relax, get acquainted with the ship and enjoy the endless array of facilities, activities and entertainment. Visit the health club for a workout or beauty treatment, join an exercise class, line dancing or perhaps a wine tasting.

Day 4: St. Thomas, Virgin Islands. A small island surrounded by a series of jagged bays, inlets and coves with miles of sandy beaches and green mountains. Enjoy exploring the colourful waterfront and cobbled streets with outstanding duty-free shopping in the lovely capital of Charlotte Amalie.

Day 5: St. Kitts. With so much natural beauty, it's no wonder the English defended the "Gibraltar of the West Indies" from Brimstone Hill. Take it all in – from Piccadilly Circus and an island version of Big Ben to the pink salt pond, the lush gardens and rain forests.

Day 6: Martinique. Martinique is truly "a little bit of France in the Caribbean." It exudes a distinctly French ambiance and the natural beauty is everywhere with pristine white sand beaches and spectacular scenery. Visit the Balata Botanical Garden, and see hibiscus. anthuriums, orchids and other exotic flora.

Day 7: Dominica. This island boasts a wealth of lush rainforests, dense jungles, and rugged mountains. You can explore the natural beauty at places like Champagne Reef, Emerald Pool, and Ti Tou gorge. You can also sit back and watch the brilliantly plumed Sisserou and Jacquot Parrots fly from tree to tree.

Day 8: Barbados. With its picturesque rolling hills and endless expanse of white sand beaches, Barbados is the quintessential island getaway and a long time favourite of Canadians. Investigate Harrison's Cave, with its bubbling streams, cascading waterfalls, stalactites and stalagmites. Or you may want to taste the island's famous rum at the Mount Gay Rum Factory.

Day 9: Trinidad & Tobago. Trinidad is the birthplace of steel pan and calypso music. There is plenty to see here. The Asa Wright Nature Center is devoted to naturalists and bird watchers. The more traditional tourist attractions are the Queen's Park Savannah, the Royal Botanic Gardens and the Magnificent Seven - a strand of impressive colonial houses reflecting Trinidad's unique heritage.

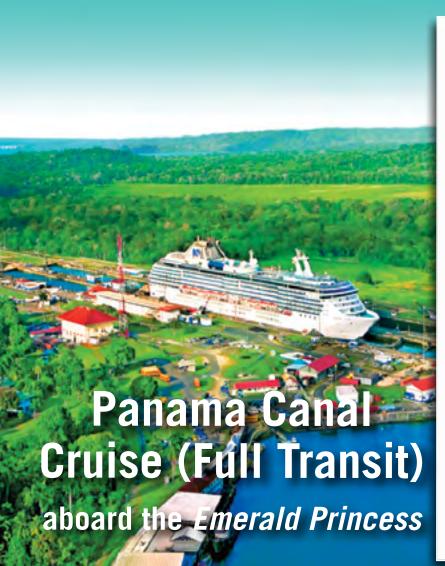
Day 10: At Sea. Following all of the excitement and sightseeing of the past week, a day at leisure to enjoy the ship's facilities will be most welcome.

Day 11: Aruba. Although this unique Dutch island has blossomed as a sophisticated Caribbean destination, the real attraction is under water. Aruba is surrounded by colourful coral. The abundant sea life around Arashi Reef or the wreck of the Antilla is simply breathtaking. If you would rather stay dry, view it all by taking an excursion from the air conditioned comfort of an Atlantis submarine or a glass bottom boat.

Day 12: Curacao. Colourful Willemstad is a UNESCO World Heritage Site and one of the most recognizable spots in the Caribbean. While the shops in town offer great bargains, there is also an array of pristine beaches as well as the fascinating Hato Caves.

Days 13 & 14: At Sea.

Day 15: Home. We disembark the ship in Fort Lauderdale and transfer to the airport for our flight home.



HOLIDAY INCLUSIONS:

- Flights with Air Canada
- Cruise as described, port taxes, all meals daily, all activities and entertainment
- All Tour Inclusions listed on Page 3

COSTS:

- per person, double occupancy, from Toronto or Montreal
 - Inside Cabin (various decks)......\$5497
 - Outside Cabin (obstructed view)

 *Emerald Deck.....\$5797
 - Outside Cabin (clear view)

 Plaza Deck.....\$6297
 - Outside Cabin with private balcony (various decks).....\$6797
- Single Supplement add 50% to costs above
- Ottawa add \$90
- Calgary or Vancouver add \$390
- Halifax, Winnipeg or Edmonton add \$390 (includes an overnight in Toronto or Vancouver en route to Los Angeles)

As early as the days of Columbus, man was determined to find a shortcut between the Atlantic and Pacific Oceans.

By creating artificial lakes and immense lift locks, the Americans performed one of the greatest engineering feats in history, completing the canal in 1914. A canal crossing is memorable. The scenery around this 8th wonder of the world is lush and tropical and the intricate workings of the locks and sheer immensity of the achievement are awe-inspiring.

We sail from Los Angeles to Fort Lauderdale aboard the *Emerald Princess*. Princess Cruises, whose ships are considered among the most beautiful and hospitable, was one of the first cruise lines to traverse the canal. Their ships are luxurious, floating resorts with all the pleasures of a deluxe resort hotel.

16 DAYS • FEBRUARY 16 - MARCH 3

Princess' award winning shore excursions and fascinating onboard programs bring the culture and colours of this region to life. Talented chefs will take you on a culinary journey, with freshly prepared and carefully crafted dishes that celebrate this part of the world.

Take in some of the finest cruise ship entertainment as the theatre lights up the top deck day or night with feature films, or watch a lavish Broadway production complete with dazzling stage sets and international performers in the state-of-the-art Princess theatres!

* All shore excursions are optional, and may be purchased in advance on Princess Cruises' website, or onboard the ship.

Day 1: Departure / Los Angeles. We depart for Los Angeles, and upon arrival we transfer to our cruise ship. This evening we enjoy our first delicious dinner on board.

Days 2 & 3: At Sea. Time to relax, get acquainted with the ship and your fellow passengers and enjoy the endless array of facilities, activities and entertainment on board. Visit the health club for a workout or beauty treatment, ioin an exercise class, line dancing or perhaps wine tasting.

Day 4: Puerto Vallarta, Mexico. Explore this quaint Mexican fishing village with its cobblestoned lanes, red-tiled roofs and palm covered hills. You may want to spend the afternoon at Bahia de las Banderas with its glistening blue waters and powdery beaches.

Day 5: At Sea.

Day 6: Huatulco, Mexico. Made up of nine bays on the coast of Oaxaca, Huatulco is an unblemished tropical site for rest and relaxation. Tourists can engage in local customs and shop for beautiful native clothes in plazas such as La Nata, located on the main square.

Day 7: At Sea.

Day 8: San Juan Del Sur, Nicaragua. Once a sleepy fishing village, San Juan del Sur is now the most popular travel and vacation destination on Nicaragua's Pacific coast, offering a lively mix of local culture and wonderful natural attractions.

Day 9: Punta Arenas, Costa Rica. Perched at the tip of a sandy peninsula (its name means "sandy point"), the entire city of Punta Arenas is within easy walking distance from the port. The people of this city have a reputation for friendliness and have long welcomed tourists to the sunny beaches that encircle the city.

Day 10: At Sea.

Day 11: Fuerte Amador, Panama. This port, situated at the entrance to the Panama Canal, is a man-made peninsula extending out into the Pacific Ocean. The one-mile causeway was created by connecting 4 small islands with rocks excavated from the canal. There are shops, restaurants, and other specialty stores centered around a large marina, and the causeway affords a panoramic view of Panama City's impressive skyline.

Day 12: Panama Canal. Today we experience the transit of the Panama Canal. See the immense lift locks raise and lower the passing vessels and great volumes of water rushing by. Enjoy the scenery on either side of the canal with mangrove swamps, tropical plants, trees and bird life. As we cruise through the canal there is a detailed narration of this colossal undertaking that cost \$367 million in 1914!

Day 13: Cartagena, Columbia. In the 17th century this walled city was a target for every pirate on the high seas. It has many architectural treasures along its narrow streets with Spanish inspired facades and balconies. You may want to take a ride to the top of La Popa Hill for great views of the city, the old fort and a 17th century monastery. Gold, silver and precious stones are available.

Days 14 & 15: At Sea.

Day 16: Fort Lauderdale / Home. We disembark in Fort Lauderdale and transfer to the airport for our flight home.



Cruising is an ideal way to explore the tropical paradise of Hawaii.

On this cruise we visit the big island of Hawaii - known for its orchids and volcanoes, Maui - with its green hills and gentle valleys, Kauai (*The Garden Isle*), and Oahu for the excitement of Honolulu.

We will cruise in style and luxury aboard the *Crown Princess*. The ships of Princess Cruises are among the most beautiful and hospitable, and have more of everything you would expect in a 5-star floating resort. Princess' award-winning shore excursions and fascinating onboard programs will bring the cultures and colours of Hawaii to life. Talented chefs will take you on a

16 DAYS • FEBRUARY 15 - MARCH 2

culinary journey, with freshly prepared and carefully crafted dishes that celebrate Hawaii.

Take in some of the finest cruise ship entertainment as the theatre lights up the top deck day or night with feature films, watch a lavish Broadway production complete with dazzling stage sets and international performers in the state-of-the art Princess theatre!

* All shore excursions are optional, and may be purchased in advance on Princess Cruises' website, or onboard the ship.

Day 1: Departure / Los Angeles. We depart for Los Angeles. Upon arrival we transfer to our Princess cruise ship which sails later in the afternoon. This evening we enjoy our first delicious dinner on board.

Days 2 - 5: At Sea. Time now to enjoy the many pleasures of our cruise ship. Pamper yourself in the Spa, play a game of shuffleboard, take some time for golf or partake in afternoon tea. Browse the boutiques, take in a movie at the theatre or just curl up in a deck chair with a good book - a time honoured seafaring tradition.

Day 6: Hilo (the Big Island of Hawaii). On the lush rainforest side of Hawaii's Big Island, the "City of Rainbows" offers a look at the power and beauty of nature. You may enjoy the breathtaking views of the 420 foot thundering Akaka Falls or drive around Crater Rim at Volcanoes National Park.

Day 7: Honolulu / Oahu. Honolulu is Hawaii's largest city and the state capital. It is probably most famous for its main beach - Waikiki Beach. You may want to visit Iolani Palace, the only royal palace on U.S. soil, or see the USS Arizona Memorial and the "Mighty Missouri" at Pearl Harbour.

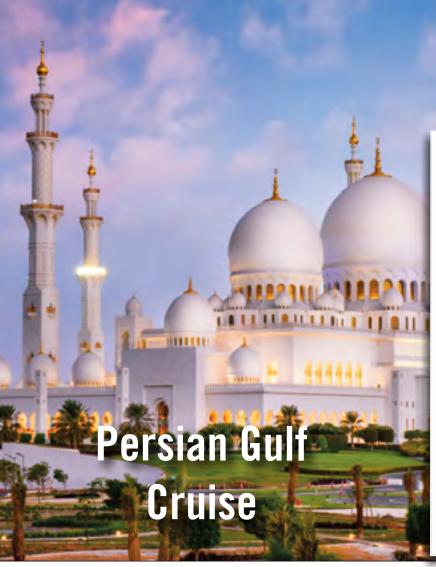
Day 8: Kauai. The oldest inhabited island in Hawaii, the "Garden Isle" boasts Waimea Canyon, known as "The Grand Canyon of the Pacific". You may want to take a boat ride on the Wailua River or visit Fern Grotto and hear a performance of "The Hawaiian Wedding Song".

Day 9: Lahaina (Maui). Maui is the second largest of the Hawaiian Islands. It's largest town, Lahaina, was once a whaling port and now a lovely resort area. It is a great place in which to stroll. The surrounding hills are planted with sugar cane and pineapple and the excellent beaches welcome those who like to swim. Well worth a visit is the Haleakala Crater, the highest point on the island.

Days 10 - 14: At Sea. We leave Hawaii and begin our cruise back to the mainland. Be watchful for whales and dolphins. We have not had a lot of time during these past 4 days to enjoy everything our ship has to offer, but as we head for the mainland you will be able to catch up. Relax and enjoy all the activities, facilities and entertainment on board.

Day 15: Ensenada, Mexico. This friendly port on the Baja Peninsula boasts more than just a warm Mediterranean climate. Optional excursions will be offered to Bodegas de Santo Tomas, Baja's oldest winery.

Day 16: Los Angeles / Home. Farewell to our friends on our Princess cruise ship as we disembark and transfer to the airport for our flight home.



HOLIDAY INCLUSIONS:

- Flights with Air Canada
- 7-night cruise, port taxes, all meals, all tipping, activities and entertainment
- In Dubai 3 nights First Class hotel with touring, and breakfast, lunch and dinner daily
- All Tour Inclusions listed on Page 3

COSTS:

- per person, double occupancy, from Toronto, Ottawa, Montreal or Calgary
 - Premium Inside Cabin\$5397
 - Premium Outside Cabin\$5597
 - Premium Outside Cabin & balcony ..\$5997
- Single Supplement add 50% to costs above
- Halifax, Winnipeg, Edmonton or Vancouver - add \$90

- Abu Dhabi
 United Arab Emirates
 Oman
- Qatar 3 night stay and touring in Dubai

Join us as we cruise to some of the most interesting ports in the Middle East, and spend time in the dazzling city of Dubai.

We begin in Dubai, which has gone from a sleepy pearl-diving village to one of the world's most talked about cities. The business capital of the United Arab Emirates has breath-taking architecture, towering skyscrapers, man-made islands and a glittering cityscape, as well as old, traditional Middle Eastern buildings, souks and customs.

We then board our cruise ship and sail through the Persian Gulf, visiting various ports in Oman and Abu Dhabi (before returning to Dubai at the end). We will sail in comfort aboard the *Costa Toscana*. This new and moderate European-style floating resort is in the grand

13 DAYS • FEBRUARY 6 - 18

size class of ships, so there are many options for entertainment, dining and activities. Features of the ship include jacuzzis, 4 swimming pools, skywalk and Spa center offering a full range of beauty, health and relaxation treatments. There are theme parties, dance lessons, a casino and shopping boutiques. For dining there are 11 restaurants to suit all tastes including a buffet. With 9 bars and lounges there is always a place to relax. The theatre for evening shows is spread over 3 levels. Our spacious Premium guestrooms are well appointed, and you can choose between an inside, outside or balcony cabin.

* During the land portion of the tour all excursions are included. During the cruise portion all shore excursions are optional. Those interested will pay on board the ship.

Day 1: Departure. We depart for Dubai on a direct nonstop flight from Toronto.

Day 2: Dubai. We arrive in Dubai and transfer to our hotel.

Day 3: Dubai. Our touring of Dubai begins with the twin minarets of the Jumeirah Mosque - a magnificent example of Islamic architecture and one of Dubai's most famous sites. We drive around the Bastakiva area with its old merchant houses and wind towers, and then visit the Shindagah Museum. An "Abra" (water taxi) will take us across the Dubai Creek to browse the spice and gold souk (market). Finally we ascend by high-speed elevator to the observation deck of Burj Khalifa - the tallest building in the world, for a breathtaking 360-degree view of the city, ocean and desert. Lunch is included on our tour. Afternoon at leisure. This evening we enjoy a "Dhow" Dinner Cruise along Dubai Creek with spectacular views of the city.

Day 4: Sharjah. This morning we enjoy a tour of Sharjah, where we will discover a unique Arabian lifestyle and Islamic culture. We will visit Sharjah Fort, see the grandiose King Faisal Mosque and learn about local life through the ages at the Heritage Museum. Afternoon at leisure.

Day 5: Future Dubai and the Lost Chamber / Cruise **Embarkation.** We first visit the Burj al Arab — the world renowned 7-star luxury hotel. We then drive along Jumeirah Beach to see the incredible man-made island residence. "The Palm". Then we visit the incredible Lost Chambers, where the legend of the lost mythical underwater city of Atlantis comes alive. After lunch we see the Dubai Marina and Soug Madinat Jumeirah before visiting the Mall of the Emirates - home to the world's largest indoor ski slope. Finally we see the popular floating water dance before transferring to the pier to board our cruise ship.

Day 6: Dubai. At leisure to enjoy the activities on board our ship or take an optional excursion.

Day 7: Doha (Qatar). Doha is a vibrant capital with a mix of modern skyscrapers and picturesque souks. The Mosque of Phanar is a newly built Mosque, and is a fine

example of Islamic architecture, with the particular spiral minaret which is perfectly identical from every angle. At night the Mosque is enhanced by magnificent lighting effects. Today you can also visit the nearby souks, and immerse yourself in Middle Eastern flair.

Day 8: At Sea. At leisure to enjoy all the ship has to offer.

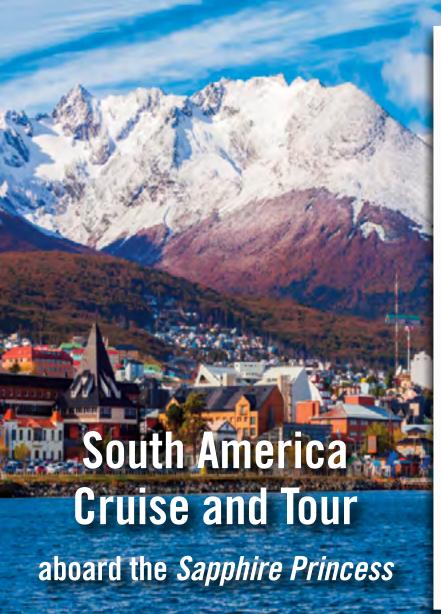
Day 9: Muscat (Oman). Relive the history of Oman's capital by venturing among its ancient walls and lingering around the colourful stalls of its bustling souks. Explore on your own or choose an optional excursion to see the impressive Grand Mosque and the Bait Al Zubair Museum.

Day 10: Abu Dhabi. Situated on a peninsula surrounded by a cluster of islands, Abu Dhabi is the ultra-modern capital of the United Arab Emirates, with wide avenues snaking between bold skyscrapers. This capital of luxury sparkles day and night. If you take the optional city tour you will see the Sheikh Zayed Grand Mosque - considered the foremost architectural treasure in the UAE. You will also see the ultramodern glimmering skyscrapers, and visit Heritage Village - a reconstructed traditional oasis which will give you a glimpse of life here before oil revenues altered the landscape.

Day 11: Abu Dhabi. Last day to enjoy the facilities of our ship or take an optional excursion.

Day 12: Disembarkation / Dubai / Al Ain. We disembark our ship and proceed on a full-day tour to the oasis city of Al Ain located in the Hajar Mountains. One of the oldest cities in the UAE, for thousands of years Al Ain was an important caravan stop on the ancient trade routes across Arabia. We visit the Camel Market, Qasr al Muwaiji Heritage Museum and the Sheikh Zayed Palace Museum the residence of the Sheikh and his family. Lunch is included followed by a visit to Al Hili Archaeological Park famous for its archaeological excavations. We enjoy our Farewell Dinner, then board our direct flight to Toronto.

Day 13: Home. We arrive back in Canada.



HOLIDAY INCLUSIONS:

- Flights with Air Canada
- 14-night cruise, all port taxes and tipping, all meals daily, activities & entertainment
- 3 nights First Class hotels (2 nights Buenos Aires and 1 night Santiago) with breakfast and dinner daily, and 2 lunches
- Touring in Santiago and Buenos Aires
- All Tour Inclusions listed on Page 3

COST:

- per person, double occupancy, from Toronto
- Inside Cabin (various decks)\$9197
- Outside Cabin (obstructed view) Emerald Deck.....\$9397
- Outside Cabin (clear view) Plaza or Fiesta Deck.....\$9597
- Outside Cabin with private balcony *Aloha* or *Baja Deck.....*\$10597
- Single Supplement add 50% to costs above
- Ottawa, Montreal or Halifax add \$190
- Winnipeg, Calgary, Edmonton or Vancouver - add \$390

This cruise and tour will appeal to the adventurous traveller who would like to visit some of South America's most exciting cities, plus some of the less well known ports-of-call.

On the cruise we will enjoy wonderful scenery, fascinating towns and villages and the opportunity to try various activities such as river rafting, fishing and hiking.

We will cruise in style and luxury aboard the Sapphire *Princess.* The ships of Princess Cruises are among the most beautiful and hospitable, and have more of everything you would expect in a 5-star floating resort. Princess' award-winning shore excursions and fascinating onboard programs will bring the cultures and colours of South America to life. Talented chefs will take you on a culinary journey, with freshly prepared and carefully

20 DAYS • FEBRUARY 17 - MARCH 8

crafted dishes that celebrate South America.

Take in some of the finest cruise ship entertainment as the theatre lights up the top deck day or night with feature films, or watch a lavish Broadway production complete with dazzling stage sets and international performers in the state-of -the art Princess theatres!

Aside from the cruise, our program includes 2 nights in Buenos Aires - capital of Argentina, and a night in Santiago - capital of Chile, with touring in both cities.

* All shore excursions are optional, and may be purchased in advance on Princess Cruises' website, or onboard the ship. Day 1: Departure. We depart for Santiago, Chile.

Day 2: Santiago: We arrive in Santiago and proceed on our city tour. We'll see the Cathedral, San Francisco Church, Plaza des Armas. Santa Lucia Hill and more. This evening is our Welcome Dinner.

Day 3: Embarkation. We transfer to our cruise ship, and this evening we enjoy our first delicious dinner onboard.

Day 4: At Sea. Time to relax, get acquainted with the ship and your fellow passengers, and enjoy the endless array of facilities, activities and entertainment onboard.

Day 5: Puerto Montt, Chile. Puerto Montt is the gateway to Patagonia, and there is much to see here. Optional tours include the breathtaking scenery of Patagonia's Lake District and snow-covered Osorno Volcano.

Day 6: At Sea.

Day 7: Amalia Glacier, Chile (Scenic Cruising). Located in the central part of the Southern Patagonia Ice Fields, the Amalia Glacier descends from the Andes Mountains and towers above the sea. The Amalia's mammoth blue mountain of ice is constantly changing. You can frequently spot dolphins swimming by the ships.

Day 8: Punta Arenas, Chile. Punta Arenas is the hub for many adventures – penguin colonies, Antarctica and Patagonia to name a few. Explore the city's sights or visit a living museum dedicated to the sheep ranchers who settled Patagonia.

Day 9: Ushuaia (Tierra Del Fuego), Argentina. Ushuaia is the southern-most town in the world, and is located on the island territory of Tierra del Fuego. "The Land of Fire" features unforgettable scenery and trails of discovery.

Day 10: Cape Horn Scenic Cruising. Today we round the southern tip of South America. You will be awestruck by the rugged beauty and imposing vision of Cape Horn -amassive rocky point that was the bane of early explorers.

Day 11: Stanley, Falkland Islands. The capital of the Falkland Islands is very British. Here you can visit a penguin rookery, learn of the island's tumultuous past at the Historic Dockyard Museum or enjoy a pint at a local pub.

Day 12: At Sea.

Day 13: Puerto Madryn, Argentina. Puerto Madryn is known today for its animal life, which Argentina protects in this scenic, remote wildlife preserve. Puerto Madryn is also the gateway to Punta Tombo National Reserve and Argentine Patagonia — a small city that serves as a base for exploring the remote wildlife preserves.

Day 14: At Sea.

Day 15: Montevideo, Uruguay. Uruguay's charming capital overlooks the River Plata and has plenty of unique architecture, parks and monuments. The waterfront promenade is a great place to stroll and people watch.

Day 16: Buenos Aires. We arrive in Buenos Aires - a city of wide boulevards, 19th century mansions, French colonial architecture and colourful traffic-free shopping areas. You can explore the city, take an optional excursion or enjoy your last day of activities onboard the ship. This evening is the Captain's Farewell Dinner.

Day 17: Disembarkation / Buenos Aires. We disembark our ship and proceed on our Buenos Aires city tour. We will see the major sights such as the Obelisk, the Plaza San Martin, the main square - Plaza de Mayo and Plaza Alvear. Then we see the green area of Palermo with it's parks and artificial lakes, and the Recoleta area with its many elegant boutiques and restaurants. The grave of Eva Peron is located in the cemetery of Recoleta. During the tour we will enjoy lunch at a local restaurant.

Day 18: Buenos Aires: We enjoy a tour of the charming town of Tigre and the Parana River Delta. Tigre is known for its summer residences and yachting. We'll take a boat excursion on the channels of the Tigre Delta to see some of the many beautiful green islands. This evening we enjoy a Tango Dinner Show.

Day 19: Buenos Aires / Depart for Canada. The morning is at leisure until we transfer to the airport for our direct flight to Toronto.

Day 20: Morning arrival in Canada.



On this wonderful cruise/tour we experience the "wonders-down-under" in style and luxury.

We begin with a 2-night stay in Sydney, including a city tour, and a beautiful Waterfront dinner.

Then we board our cruise ship and sail to some of the most popular ports in New Zealand. During our cruise we will see snow capped mountains, waterfalls, hot springs, rugged coastlines and experience the rich Maori culture.

Cruising is a wonderful way to see the South Pacific, and we will cruise aboard the *Majestic Princess*. The ships of Princess Cruises are considered among the most beautiful and hospitable, and have more of everything you would expect in a 5-star floating resort - more spacious staterooms, more dining and entertainment options and more services and activities, including swimming pools.

18 DAYS • DECEMBER 30 - JANUARY 16

sauna, a spa with masseuse, aerobics and dance classes, duty-free boutiques and lectures on the history and highlights of the ports we visit by the onboard experts. Princess' talented chefs will take you on a culinary journey, with freshly prepared and carefully crafted dishes that celebrate the South Pacific.

Evening activities include after-dinner drinks in one of the elegant lounges, first-run films, a casino and professionally produced Broadway-style entertainment with dazzling stage sets and international performers in the state-of-the-art Princess theatre.

* All shore excursions are optional, and may be purchased in advance on Princess Cruises' website, or onboard the ship.

Tentative Itinerary for New Zealand Cruise and Sydney

Day 1: Departure. We depart for Sydney, via Vancouver.

Day 2: Crossing the International Date Line.

Day 3: Sydney. We arrive in Sydney and transfer to our hotel. Afternoon at leisure, with dinner at the hotel.

Day 4: Sydney. Our included tour shows us the the Rocks area (Sydney's birthplace), the magnificent Opera House, Chinatown, beautiful South Head (where the harbour meets the Pacific), Vaucluse House (where the Australian Constitution was signed) and Mrs. Macquarie's Chair (for spectacular city and harbour views). Dinner this evening will be at a lovely restaurant.

Day 5: Sydney / Embarkation. This morning we visit the Taronga Zoo for a guided walking tour of the unique native wildlife (koalas, kangaroos, etc.) Later we board the Majestic Princess for our first delicious lunch and dinner onboard.

Days 6 & 7: At Sea. Time to get acquainted with the ship and your fellow travelers, and enjoy the endless array of facilities, activities and entertainment.

Day 8 Bay of Islands, New Zealand. Due to its subtropical climate, many water activities, nature walks and fishing take place in this beautiful area. The Bay of Islands is also referred to as the "birthplace of New Zealand" due to the numerous events that have taken place here over the centuries. It is also home to many Maori sacred sites and legends.

Day 9: Tauranga, New Zealand. With hundreds of miles of white sand beaches, plenty of sunshine and temperate climate, the Bay of Plenty is New Zealand's favourite holiday destination. There are heritage buildings, historic battle sites, museums, Mount Maunganui, the famous hot salt water pools and White Island - New Zealand's only active marine volcano. There will be a wide range of optional activities to choose from.

Day 10: Auckland, New Zealand. New Zealand's former capital boasts scenic beauty, historical interest and a cosmopolitan collection of shops, restaurants, museums and galleries. One Tree Hill, once home to Maori earthworks, overlooks the city. There is much to explore.

Day 11: At Sea.

Day 12: Picton, New Zealand. Picton is the gateway to the South Island's famed Marlborough District, Once known primarily for its lush farm lands and sheep stations, Marlborough is now known for producing fine wines. This region also boasts dramatic sea and landscapes and some of New Zealand's finest gardens. The rich waters here attract seals and Bottlenose and Hector Dolphins.

Day 13: Christchurch, New Zealand. Christchurch is known as the "most English city outside England". In fact the river that flows through the town is called the River Avon and is crossed by 37 stone bridges. There is a pleasant botanical garden and the Canterbury Museum has a large Maori and Antarctic collection.

Day 14: Dunedin, New Zealand. Hailed as the "Edinburgh of New Zealand." this town has Scottish roots and still retains its Celtic flavor. Enjoy a stroll in the parks and gardens and admire the beautiful surrounding scenery. Optional tours will be offered such as a ride on the Taieri Gorge Railway, the Otago Wildlife Cruise and many more.

Day 15: Fjordland National Park, New Zealand. Here on the South Island, many fjords cut the coastline with peaks rising thousands of feet straight from the sea.

Days 16 & 17: At Sea. On the last night we enjoy our last dinner on board.

Day 18: Home. We fly home via Vancouver, arriving the same day.

TERMS & CONDITIONS

Please read this page carefully before booking your Senior Discovery Tours (SDT) holiday.

- SDT acts solely as agent between the passenger and supplier for providing services as described in the brochure. SDT will not assume responsibility for any claims, damages or expenses arising from situations beyond our control.
- Passports are required for travel outside of Canada, and must be valid for at least 6 months beyond the date of your expected return to Canada.
- All itineraries are "tentative". While we make every effort to follow the original itinerary, we may make changes to improve the tour, or for reasons beyond our control. If any component of a tour cannot be honoured by the contracted supplier, SDT will make every effort to provide a comparable alternative, however no liability should be inferred from these efforts.
- Those who choose to decline our comprehensive insurance package will be issued a rebate on their tour cost, the amount to be informed by your Tour Consultant. The following schedule of cancellation fees applies to you (and your travelling companion) only if you have declined our insurance package, or if you cancel a tour for a reason not covered in our insurance package (applies to tours without a cruise portion. Cruise penalties may vary). This schedule of cancellation fees applies to all tours departing before the end of March 2023.
- Cancel 61 days or more prior to departure: \$75 admin. fee
- Cancel 60 days to 31 days prior: Loss of deposit
- Cancel 30 days to 8 days prior: 25% of tour cost
- Cancel 7 days or less prior: 50% of tour cost
- Our tours are designed for those who are **physically fit**. All tour members must be able to walk fairly long distances at a reasonable pace and climb stairs easily. Our tours are not suitable for those requiring wheel chairs and/or walkers. If you have walking limitations, we recommend a cruise on which the excursions are optional. If you are concerned about your physical ability to join one of our tours, we urge you to discuss which of our programs is appropriate for your activity level with one of our travel experts. If you join a tour beyond your physical ability SDT reserves the right to send you home, at your own cost and with no refund for unused services. SDT reserves the right to decline any passenger as a member of our tours at any time for any reason at our sole discretion.
- Please read the details of your insurance coverage carefully. If you have a pre-existing condition please inquire about your insurance validity at time of booking.
- All **gratuities** are included for all services provided in our tour package. For extra services such as optional excursions, meals on your own, room service and any exceptional services, tipping is at your discretion. If you wish to show appreciation to your Tour Manager please do so on an individual basis collections are not permitted!
- Single travellers must pay a supplement due to hotel charges. However this does not imply that they will necessarily be assigned a room as large as those assigned to two people sharing. We can often team up those without a partner!
- Please be advised that there may be different standards in utilities, services and accommodations outside Canada. Our classifications for accommodation are made in terms of local standards. Please note that outside North America coffee, tea and drinking water are generally not included with lunch or dinner. All rooms are non-smoking.

- Flight schedule changes are beyond our control. We are therefore occasionally forced to change airlines, and/or routings, and/or date of travel for your benefit. In such cases we provide as much notice as possible, and do everything possible to ensure your convenience and comfort. Should a schedule change result in an unplanned overnight enroute to or from your destination, the cost will be borne by the traveller.
- SDT will attempt to accommodate special requests by notifying the suppliers in writing, however we cannot guarantee that requests such as room locations or meal requirements for flights or hotels will be adhered to by our suppliers, and therefore we cannot be held responsible. Please note that advance seat selection for flights on our group tours is not permitted, as per the conditions of our contract with the airlines. Sea view or pool view rooms are not guaranteed unless specifically noted in our brochure.
- On cruises all shore excursions are optional, and are paid for on board the ship, unless stated otherwise in our brochure. Our local tour operators may also offer optional excursions. While we do our best to monitor their quality, SDT is not responsible for the operation or costing of these excursions.
- Our cancellation insurance policy does not include "upgrade to single accommodation" in case your partner cancels. In this case you may either pay the single supplement and travel as a single (space permitting), or cancel the tour and receive a full refund, less the \$75 administration fee, (assuming the cancellation is for a reason covered by our cancellation insurance policy). Also, while our cancellation insurance policy covers the partner of a person cancelling, it does not cover their friends who are not sharing accommodation with the cancelling party. If you must cancel your tour you must notify us within 48 hours of learning that you are unable to travel, otherwise the cancellation insurance policy is null and void.
- Generally you will receive your tour documents 10 to 14 days prior to departure, unless we are held up by a supplier providing documentation, in which case you may not receive them until closer to departure.
- Luggage handling is included wherever possible, however in some situations it does not exist - especially when removing your luggage from the carousels at airports. You should be capable of handling your luggage in such situations. Luggage carts are generally available at all airports worldwide.
- You may purchase our tours on a "land only" basis and arrange your own flights independently, in which case an air rebate will be applied. If you book your own flights, home pick-up and drop-off, and arrival / departure airport transfers at the destination, are not included. If you book your own flights, please protect yourself with cancellation insurance as we cannot be held responsible for schedule changes, or if a tour is cancelled for any reason.
- You may not make any changes to your flight arrangements after the final payment due date.
- There may be occasions in which the flight portion of your SDT holiday is **unescorted**.
- If a tour is cancelled for any reason our liability is limited to your full refund. No tours will be cancelled due to international events, unless the government specifically advises not to travel to your destination.
- We are unable to refund those who do not participate in any included meals or excursions, as they are prepaid.
- All of our tours are conducted in English only. Reg.#2160711

WHAT OUR TRAVELLERS **ARE SAYING!**

"SIMPLY AMAZING!"

We recently spent 3 weeks in Portugal in the Algarve with Senior Discovery Tours, and we thoroughly enjoyed it. Our Tour Manager Margaret was simply amazing. This was our 6th trip with you and she was one of the best so far. The hotel was great and the location was perfect for getting around. The local guides on the included excursions were entertaining and informative. We are certainly looking looking forward to our next trek with SDT.



~Dorothy and Dean, Ontario



"THANKS AGAIN SDT."

This was my second trip with Senior Discovery Tours and I really enjoyed being so well looked after. I was picked up and dropped off at home, and it was so helpful to be greeted at the airport by a representative from SDT.

Our Tour Manager was very accommodating and managed us well, even if it was like trying to "herd cats' at times. I have sung your praises to many many people as I feel that your service goes above and beyond. Thanks again SDT.

~ Elizabeth, Alberta

"THANK YOU FOR AN EXCELLENT TOUR."

We have just returned from an excellent 4-week tour with your company in Torremolinos. The hotel was beautiful, well managed and the meals were exceptional. The included excursions were well organized and timely with comfortable buses and knowledgeable guides. I think that our enjoyment and enthusiasm is due in part to your outstanding Tour Manager, Karen. She never stopped working and put so much effort into planning activities to make sure everybody had a great time. This was our first experience with SDT and now we're recommending you to our friends. Keep up the good work.



~Betsy and Bob, B.C.



Toronto

225 Eglinton Ave. West M4R 1A9 (416) 322-1500

Ottawa

392 Richmond Road K2A 0E8 (613) 722-9400

London

649 Colborne St. Suite 201 N6A 3Z2 (519) 433-2300

Calgary

215-11012 Macleod Trail S.E. T2J 6A5 (403) 225-2900

Vancouver (Burnaby)

6450 Roberts St. Suite 110 Burnaby, V5G 4E1 (604) 647-0100

Toll-free number 1.800.268.3492

SeniorDiscoveryTours.ca



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